

# VALENCIA BONITA BUZZ

COMMUNITY NEWSLETTER FOR VALENCIA BONITA HOMEOWNERS | MARCH/APRIL 2020



*Join us for the*  
**CLUBHOUSE GRAND OPENING**  
**& RIBBON CUTTING!**  
**Tuesday, March 17 at 10:00 AM**

Don't miss our  
**ST. PADDY'S DAY SHAMROCK SOCIAL!**

Shows just announced:  
**ATLANTIC CITY BOYS & SARGE!**

55+ LIVING AT ITS BEST

**THE CLUB AT  
VALENCIA BONITA**

16621 Valencia Bonita Boulevard  
Bonita Springs, FL 34135  
Monday through Sunday  
7:00 AM – 11:00 PM

**Clubhouse Phone: (239) 908-0880**  
Resident Services Desk, Extension 0

**Clubhouse Manager:**

Jospeh Ceci  
jceci@grsmgt.com  
Extension 2

**Lifestyle Office:**

Kelly Rhoades, Lifestyle Director  
krhoades@grsmgt.com  
Extension 3

**Community Association Manager:**

Adam Smalley, LCAM  
asmalley@grsmgt.com  
Extension 1

GRS after hours email and telephone:  
residentservices@grsmgt.com  
561-641-8554

**PRO SHOP**

28511 Sicily Loop  
Bonita Springs, FL 34135  
(239) 221-7104

Simone Jardim, Sports Director  
Simonepj79@gmail.com

Nancy Walter,  
Instructor & Program Coordinator  
ValenciaBonitaProShop@gmail.com

Ben Randlett, Instructor  
randlettben@gmail.com

**NEW HOMEOWNER ORIENTATION**

Every 2<sup>nd</sup> Monday of each month  
at 1:30 p.m.  
Join us at the Lifestyle Center

**A MESSAGE FROM  
YOUR CLUBHOUSE MANAGER**

Dear Residents,

Wow, it has been great meeting so many wonderful residents here at Valencia Bonita. Friday's food truck event was very well received, and it was an enjoyable night. Please allow me to take this opportunity to introduce myself. My name is Joseph Ceci and I am your new Clubhouse Manager.

I want to thank GL Homes and GRS for entrusting me to care for this beautiful community. For now, you can find me in the temporary Lifestyle Center until we move into the beautiful new Clubhouse.

I thought you would like to know a bit about my background and qualifications. I have been in the private club industry for the last 25 years in venues from New York to Tennessee. Starting off as an assistant manager at Cedarbrook Country Club, I rose to the position of General Manager / Chief Operating Officer running the Ridgeway Country Club in Westchester. I also managed Clarksville Country Club outside of Nashville.

As General Manager / COO at Hillendale Country Club in Maryland for the past year, I oversaw the entire operation, which included a golf course, three pools, eight tennis courts, four pickleball courts, and a 55,000 square foot clubhouse that had several different dining options available. The staff numbered 120+ employees. My career has been a rewarding one and I look forward to continuing it here as this exceptional community grows to maturity.

My creed is very simple: I stand by my belief that good is never good enough and excellence is nonnegotiable when it comes to my residents.

I look forward to meeting all of you in the near future. Please do not hesitate to stop by and say hello!

**Joseph Ceci**  
Clubhouse Manager





## A MESSAGE FROM YOUR HOA PRESIDENT

As Spring approaches, we have so much to celebrate! I am delighted to see how the community is growing and we are all looking forward to opening our beautiful Clubhouse.

As of February 2020, we have closed 368 homes. It is thanks to our wonderful residents and the world-class amenities that we will continue to see large growth and sales in the coming months. I am confident our staff and partners will provide amazing experience for our residents.

Our lifestyle staff is planning an exciting season of entertaining events and fun. From top-notch performers, live music, arts, fitness, education, clubs, cooking demos, expos, and more, our goal is to enrich our residents' lives year-round. Our dining and spa will offer extraordinary selections and the Racquet Club will continue to expand with clinics, teams, and leagues. Even our pet family will have an area to play with the enclosed dog park.

I value resident feedback so we can improve your experience as we continue to grow. We expect the level of activity to increase dramatically once the Clubhouse opens. Watch for more information about the grand opening.

### Dianna Betancourt

Project Manager and HOA President



## A MESSAGE FROM YOUR LIFESTYLE DIRECTOR

It is a pleasure and honor to be welcomed into the Valencia Bonita community!

I cannot wait to start filling our calendars with experiences that you will remember for years to come. I encourage residents to sign up as early as possible for all events so you don't miss out on all the fun!

I was raised in Southwest Florida, and for the past ten years, have held positions that helped me gain valuable experience as an event planner. With a passion for the performing arts and entertainment, during my college years at the University of Central Florida, I worked as a character for Universal Studios and taught at one of the top dance studios in the Orlando area. After receiving my Master's in Business from the private arts school Full Sail University, I held a teaching internship at the Tampa Bay Performing Arts Center. Returning home in 2012, I was the Volunteer & Special Events Coordinator for Artis-Naples and went on to serve four years as Guest Services & Volunteer Manager for the Conservancy of SWFL. In 2017, Gulf Shore Life honored me as one of the 'Top 40 Under 40'. I remain very active in our community, serving on various committees with the American Cancer Society, and I continue to choreograph the award-winning Gulf Coast High School dance team.

