



# VALENCIA CAY THE CAYCONNECTION

COMMUNITY NEWSLETTER FOR VALENCIA CAY HOMEOWNERS | SEPTEMBER/OCTOBER 2019



**FRIDAY NIGHT OUT**  
Fleetwood Mac Tribute  
and Dinner

**EXPLORE YOUR  
INNER ARTIST**  
Canvas Paint &  
Sip Workshop

**LEARN ABOUT THE**  
Fielden Institute for  
Lifelong Learning

55+ LIVING AT ITS BEST

# CONTACTS



## SOCIAL CLUB & FITNESS STUDIO

11862 SW Bristol Bay Drive  
Port St. Lucie, FL 34987

Open Daily

7:00 am – 11:00 pm

Office Hours: Monday – Friday

9:00 am – 12:00 pm and 1:00 – 5:00 pm

Tere Muniz, Lifestyle Director  
lifestyle@valenciacyhoa.com  
772-882-4621

VISIT OUR WEBSITE: [valenciacyhoa.com](http://valenciacyhoa.com)

## PROPERTY MANAGEMENT

Lang Management Company  
Corporate Office:  
790 Park of Commerce Blvd. Suite 200  
Boca Raton, FL 33487

Marita A. Butzbach, Property Manager  
margareta@langmanagement.com  
561-750-8800

On-Site Office located in the Social Club  
Monday: 9:00 am – 5:00 pm  
Thursday: 9:00 am – 5:00 pm

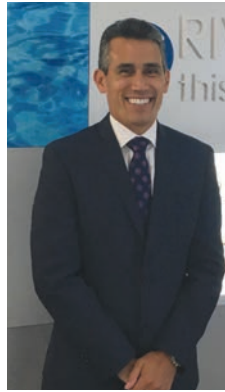
Lang Customer Service  
877-242-8692  
service@langmanagement.com

## MODEL CENTER

10735 SW Matisse Lane  
Port St. Lucie, FL 34987

Model Center Hours:  
9:00 am – 5:00 pm

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## A MESSAGE FROM YOUR HOA PRESIDENT

The opening of our Social Club and Fitness Studio on August 2<sup>nd</sup> was a major milestone for our Community, and it is very exciting to see homeowners already enjoying the beautiful Lifestyle Center. They are playing cards with their neighbors in the Social Club, and using the state-of-the-art equipment in the Fitness Studio. If you

have not had the opportunity to visit the Lifestyle Center, please make sure you take the time to do so, and stop by the Management Office to say hello to our Lifestyle Director, Tere Muniz. She can tell you about all the exciting Clubs and upcoming events...the fabulous Valencia Cay Lifestyle Program is moving full speed ahead!

I am happy to announce that on August 11<sup>th</sup>, we celebrated the one-year anniversary of our Grand Opening. To make that momentous occasion even more special, we reached 700 sales at Valencia Cay! I would like to take this opportunity to thank you for your continued support, and the countless referrals that have contributed to the overwhelming success of our Community in Port Saint Lucie.

The Havana Nights event on August 13<sup>th</sup>, was a great way to celebrate the opening of the Lifestyle Center, and an opportunity for GL Homes to express their gratitude to our Valencia Cay purchasers. Homeowners and buyers had a great time meeting new friends and neighbors at this fun-filled event.

Valencia Cay is bustling with construction activity. Our Land Development Department is busy working on the Parcels along the Western boundary of the community, and preparing for road construction along SW Discovery Way. Our Construction Department is busy with over 250 homes under construction in six different Parcels. We are expecting the permits for the Valencia Cay Clubhouse, and Phase 1 of the Riverland Sports and Racquet Club to be issued in the upcoming weeks. We cannot wait to see the construction of these facilities get under way.

Congratulations to the 100 buyers that have closed, and are now calling Valencia Cay "home!"

Charles J. Saenz  
Project Manager and HOA President



55+ LIVING AT ITS BEST



## NEWS & VIEWS FROM YOUR LIFESTYLE DIRECTOR



August was an exciting month, with the opening of our beautiful Lifestyle Center. If you have not checked it out already, do so...you are going to love it! The Social Club is the perfect spot for impromptu card games, ping pong, and billiards, or just hanging out with your neighbors. There is always a puzzle under construction, and our board game collection is terrific. The Club is open daily from 7:00 am – 11:00 pm for your enjoyment. Gather your neighbors and come to the Club for an afternoon game!

Our state-of-the-art Fitness Studio is amazing! And we are very excited to announce that beginning in September, Total Health Systems will be offering weekly Strength & Conditioning, Yoga, and Total Body Fitness classes. Visit our website for the full fitness schedule and to register for classes.

