

SEPTEMBER at VALENCIA CAY



SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 1 pm Ping Pong 7 pm The Cay Players	3 9 – 9:50 am Strength and Conditioning 1 pm Mah Jongg	4 1 pm Mah Jongg 6 pm Poker	5 9 – 9:50 am Yoga 1 pm Canasta 7 pm Billiards	6 10 am – 12 pm Social Bridge 5 pm Cay Mix & Mingle	7 9 – 9:50 am Total Body Fitness
8	9 1 pm Ping Pong 5 – 7 pm Canvas Paint and Sip Workshop	10 9 – 9:50 am Strength and Conditioning 1 pm Mah Jongg 6 - 9 pm Bunco	11 1 pm Mah Jongg 6 pm Poker	12 9 – 9:50 am Yoga 1 pm Canasta 6 – 8pm Thirsty Thursday in the Courtyard 7 pm Billiards	13 10 am – 12 pm Social Bridge 1 pm – 4 pm Hand and Foot Canasta	14 9 – 9:50 am Total Body Fitness
15	16 9 am Card Making 1 pm Ping Pong 7 pm The Cay Players	17 9 – 9:50 am Strength and Conditioning 1 pm Mah Jongg 7 pm Partners Canasta	18 1 pm Mah Jongg 6 pm Poker	19 9 – 9:50 am Yoga 1 pm Canasta 7 pm Billiards	20 10 am – 12 pm Social Bridge 1 pm – 4 pm Hand and Foot Canasta	21 9 – 9:50 am Total Body Fitness 5 pm Cay Night Out
22	23 1 pm Ping Pong	24 9 – 9:50 am Strength and Conditioning 1 pm Mah Jongg 7 pm Partners Canasta	25 9:30 am – Fielden Institute for Lifelong Learning Open House 1 pm Mah Jongg 6 pm – Poker	26 9 – 9:50 am Yoga 1 pm Canasta 6 – 8pm Thirsty Thursday in the Courtyard 7 pm Billiards	27 10 am – 12 pm Social Bridge 1 pm – 4 pm Hand and Foot Canasta	28 9 – 9:50 am Total Body Fitness
29	30 1 pm Ping Pong					

OCTOBER at VALENCIA CAY



SUN	MON	TUES	WED	THURS	FRI	SAT
		1 9 – 9:50 am Strength and Conditioning 1 pm Mah Jongg 7 pm Partners Canasta	2 1 pm Mah Jongg 6 pm Poker	3 9 – 9:50 am Yoga 9 am – 12 pm Beach Craft Studio DIY Craft Workshop 1:00 pm Canasta 7 pm Billiards	4 10 am – 12 pm Social Bridge 1 pm – 4 pm Hand and Foot Canasta Cay Mix & Mingle	5 9 – 9:50 am Total Body Fitness
6	7 9 am Scrapbooking 1 pm Ping Pong 7 pm The Cay Players	8 9 – 9:50 am Strength and Conditioning 1 pm Mah Jongg 6 - 9 pm Bunco	9 1 pm Mah Jongg 6 pm Poker	10 9 – 9:50 am Yoga 1:00 pm Canasta 6 – 8 pm Thirsty Thursday in the Courtyard 7 pm Billiards	11 10 am – 12 pm Social Bridge 1 pm – 4 pm Hand and Foot Canasta	12 9 – 9:50 am Total Body Fitness
13	14 1 pm Ping Pong	15 9 – 9:50 am Strength and Conditioning 1 pm Mah Jongg 7 pm Partners Canasta	16 1 pm Mah Jongg 6 pm Poker	17 9 – 9:50 am Yoga 1 pm Canasta 5:30 pm Cay Night Out Twisted Tuna 7 pm Billiards	18 10 am – 12 pm Social Bridge 1 pm – 4 pm Hand and Foot Canasta	19 9 – 9:50 am Total Body Fitness
20	21 9 am Card Making 1 pm Ping Pong 7 pm The Cay Players	22 9 – 9:50 am Strength and Conditioning 11:30 am – Summer Crush Winery Tour 1 pm Mah Jongg 7 pm Partners Canasta	23 1 pm Mah Jongg 6 pm – Poker	24 9 – 9:50 am Yoga 1 pm Canasta 6 – 8 pm Thirsty Thursday in the Courtyard 7 pm Billiards	25 10 am – 12 pm Social Bridge 1 pm – 4 pm Hand and Foot Canasta	26 9 – 9:50 am Total Body Fitness
27	28 1 pm Ping Pong	29 7 pm Partners Canasta	30	31 7 pm Billiards		