As I get to know all our residents, I am available to assist you with lifestyle questions or suggestions. This is your home and your feedback helps shape future programs. I look forward to sharing the holidays with you and thank you for your warm welcome.

### Kelly Rhoades

Lifestyle Director



## U-TOPIA SPA AT VALENCIA BONITA

U-topia Spa is excited to welcome Valencia Bonita as their ninth Spa location. We will offer a complete day spa experience, with customer satisfaction as our top priority. We take pride in our customer experience and always maintain high standards with staffing and our guests.

At U-topia, we believe the experience is everything: rejuvenating yet relaxing, timeless yet current. With an emphasis on quality, we use upper-echelon products in all of our treatments. We offer a comprehensive selection of skin care, as well as therapeutic spa services featuring the very latest techniques.

Our spa is designed to be enjoyed by both women and men, with services tailored to your personal needs. Our approach is simple, our customer service is exceptional, and our staff consists of licensed professionals who genuinely care and want to serve. U-topia Spa is the ideal place to step into a new you, and we are proud to join your community and vision!

### Spa Hours of Operation:

Spa services by appointment: (239) 908-0880, Ext. 9  
Wednesday – Saturday • 10:00 a.m. – 5:00 p.m.

### Treatments:

- Manicure and pedicure services using Dazzle Dry and Footlogix product lines, as well as CND Shellac and Dip powder manicures
- Full body massage treatments, including CBD by Vital Body Therapeutics.
- Body exfoliation and wrap treatments feature Phytomer products.
- Skincare treatments: facials, waxing, tinting, and derma-planing – using YonKa Paris, Circadia, Cosmedix, EpiWave, and Foreo.



# Clubhouse Grand Opening!

Tuesday, March 17, 2020 • 10:00 a.m.



## PLEASE JOIN US FOR THE OFFICIAL 'RIBBON CUTTING'.

We will be celebrating with a week of festivities.  
Watch for the full details and the grand opening schedule  
in the weekly communications.

**Music & Entertainment • Fitness Specials**  
**Spa Demonstrations & Expos • 'ShamRock' Sunset Social**

## ShamRock Sunset Social

**Tuesday, March 17<sup>th</sup> • 5:30 – 8:00 p.m.**

Join us poolside to celebrate St. Paddy's Day! DJ Flory will be spinning the beats poolside and the cash bar will be open. Wear your festive attire, come mix and mingle and celebrate our first holiday together at the Clubhouse.



# HOA SHOWS *JUST ANNOUNCED!*

A promotional image for the Atlantic City Boys. The top half features a black and white photo of four men in suits, smiling and posing together. Below them, the text "ATLANTIC CITY BOYS" is written in large, glowing, pixelated letters. Underneath the title, there is a line of text: "\*Red Carpet Glam Available through U-topia Spa prior to show." followed by the event details: "Saturday, April 4", "8:00 p.m. Show", and "\$40 per person". Below this, a paragraph describes the group: "Come hear the sensational group that will have you dancing in your seat! Four dynamic singers pay tribute to the Drifters, Beach Boys, and Frankie Vaili and the Four Seasons. They are favorites from Vegas to Atlantic City." and another line: "Watch for the weekly update to learn when tickets go on sale." The bottom half of the image shows a live performance of the group on a stage with blue and white lighting.

**ATLANTIC CITY BOYS**

\*Red Carpet Glam Available through U-topia Spa prior to show.

**Saturday, April 4**  
**8:00 p.m. Show**  
**\$40 per person**

Come hear the sensational group that will have you dancing in your seat! Four dynamic singers pay tribute to the Drifters, Beach Boys, and Frankie Vaili and the Four Seasons. They are favorites from Vegas to Atlantic City.

Watch for the weekly update to learn when tickets go on sale.

A promotional image for the SARGE Comedy Show. The top half features the "SARGE" logo in blue and orange, with a man in a white shirt and arms outstretched below it. The bottom half is a white text box with a brick wall background. It contains the event details: "SARGE COMEDY SHOW", "Saturday, April 25 • 8:00 P.M.", "\$40 per person", "Special VIP Artist Meet & Greet Reception (Maximum 40 people)", "7:00 P.M.", and "\$15 per person". Below this, a paragraph describes SARGE: "Comedian Sarge is an entertainer who has performed worldwide to adoring audiences. He delights audiences with humor that resonates with people of all ages. And he is much more than a comedian – Sarge is a self-taught piano savant, an author, and motivational speaker." and another paragraph: "SARGE has worked on some of the biggest stages in show business. From Radio City Music Hall to Major League Baseball's All-Star Game to entertaining our nation's troops in Iraq, SARGE's ability to improvise and tailor his show to specific audiences is uncanny." and a final line: "Watch for the weekly update to learn when tickets go on sale.".

**SARGE**

**SARGE COMEDY SHOW**  
**Saturday, April 25 • 8:00 P.M.**  
**\$40 per person**  
**Special VIP Artist Meet & Greet Reception**  
(Maximum 40 people)  
**7:00 P.M.**  
**\$15 per person**

Comedian Sarge is an entertainer who has performed worldwide to adoring audiences. He delights audiences with humor that resonates with people of all ages. And he is much more than a comedian – Sarge is a self-taught piano savant, an author, and motivational speaker.

SARGE has worked on some of the biggest stages in show business. From Radio City Music Hall to Major League Baseball's All-Star Game to entertaining our nation's troops in Iraq, SARGE's ability to improvise and tailor his show to specific audiences is uncanny.