Our Club scene is in full swing! Mah Jongg, Acting, Pickleball, Golf, Bunco, Poker, Music Appreciation, Card Making, just to name a few. Clubs are the perfect vehicle for sharing interests with like-minded neighbors. There are more than ten formed clubs waiting for your participation, each offering the opportunity for you to make new friends. Want to start your own Club? We would love it! Stop by the Management Office in the Lifestyle Center and see me to learn how to start your own Club. We are always looking for Club leaders that want to get involved.

We have many upcoming events planned for you to enjoy! The Cay Mix and Mingle on Friday, September 6<sup>th</sup> will feature Pizza and Pictionary. Brush up on your artistic ability for a fun night of interactive team competition with your neighbors. The Cay Night Out on Saturday, September 21<sup>st</sup> takes us to Jupiter for a great

patio dinner at Stadium Grill, followed by an outdoor concert featuring Crystal Visions of Fleetwood Mac, a terrific Fleetwood Mac tribute band. And of course, we have our Thirsty Thursdays on the Courtyard the second and fourth Thursdays of the month.

For our artistic residents, monthly arts and craft workshops are in the works: Paint and Sip on Monday, September 9<sup>th</sup> and a DIY Craft Workshop with Beach Craft Studios on Thursday, October 3<sup>rd</sup>.

The rest of October will be just as much fun! We have planned a little taste of Oktoberfest at the Cay Mix and Mingle on Friday, October 4<sup>th</sup>, Cay Night Out at the Twisted Tuna in Port Salerno on Thursday, October 17<sup>th</sup>, and a Summer Crush Wine Tour and Lunch on Tuesday, October 22<sup>nd</sup>.

The Valencia Cay HOA website is up and running. The site will always have an up-to-date calendar, and is your source for the getting the latest information, signing up, and paying to attend events. Please make sure that you are registered on the site and that you add [messenger@associationvoice.com](mailto:messenger@associationvoice.com) to your contact list. Be on the lookout for our Cay Happenings e-blasts to stay in the know.

We are striving to create a well-rounded and exciting Lifestyle Program. Your input, feedback, and suggestions are vital to the program's success. I love hearing your ideas! Shoot me an email or stop by the Management Office in the Lifestyle Center and see me – I am always open for a brainstorming session to come up with the perfect event!

Thank you all for your support and participation in our events thus far. I am enjoying getting to know each of you and look forward to a full calendar of fun in the months to come!

Tere Muniz, Lifestyle Director



## A NOTE FROM YOUR PROPERTY MANAGEMENT TEAM

We hope you are enjoying your new homes and summer vacations. The Property Management office has moved to the Lifestyle Center across from the Sales Center. We are currently on-site every Monday and Thursday from 9:00 am to 4:00 pm. If you need assistance when we are off-site, our address is 8311 Holly Tree Trail, Pt. St. Lucie. The off-site office number is 772-489-9501. Margaret Arthur and Vernon Zweifel can help you with any questions or concerns. If you need to call in a work order for our Customer Service Department (irrigation, landscaping, and pest control items) please email [Service@langmanagement.com](mailto:Service@langmanagement.com) or call the customer service representatives at 877-242-8692. You can also access customer service through the Valencia Cay website. That site is the most reliable source for Association-related information, and should be used to submit any questions you have for the Property Management Staff. We have learned that some of the information posted on the Owners' Facebook page is incorrect and we encourage you to come to us with questions so you can get the correct answers and information.

Please remember to fill out ACC applications for any additions or alterations to the exterior of your home. This includes landscaping, furniture in the front of the homes, pictures on the wall of the exterior of the home, landscape lighting, flags, etc. There are specific guidelines for the exterior of the homes that are required for all owners in Valencia Cay. Copies of the ACC requirements are posted on the website and hard copies are on hand at the on-site office. We appreciate your cooperation in helping us keep Valencia Cay up to the standards of the wonderful community you now call home.

Marita Butzbach, Vice President of Association Management Services

# EVENTS & ACTIVITIES



## CAY MIX & MINGLE: PIZZA AND Pictionary

Friday, September 6 | 5:00 – 7:00 pm  
Cost: \$12 pp  
@ the Social Club

Brush up on your artistic ability for a fun night of interactive team competition with your neighbors. Pictionary is a charade-inspired word-guessing game and whether you draw or not doesn't matter – we are going to have a ball. Pizza and non-alcoholic beverages are on the menu and you are always welcome to BYOB. Visit [valenciacyhoa.com](http://valenciacyhoa.com) to sign-up to participate.