Watch for the weekly update to learn when tickets go on sale.

## SAVE THE DATES!

Preparations are underway for a robust and active lifestyle in the new Clubhouse. Please mark your calendar for these upcoming holidays and special events. Full details will be coming soon!

May 2 Kentucky Derby Party  
May 5 Cinco de Mayo Celebration  
May 10 'Queen of the day' Mother's Day Celebration  
May 25 Memorial Day BBQ, 2:00 – 6:00 p.m.

June 13 Real Deal Dueling Pianos, 8:00 p.m.  
June 21 Father's Day Celebration  
July 4 'Red, White & Boom' Pool Party

# HOA SHOW TICKETS

## 2020 GUIDELINES FOR ORDERING SHOW TICKETS

### Show ticket sales schedule

1	<b>Series Tickets</b> (Both Shows at \$10 off single show price)	Wednesday, March 4 at 9:30 a.m.	\$70 per seat
2	<b>Series Tickets with a bonus</b> 30-minute Meet & Greet	Wednesday, March 4 at 9:30 a.m.	\$85 per seat (Maximum of 40 available)
3	<b>Single Show Tickets</b> (tickets for either show)	Wednesday, March 18 at 9:30 a.m.	\$40 per seat
4	<b>Guest &amp; Tickets for Future Homeowners</b>	Wednesday, March 25 at 9:30 a.m.	\$40 per seat

- Series ticket packages go on sale first on Wednesday, March 4 at 9:30 a.m. When you buy a series ticket, you get tickets to both shows at a discounted price. Your seats will be the same for both shows.

- Tickets must be purchased online. A link to the website will be sent out on the morning the tickets go on sale.

- Series tickets may be purchased by CLOSED HOMEOWNERS only. During the series ticket sales, only 2 tickets per household may be ordered.

- A maximum of 40 homeowners will have the opportunity to attend a private Meet & Greet pre-show reception with Sarge at 7:00 p.m. the evening of the show. These tickets are only being offered for series ticket buyers. These tickets are available on a first come, first served basis. Meet & Greet attendees will be given a complimentary glass of wine during the reception.

- Single tickets, for CLOSED HOMEOWNERS only, go on sale on Wednesday, March 18 at 9:30 a.m.

- Guest tickets & tickets for future homeowners go on sale on Wednesday, March 25 at 9:30 a.m. When guest tickets go on sale, each home will be allowed to purchase a total of 6 tickets per household.

- All tickets are available on a first come, first served basis. You will be able to select your own seats.

- Single residents are permitted to purchase one companion ticket.

- If you would like to sit with your neighbors, you can try to order your tickets at the same time. There are no guarantees

seats will be available side-by-side as the ticket sales are live and seats adjacent to your tickets may be purchased by other homeowners.

- Please note that artists have a 45-day out clause in their contracts to accommodate a possible movie, TV engagement or other such opportunity that may arise. If necessary, an act will be replaced with a comparable one at the sole discretion of management. No refunds will be given unless a show is cancelled and announced as such. Opening acts may change as necessary.

- Once ticket purchases are made, it is not permissible to change them. POLICY IS: No exchanges, no refunds, no exceptions. While management makes no adjustments to tickets sold, homeowners may sell their tickets to other homeowners for not more than the actual purchase price. All shows include required sales tax.

- Please print your tickets at home. Tickets will be checked at the entry doors prior to the show.

- Handicapped homeowners who require special seating arrangements must purchase designated handicapped seats. To qualify for handicapped seating, a Doctor's letter must be on file at the Residents Services Desk and you may purchase TWO TICKETS ONLY for handicapped seating.

- If you require hearing assistance, the sound system has the capability of working with your smart hearing aid via an app on your cellular phone. Please collect directions on using this system at the Resident Services Desk.



# EVENTS & ACTIVITIES

## Studio 55

Saturday, March 7<sup>th</sup> and April 18<sup>th</sup>  
7:00 p.m. – 9:30 p.m.  
at The Lifestyle Center/Clubhouse  
\$5 Cover Charge

Join us as we transform the Lifestyle Center into our very own nightclub! Live entertainment will be provided by local artists and musicians each night.

**March 7:** South West Florida's very own live musician, Tony Oberto, will grace us with his voice and amazing piano skills! Get ready to feel the music!

**April 18:** Join us for dancing and the smooth Motown stylings of Omar Baker. His voice will be sure to get you in the mood for dancing and mingling with your neighbors!

Cash Bar Available.  
Lite snacks included in admission ticket.

This is a first come, first served event.  
30 persons minimum needed each night. Please RSVP by the Tuesday prior at [www.valenciabonitahoa.com](http://www.valenciabonitahoa.com).



## 'LIVE' WITH KELLY & JOE

11:00 a.m.

March 4<sup>th</sup> and April 15<sup>th</sup>

Join Lifestyle Director Kelly Rhoades and Club Manager Joe Ceci for complimentary coffee and donuts. Residents will hear a 'sneak peek' of what programs are underway, mix and mingle, and provide feedback to staff.  
RSVP online at [www.valenciabonitahoa.com](http://www.valenciabonitahoa.com)

## BINGO NIGHT

Tuesday, March 10<sup>th</sup>

7:00 p.m.

Cost: \$10 per person

Let's all have some Bingo fun! Your Lifestyle staff will be running this event and we hope it is your lucky night!



Please register in advance, to make sure we have plenty of prizes. Space is limited, so advanced registration is required to attend. Your registration fee comes with one pack (3 cards per game).

Cards will be distributed the night of the event. Register and pay at [www.valenciabonitahoa.com](http://www.valenciabonitahoa.com). Make checks payable to Valencia Bonita HOA. Soft drinks and water will be provided.

## FARMERS' MARKET TUESDAYS

10:00 a.m. – 2:00 p.m.

March 24 & April 21

The Lifestyle team is excited to bring Valencia Bonita our very own monthly Farmers Market. Each month, we are scheduled to have a different line-up of pop-up vendors set up shop for private shopping, just for you. Fresh Produce, flowers, accessories, meats, fish, jellies, breads, and other vendors are scheduled. No need to RSVP for this exclusive farmers' market. We will see you out there!



# EVENTS & ACTIVITIES



## FOOD TRUCK FRIDAY

NEW DATE AND TIME!

5:30 p.m. – 8:00 p.m. • At the Mailboxes  
March 13<sup>th</sup>

Let's come together for food, music, and some mingling with your neighbors! A different group of delicious food trucks is scheduled to be parked conveniently in our community! Please bring your own lawn chairs! Please RSVP for our last Food Truck Friday, at [www.valenciabonitahoa.com](http://www.valenciabonitahoa.com).

## HEALTH FAIR 2020 BY THE HEALTHY LIVING CARAVAN

Friday, April 3<sup>rd</sup>  
10:00 a.m. – 12:00 p.m.  
Cost: Complimentary



Join in on the fun with this interactive health fair event, exclusive to Valencia Bonita. Local health and wellness providers will be offering complimentary health screenings and education. Don't miss out on the opportunity to win a door prize. Take control of your wellness with this special event!

Complimentary vision screening, hearing screenings, balance tests, BMI checks, spinal screening, posture check, health care screening, and more!

Please RSVP for this event at [www.valenciabonita.com](http://www.valenciabonita.com) by the Tuesday prior.

## COFFEE AND CONVERSATION WITH THE CONSERVANCY OF SOUTHWEST FLORIDA

Tuesday, April 7<sup>th</sup> • 10:00 a.m.  
Cost: Complimentary



Southwest Florida is an ecosystem so rich with diversity it rivals the wildest places on earth. We are fortunate to live among the spectacular network of water, land, and wildlife. For more than 50 years, the Conservancy of Southwest Florida has been working to protect our natural assets for future generations. Join us for an exclusive presentation here at Valencia Bonita, and learn about our unique approach to finding a sensible balance between a growing population and preserving very reasons that attracted us to Southwest Florida. Find out more about who we are, what we do, and why it is important to you.

Please RSVP for this event by March 31 at [www.valenciabonitahoa.com](http://www.valenciabonitahoa.com)



## CPR CERTIFICATION COURSE: BY FLORIDA SAFETY CPR

Thursday, April 16<sup>th</sup> • 9:30 a.m. – 11:30 a.m. • Cost: \$35 per person

Register now for this class that could save a life! Scott, from Florida Safety and CPR, will be giving a two-hour class on CPR. At the completion of these two hours, you will be American Safety & Health Institute Certified with CPR and AED. The certification lasts for two years, and you will be able to renew at a discounted price with Scott. To RSVP, please visit [www.valenciabonitahoa.com](http://www.valenciabonitahoa.com) by April 13.

**EVENT POLICY:** Please note all events are subject to change. For all paid events, you must cancel by the RSVP deadline.

No reservations are guaranteed unless payment is made. Checks or money orders only. **Checks may be made payable to VB HOA, or you may pay online at [www.valenciabonitahoa.com](http://www.valenciabonitahoa.com).** Thank you.



# In Anticipation of **ZEST** at Valencia Bonita

## ZEST IS THE FLAVOR OF LIFE!

Zest is designed to offer upscale quality food and service in an elegant, yet approachable surrounding. Zest is more than just flavor and gusto, it is a culture built on the idea that we must live life with a sense of enthusiasm, excitement, anticipation, and positive energy!

### Hours of Operation

Season (October – May) • Wednesday – Saturday  
Lunch 11:00 a.m. – 2:00 p.m.  
Dinner 5:00 – 10:00 p.m.  
Sunday Brunch: Minimum one time per month



## OUR TEAM

Zest is led by the talented husband and wife team, Nicole and **Chef Brian Roland** of Crave Companies, that specialize in hospitality. Chef Brian brings a warm personality and an appreciation of the perfect dining experience. Recently the celebrated Executive Chef of M

Waterfront Grille in Naples, he was raised in Princeton, NJ, graduated from The Culinary Institute of America in Hyde Park, NY, and is a Certified Chef de Cuisine (CCC) through the American Culinary Federation (ACF), and a member of the Chaine des Rotisseurs. He has worked as Executive Chef in top kitchens locally, is often on the cover of local magazines, and serves as emcee and auctioneer for some of SWFL's most successful nonprofit galas. **Nicole Roland** was born in California, and graduated from The University of Central Florida, with a degree in Event and Hospitality Management. Her experience includes working for Sheraton, Le Meridian, W Hotels. She was Private Dining Director for Fleming's Steakhouse & Wine Bar prior to becoming the Director of Events and Marketing for the Naples Humane Society and most recently the Director of Events and Marketing for *Gulfshore Life Magazine*.