## CANVAS PAINT & SIP WORKSHOP

Monday, September 9 | 5:00 – 7:00 pm  
Cost: \$35 pp  
@ the Social Club

Tap into your creative self while creating a wall-worthy piece of art. Join us for a Paint and Sip Party where you can explore your inner artist creating a "Turtley Awesome" painting on canvas. BYOB for your sipping enjoyment! The cost of the workshop includes all materials. Sign up to attend on [ValenciaCayHoa.com](http://ValenciaCayHoa.com). Checks are made payable to Florida Art Escape and can be dropped off at the Lifestyle Office prior to September 8.

## THIRSTY THURSDAYS Cocktails in the Courtyard

September 12 & 26 | 6:00 – 8:00 pm  
October 10 and 24 | 6:00 – 8:00 pm  
@ The Courtyard at the Lifestyle House

Enjoy a casual evening hanging out with your neighbors in the Courtyard. We will have a food truck available for your convenience to purchase food, and please feel free to BYOB. Be on the lookout for your Cay Happenings e-blast for registration links and information on the upcoming food trucks.



## CAY NIGHT OUT: Dinner and Fleetwood Mac Tribute Concert

Saturday, September 21 | 5:00 pm  
\$35 per person  
@ Abacoa Town Center in Jupiter, FL

Embark on a mystical musical journey spanning almost five decades of music by one of the most enigmatic bands of all time, Fleetwood Mac and the sweetheart of rock, Stevie Nicks!

The evening will begin on the patio at Stadium Grill, in Downtown Abacoa with a 5:00 pm cocktail hour. A plated dinner will be served at 6:00 pm followed by the concert featuring Crystal Visions of Fleetwood Mac at 7:30 pm. Bring your lawn chairs to enjoy the full outdoor-concert experience. We can set them up prior to dinner to save your spot for the concert. For information, menu selections, and to sign up to attend, visit the Valencia Cay HOA website.

## FIELDEN INSTITUTE FOR LIFELONG LEARNING OPEN HOUSE

Wednesday, September 25  
9:30 – 11:30 am  
@ the Social Club

We invite you to join us to learn more about the Fielden Institute for Lifelong Learning at Indian River State College (IRSC). Representatives of the Institute will be onsite from 9:30 – 11:30 am to share



## BUNCO NIGHT!

Tuesdays, September 10 and October 8  
6:00 – 9:00 pm  
Cost: \$5 pp  
@ the Social Club

Let the fun begin with a throw of the dice! Bunco is easy to learn, fun to play, and a great way to get to know your neighbors. For more information and to sign up to play, contact Kathy at 954-907-0820 or Dree at 772-742-8006.

information and accept registration and membership for its 2019 – 2020 season. Fielden Institute courses, offered across all five IRSC campuses and at select community sites, are designed for men and women age 50 and better who are interested in exploring shared topics of interest in a college atmosphere. There are no pre-requisites, no long semesters, no grades, no tests. Learning occurs simply for the joy of learning.

This season's expanded catalog features more than 80 different sessions. Topics such as art, computers and technology, photography, finance, writing, gardening, health, creativity, local history, and more are delivered in a variety settings, including as hands-on activities, discussion groups, lectures, field trips, book and film groups, and lectures. Courses are non-credit and do not apply to any IRSC degree program. Please RSVP on the Valencia Cay HOA website to attend this introduction to the Fielden Institute.



## THE CAY MIX & MINGLE: A Taste of Oktoberfest

Friday, October 4 | 5:00 – 7:00 pm  
Cost: TBD  
@ the Social Club

Save the Date for our Taste of Oktoberfest. German bites and craft beer will be served at our Oktoberfest gettogether. Lederhosen and Dirndls are encouraged! Be on the lookout for the Cay Happenings e-blast for information and registration links. Prosts!



## BEACH CRAFT STUDIO: DIY Craft Workshop

Thursday, October 3 | 9:00 am – 12:00 pm  
Cost: \$38.52 pp (includes tax)  
@ the Social Club

Save the date for our October DIY workshop with Daisy Art & Craft Studio. Detailed event information and the registration link will be forthcoming in our Cay Happening e-blast.

## CAY NIGHT OUT: Dinner at Twisted Tuna in Port Salerno

Thursday, October 17 | 5:30 pm  
Cocktails | 6:30 pm Dinner  
\$40 pp

Join us for dinner at this terrific old Florida waterfront restaurant. Dinner buffet includes Tropical Grouper, Chicken Franchise, Beef Tenderloin, salad, chef's choice of sides, dessert and non-alcoholic beverages. A cash bar will be available. Complimentary valet parking is available at the restaurant. For more information, registration, and payment links, visit the Valencia Cay HOA website.