## CHARLES SHEPHERD

Food and Beverage Director

Charles comes to Zest from Lexington, Kentucky where he served as the Senior Director of Premium Food Services for the University of Kentucky. Prior to that, he led teams in hospitality management with companies including the PGA Tour, InterContinental Hotels, ClubCorp, and Aramark. Charles has a passion for hospitality. He is sincere, caring and action oriented, with the goal of always providing the highest quality customer experience.



## DEBRA BICKNESE

Executive Chef

Born into an Italian/American family on Long Island, Debra learned quickly that life revolves around food. She graduated from the Culinary Institute of America, receiving the Escoffier Award of Merit and the Chaine de Rotisseurs Brillat Savarin Medal. Earning her Bachelors Degree from the University of South Florida, she holds a certificate in Viticulture and Vinification from the American Sommelier Association. In 2005, she opened Beast restaurant in Brooklyn, NY, and appeared on the Food Network Show, *Chopped*. She went on to be chef for Brooklyn Winery's BKW and relocated to Florida to be closer to family.

## DINING OPTIONS

Enjoy dinner inside our beautifully designed 85-seat dining room and bar, which will offer delicious international foods and a hand-crafted beer/wine list and cocktail menu. If you are looking for something a bit more casual, enjoy our resortlike atmosphere by the pool. Pull a stool up to the three-bay outside bar, sit at one of our shaded outdoor dining tables, or in a private cabana. Food and beverage will be easily ordered right from your smart phone in a specially designed app that sends your order directly to the kitchen. No worries about payment; this will link right to your house account and credit card on file so you can order and pick up!

You can expect to see a delicious poolside menu with party platters available for families and friends to enjoy while spending a day relaxing by the pool or in the sports lounge. We plan to add fresh-spun gelatos and a coffee bar, along with bar snacks and a spa menu! Once dining services are at full operation, we will be adding a take-out menu, as well as home delivery.

On the menu you will see everything from global cuisine to comfort foods with a twist. The lunch menu will offer a selection of salads, sandwiches, burgers, and flatbreads, made right in our own pizza oven! Dinner will provide a variety of tasty appetizers, pastas, flatbreads, creative vegetarian options, seafood dishes, and steaks from the grill.

# SPORTS CENTER

## SIMONE JARDIM **SPORTS DIRECTOR**



I'm extremely proud of the way our teams have been competing at various leagues and sports. It is exciting to not only watch our residents compete, but also to see the improvements everyone has made. We will only continue to get better and I'm looking forward to expanding all areas of our sports complex. We are also pleased to announce that we have two new pros joining our staff. Martina Frontova and Kathy Ebbert are teaching tennis clinics and team practices.

Regards, Simone Jardim  
Pro Shop: (239) 908-0880, Ext. 8

## RACQUET CLUB UPDATES

**PICKLEBALL:** Our 3.5 pickleball teams have been enjoying league matches with communities from all over the area.

**TENNIS:** Our lady's tennis teams are enjoying a successful season so far. We now have four different teams representing our community.

**BOCCE:** Our bocce league is underway, and we currently have 18 teams competing on a weekly basis. We have also started a bocce social event led by our community.



Welcome our new Pickleball League Play Teams! This team consists of 3.5 men's, women's, and mixed teams. Members play other clubs around the area weekly.

## SIMONE'S SPORTING TIPS

### TENNIS

#### BIG TARGETS

One of the biggest mistakes in tennis, is that often times players make unnecessary errors by going for small targets. Work on aiming for bigger targets so you can reduce the number of unforced errors.

### BOCCE

#### BOWL THEM OVER

Okay, you know how to throw, so let's get to your crucial first play, a "puntata": a close-to-the-ground roll, ideal when there's a clear path to the pallino. As Giannotti counsels, "Your arm is moving like a pendulum, from your elbow down to the wrist and forearm, while staying balanced, and keeping your head still."

### PICKLEBALL

#### GET TO THE KITCHEN

As you become a better pickleball player, you will soon realize that the advantage of this game is when you and your partner are both at the kitchen line. Work on getting to the line as quickly as you can.



# SCHEDULE

## UPCOMING RACQUET CLUB SPECIAL EVENTS

SIGN UP FOR ALL EVENTS ON THE CHELSEA BOOKING SYSTEM

### BOCCE EVENTS

#### BOCCE & BITES

**Date:** March 8<sup>th</sup> • **Time:** 4:00 – 7:00 p.m.

**Format:** Residents mix, mingle, and rotate with the group for a fun evening of play. Bring a shareable snack or dish to enjoy and BYOB.

**Sign up deadline:** Register 48-hours in advance

#### PIZZA & BOCCE

**Date:** March 22<sup>nd</sup> • **Time:** 4:00 – 7:00 p.m.

**Format:** Residents mix, mingle and rotate with the group for a fun evening of pizza and play!

**Cost:** \$20 per person includes pizza and two drink tickets.

**To Register:** Make checks payable to Valenica Bonita HOA 48-hours in advance.

#### BEERS & BOCCE

**Date:** April 5<sup>th</sup> • **Time:** 4:00 – 7:00 p.m.

**Format:** Residents mix, mingle and rotate with the group for an evening of beers, play, and fun!

**Cost:** \$15 includes two beers & light snacks

**To Register:** Make checks payable to Valenica Bonita HOA no later than April 3.

#### BLUES & BOCCE

**Date:** April 19<sup>th</sup> • **Time:** 4:00 – 7:00 p.m.

**Format:** Residents mix, mingle and rotate while enjoying an evening of music, play and fun!

**Sign up deadline:** April 17

### PICKLEBALL EVENTS

#### PICKLEBALL INTERMEDIATE LEVEL SKILLS TRAINING

**Date:** March 5<sup>th</sup> • **Time:** 11:00 a.m. – 12:00 p.m.

**Format:** Residents will be coached on dinking technique and strategy.

**Cost:** \$20 each for 4 players or \$10 each for 8 players.

**Sign up deadline:** March 3<sup>rd</sup>

#### PICKLEBALL DRILL AND LEAGUE PLAY FOR INTERMEDIATE (2.5-3.0) PLAYERS

**Date:** March 9<sup>th</sup> • **Time:** 8:30 – 10:30 a.m.

**Format:** Residents and guests will be coached on dinking technique and strategy. We will drill and play games in a league format.

**Cost:** \$15 per player

**Minimum attendance:** 12 players

**Sign up deadline:** March 7<sup>th</sup>

#### PICKLEBALL INTERMEDIATE LEVEL SKILLS TRAINING

**Date:** March 19<sup>th</sup> • **Time:** 11:00 a.m. – 12:00 p.m.

**Format:** Residents will be coached on volley technique and strategy.

**Cost:** \$20 each for 4 players or \$10 each for 8 players.

**Sign up deadline:** March 17<sup>th</sup>



# SPORTS SCHEDULE

## PICKLEBALL DRILL AND PLAY FOR INTERMEDIATE (2.5-3.0) PLAYERS

**Date:** March 23<sup>rd</sup> • **Time:** 8:30 – 10:30 a.m.

**Format:** Residents and guests will be coached on 3<sup>rd</sup> shot drop technique and strategy. We will drill and play games in a league format.

**Cost:** \$15 per player

**Minimum attendance:** 12 players.

**Sign up deadline:** March 21<sup>st</sup>



## PICKLEBALL INTERMEDIATE LEVEL SKILLS TRAINING

**Date:** March 26<sup>th</sup> • **Time:** 11:00 a.m. – 12:00 p.m.

**Format:** Residents will be coached on 3<sup>rd</sup> shot drop technique and strategy.

**Cost:** \$20 each for 4 players or \$10 each for 8 players.

**Sign up deadline:** March 24<sup>th</sup>

## PICKLEBALL INTERMEDIATE LEVEL SKILLS TRAINING

**Date:** April 2<sup>nd</sup> • **Time:** 11:00 a.m. – 12:00 p.m.

**Format:** Residents will be coached on groundstrokes technique and strategy.

**Cost:** \$20 each for 4 players or \$10 each for 8 players.

**Sign up deadline:** March 31<sup>st</sup>

## PICKLEBALL DRILL AND PLAY FOR INTERMEDIATE (2.5 – 3.0) PLAYERS

**Date:** April 6<sup>th</sup> • **Time:** 8:30 – 10:30 a.m.

**Format:** Residents and guests will be coached on volley technique and strategy. We will drill and play games in a league format.

**Cost:** \$15 per player

**Minimum attendance:** 12 players.

**Sign up deadline:** April 4<sup>th</sup>



## PICKLEBALL INTERMEDIATE LEVEL SKILLS TRAINING

**Date:** April 9<sup>th</sup> • **Time:** 11:00 a.m. – 12:00 p.m.

**Format:** Residents will be coached on lob and lob retrieval technique and strategy.

**Cost:** \$20 each for 4 players or \$10 each for 8 players.

**Sign up deadline:** April 7<sup>th</sup>

## PICKLEBALL INTERMEDIATE LEVEL SKILLS TRAINING

**Date:** April 16<sup>th</sup> • **Time:** 11:00 a.m. – 12:00 p.m.

**Format:** Residents will be coached on serves and returns technique and strategy.

**Cost:** \$20 each for 4 players or \$10 each for 8 players.

**Sign up deadline:** April 14<sup>th</sup>

## TENNIS EVENTS

### TENNIS SPECIALTY DRILLS (BACKHAND)

**Date:** March 3<sup>rd</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will drill and be coached on how to hit better backhands.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 1<sup>st</sup>



### DOUBLES STRATEGY DRILLS

**Date:** March 6<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will learn doubles strategy.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 4<sup>th</sup>

### TENNIS SPECIALTY DRILLS (SERVE AND RETURN)

**Date:** March 10<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will drill and be coached on how to hit better serves and returns.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 8<sup>th</sup>



### DOUBLES STRATEGY DRILLS

**Date:** March 13<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will learn doubles strategy.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 11<sup>th</sup>



### TENNIS SPECIALTY DRILLS (Volleys)

**Date:** March 17<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will drill and be coached on how to hit better volleys.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 15<sup>th</sup>

### DOUBLES STRATEGY DRILLS

**Date:** March 20<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will learn doubles strategy.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 18<sup>th</sup>

### TENNIS SPECIALTY DRILLS (Lobs and overheads)

**Date:** March 24<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will drill and be coached on how to hit better lobs and overheads.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 22<sup>nd</sup>

### DOUBLES STRATEGY DRILLS

**Date:** March 27<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will learn doubles strategy.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 25<sup>th</sup>

### TENNIS SPECIALTY DRILLS (Drop shots)

**Date:** March 31<sup>st</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will drill and be coached on how to hit better drop shots.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** March 29<sup>th</sup>

### DOUBLES STRATEGY DRILLS

**Date:** April 3<sup>rd</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will learn doubles strategy.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** April 1<sup>st</sup>

### TENNIS SPECIALTY DRILLS (Forehand)

**Date:** April 7<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will drill and be coached on how to hit better forehands.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** April 5<sup>th</sup>

### DOUBLES STRATEGY DRILLS

**Date:** April 10<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will learn doubles strategy.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** April 8<sup>th</sup>

### TENNIS SPECIALTY DRILLS (Backhand)

**Date:** April 14<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will drill and be coached on how to hit better backhands.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** April 12<sup>th</sup>

### DOUBLES STRATEGY DRILLS

**Date:** April 17<sup>th</sup> • **Time:** 8:30 – 9:30 a.m.

**Format:** Players will learn doubles strategy.

**Cost:** \$15 per player

**Minimum attendance:** 4 players

**Sign up deadline:** April 15<sup>th</sup>





# FITNESS PROGRAMS



**EXERCISE LITE** Increase balance, core strength and stability using weights, bands and a weighted ball. Combine fun with fitness to increase your cardiovascular and muscular endurance with non-impact aerobic choreography. A chair is offered for support, stretching and relaxation exercise.

**BODY SCULPTING** Total body workout using weights, resistance bands and body bar.

**FITNESS FUSION** Designed for those who are interested in learning the correct and safe ways to exercise and use weights. The focus is to get a full body workout at your own pace while engaging all muscle groups. Fitness Fusion is for participants who can exercise in the standing position. Options and progressions for each exercise will always be available.

**YOGA** Yoga is more than just flexibility! Build strength in the upper and lower body. Learn to move with awareness, breath deeper, gain strength, concentrate on alignment, find balance both physically and mentally and develop the ability to relax. The goal is to build a sound, healthy body and a clear, quiet mind.

**YIN YOGA** Yin is a style of yoga as exercise where postures are held for longer periods of time. Yin Yoga poses focus on the connective tissues of the body—the tendons, fascia, and ligaments—with the aim of increasing circulation in the joints and improving flexibility. A more meditative approach to yoga, its goals are awareness of inner silence. This practice is done completely sitting or lying the entire time

**ZUMBA** We take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and International rhythms take over, you’ll see why Zumba® Fitness classes are often called exercise in disguise. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**NEW IN APRIL! AQUA FIT** Get fit with this challenging water workout! Ease into the exercises using your own body weight and the resistance of the water using water weights, noodles, and great music!



WE WELCOME  
**TOTAL HEALTH SYSTEMS**  
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[www.totalhealthsystemsinc.com](http://www.totalhealthsystemsinc.com)

## FITNESS PASSPORT!

\$40 Per Month Per Person unlimited classes  
Walk-in rate is \$10pp

## MARCH/APRIL 2020 SCHEDULE

**NEW AQUA FIT (WHEN CLUBHOUSE OPENS)**  
10:30 – 11:30 AM • MONDAY

**BODY SCULPTING**  
9:00 AM • TUESDAY

**EXERCISE LIGHT**  
10:15 AM • TUESDAY

**FITNESS FUSION**  
11:00 AM • WEDNESDAY

**YOGA & YIN YOGA**  
9:00 AM & 10:15 AM • THURSDAY

**ZUMBA**  
9 AM • FRIDAY

*Classes are subject to change.*



# CLUB BEAT



Below is a listing of current clubs and the number is quickly growing! Clubs are open to all! If you are interested in any of the following clubs, please visit [www.valencabonitahoa.com](http://www.valencabonitahoa.com) and visit the Club and Interest Group tab. Feel free to contact the club facilitator using the email address provided.

If you would like to start a new club, please contact Kelly at [krhoades@grsmgt.com](mailto:krhoades@grsmgt.com).

## VB ADVENTURERS CLUB

**Date/Time:** Every 3<sup>rd</sup> Thursday at 5:00 p.m.

**Contact:** [jeffreywiener58@gmail.com](mailto:jeffreywiener58@gmail.com)



## ACOUSTIC MUSIC JAM CLUB

**Reserved Date/Time:** Every 3<sup>rd</sup> Monday at 7:00 p.m.

**Contact:** David at [zookmd@comcast.net](mailto:zookmd@comcast.net)

## ACRYLIC PAINT CLUB

**Reserved Date/Time:** See weekly update for dates

**Contact:** JoAnn at [wasylenko1003@comcast.net](mailto:wasylenko1003@comcast.net)

## BOOK CLUB

**Reserved Date/Time:** Every 1<sup>st</sup> Wednesday at 7:00 p.m.

**Contact:** Donna at [daewald@comcast.net](mailto:daewald@comcast.net)

## BRIDGE CLUB • COUPLES

**Reserved Date/Time:** Every Friday at 12:30 p.m.

**Contact:** Bonnie at [elbersonb@gmail.com](mailto:elbersonb@gmail.com)

## BRIDGE CLUB • SINGLES

**Reserved Date/Time:** Every Wednesday at 12:30 p.m.

**Contact:** Bonnie at [elbersonb@gmail.com](mailto:elbersonb@gmail.com)

## BUNCO & LEFT RIGHT CENTER (DICE GAMES)

**Reserved Date/Time:** Every 4<sup>th</sup> Wednesday at 7:00 p.m.

**Contact:** Susan at [sjmir@aol.com](mailto:sjmir@aol.com)

## CANASTA CLUB • SINGLES

**Reserved Date/Time:** Every Thursday at 1:00 p.m.

**Contact:** Lucy at [metweety58@gmail.com](mailto:metweety58@gmail.com)

## CANASTA CLUB COUPLES

**Reserved Date/Time:** Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday at 7:00 p.m.

**Contact:** Carol at [carolw@tetragonia.com](mailto:carolw@tetragonia.com)

## CORVETTES OF VALENCIA BONITA

**Reserved Date/Time:** Every 3<sup>rd</sup>

Wednesday at 7:00 p.m.

**Contact:** [mslevy13237@gmail.com](mailto:mslevy13237@gmail.com)



## CRIBBAGE

**Reserved Date/Time:** Every Monday at 10:30 a.m.

**Contact:** Paul at [paulselinger@gmail.com](mailto:paulselinger@gmail.com)

## EUCHRE CLUB (NEW)

**Reserved Date/Time:** Wednesdays at 7:00 p.m.

**Contact:** Sharon at [wasa79@aol.com](mailto:wasa79@aol.com)

## FINE DINING CLUB

**Reserved Date/Time:**

'End of Season' Dinner

April 20, 2020 at 6:00 p.m.

**Contact:** Lindy at [Lindynaples@yahoo.com](mailto:Lindynaples@yahoo.com)



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# CLUB BEAT

## FISHING CLUB

**Reserved Date/Time:** Every 1<sup>st</sup> Monday at 2:00 p.m.

**Contact:** Jerry at jbaum1582@aol.com



## GAME NIGHT CLUB

**Reserved Date/Time:** Every 1<sup>st</sup> and 3<sup>rd</sup> Tuesday at 7:00 p.m.

**Contact:** Carol at carolw@tetragonia.com

## HAND & FOOT CLUB SINGLES

**Reserved Date/Time:** Every Friday at 1:30 p.m.

**Contact:** Joy at joysnow0403@gmail.com

## HAND & FOOT CLUB COUPLES

**Reserved Date/Time:** Every Monday at 6:00 p.m.

**Contact:** Nancy at nancyb0460@aol.com

## HAND, KNEE & FOOT CLUB

**Reserved Date/Time:** Every Thursday at 6:30 p.m.

**Contact:** Lucy at metweety58@gmail.com

## HELPING HANDS CLUB

**Reserved Date/Time:** Every 2<sup>nd</sup> Wednesday at 1:00 p.m.

**Contact:** Ellen at ellenskahn@gmail.com

## HERITAGE CLUB (NEW)

**Reserved Date/Time:** See weekly update for dates

**Contact:** Ellen at ellenskahn@gmail.com

## ICLUB

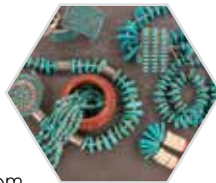
**Reserved Date/Time:** See weekly update for dates

**Contact:** Carol at caschwe1@yahoo.com

## JEWELRY MAKING CLUB

**Reserved Date/Time:** Every 1<sup>st</sup> Thursday at 1:30 p.m.

**Contact:** Linda at lweinstein34109@yahoo.com



## LADIES LUNCH BUNCH

**Reserved Date/Time:** Every Last Tuesday at Noon

**Contact:** Louise at loula22828@msn.com

## LEFT, RIGHT, CENTER CLUB

**Reserved Date/Time:** Every 2<sup>nd</sup> Wednesday at 7:00 p.m.

**Contact:** Susan at sjmir@aol.com

## MAH JONGG – ADVANCED

**Reserved Date/Time:** Every Monday at 1:00 p.m.

**Contact:** Debbie at Debiboo22@aol.com



## MAH JONGG – CHINESE

**Reserved Date/Time:** Every Saturday at 1:30 p.m.

**Contact:** Joy at joysnow0403@gmail.com

## MAH JONGG – CASUAL

**Reserved Date/Time:** Every Tuesday at 1:00 p.m.

**Contact:** Ellen at ellenskahn@gmail.com



## PHOTOGRAPHY CLUB

**Reserved Date/Time:** Every 3<sup>rd</sup> Thursday at 7:00 p.m.

**Contact:** Anthony at alorenc10@outlook.com

## POKER

**Reserved Date/Time:** Every Monday 6:30 p.m.

**Location:** The back-card rooms at the Lifestyle Center.

**Contact:** Steve at dakatie@aol.com

## R.O.M.E.O. CLUB

**Reserved Date/Time:** Every Last Wednesday 12:00 p.m.

**Contact:** Bob at Bornsteinrobert25@gmail.com

## SOLO CLUB: VALENCIA BONITA SINGLES CLUB

**Reserved Date/Time:** See weekly update for dates

**Contact:** Ann at annc1422@gmail.com



## STITCHES

**Reserved Date/Time:** Every 3<sup>rd</sup> Monday at 2:00 p.m.

**Contact:** Barbara at barbararsherman@comcast.net

## TEXAS HOLD'EM

**Reserved Date/Time:** Every Thursday at 6:30 p.m.

**Contact:** David at drhebrank@gmail.com

## TRAVEL CLUB

**Reserved Date/Time:** Every first Wednesday at 4:00 p.m.

**Contact:** Greg at gregshuss@yahoo.com



## WATERCOLOR

**Reserved Date/Time:** Every Monday at 11:00 a.m. October – March

**Contact:** JoAnn at wasylenko1003@comcast.net

## WINE CLUB

**Reserved Date/Time:** Every 2<sup>ND</sup> Wednesday at 6:00 p.m.

**Contact:** Bob at bornsteinrobert25@gmail.com