## SUMMER CRUSH WINE TOUR

Tuesday, October 22 | 11:30 am  
\$41 pp

Summer Crush Winery, located in Ft. Pierce, is a family-owned sun and fun boutique winery creation that is the result of the blending of owner/vintner Gary Roberts' love of history and surfing, with native muscadine and fruit wines. Join us for a wonderful afternoon where we will tour the winery, taste over 12 wines made from the native muscadine grape, and enjoy lunch. The cost of this event includes transportation, tour, tasting, and lunch. Menu information and link for registration will be forthcoming in the Cay Happenings e-blast.

This Is  
How We  
**Roll**  
AT RIVERLAND



# CLUB NEWS



## SCRAPBOOKING

First Monday of the Month | 9:00 am – 12:00 pm  
@ the Social Club

Are you ready to be inspired to capture your memories on paper? Join the fun! Scrapbook page kits will be available for you to assemble to display your favorite photos. Class cost of \$10 will cover all materials needed to create your special layouts. Bring your favorite photos and enthusiasm. Contact: Pat Polit at teach307@email.com

## CARD MAKING

Third Monday of the Month | 9:00 am – 12:00 pm  
@ the Social Club

Looking for just the right card to send to a friend or family member? All materials will be provided for you to create up to eight greeting cards. Class cost: \$10. Choose from a variety of card kits for all occasions. Contact: Pat Polit at teach307@email.com



## PING PONG

Every Monday | 1:00 – 3:00 pm | @ the Social Club

Come out to play ping pong and sharpen your skills! We will be playing a fun kind of doubles game. Wear sneakers (not running shoes) and bring your own paddle and ball.

If you need to buy equipment, Walmart sells paddles of all prices, beginning at \$5. Please only buy balls rated "one star" or more. Looking forward to playing with you. For further info call Judy at 772 882 4488.

## THE CAY PLAYERS: Theater and Acting Club

First and Third Monday | 7:00 pm | @ the Social Club

We are happy to announce that THE CAY PLAYERS club is open to all who like to have fun! If you have ever wanted to try acting, this is your chance. Or if you are interested in stage production, such as painting scenery, creating costumes, making playbills or flyers, come and join the growing membership of THE CAY PLAYERS. We need your talents! Contact: Liz Halbreich, Club Leader at 954-801-8893.



## MAH JONGG

Tuesday and Wednesday | 1:00 – 4:00 pm  
@ the Social Club

Gather 'round all you Mah Jongg enthusiasts! These games are for those who already know how to play. No lessons will be given at this time. Lessons may be available in the future on a different day. If you own a Mah Jongg set, please bring it. Looking forward to some fun games. For more info call Judy at 772-882-4488.

## POKER

Every Wednesday | 6:00 pm | @ the Social Club

Looking for card players for a variety of Poker games: Texas Hold'em, Omaha, 7 Card Stud, etc. For Information on the Poker Club contact Richard Ames at amesr1@gmail.com

## CANASTA

Every Thursday | 1:00 – 4:00 pm | @ the Social Club

Inviting Canasta players of all levels meet at the Lifestyle House for fun and great play. Bring your supplies and have some fun while getting to know your neighbors! Contact: Don Burke, Club Leader at donaldburke23@gmail.com.

## GOLF CLUB

Golf Outings Every Wednesday

VCGC is open to all residents of The Cay. No matter your level of play, from beginner to retired pro, men or women, please join us! We will have weekly golf outings to local courses, with Martin Downs as our "home course," monthly meetings, and semi-annual banquets at the Clubhouse once it opens. Contact: Ed Gallant, Club Leader at thecaygc@yahoo.com

## PICKLEBALL CLUB

Calling all experienced pickleball players to join us on Monday, Wednesday and Friday at Whispering Pines Park, about six miles from Valencia Cay. We leave at 8:10 am and return before 11:00 am. We can carpool to the park. Of course, you must wear sneakers (not running sneakers) and have a paddle and ball. When our own courts open next year, residents of all abilities will be able to play and learn. Please call us if you are interested in going to the park. Judy and Joel Berkowitz at 772-882-4488.

## BUNCO CLUB

**Second Tuesday of the Month | 6:00 – 9:00 pm**  
**@ the Social Club**

Come one, come all! Join us for Bunco. Easy to learn, fun to play and a great way to get to know your neighbors. The fun begins with the first throw of the dice. Refreshments will be served. For more information contact Kathy at 954-907-0820 or Dree at 772-742-8006.



## MUSIC APPRECIATION

Let's get together and enjoy the vibes! This club is for those that enjoy music in all its forms: live, recorded, and all genres. Vinyl, CDs, DVDs, Streaming. Concerts – small or large venues, or even just music in the park. For information, contact: Herman Eilberg at eilberg@bellsouth.net.

# FITNESS

## TOTAL HEALTH SYSTEMS AT VALENCIA CAY



Total Health Systems (THS) is the first and only program created and specifically designed to meet the needs of adults 55 years and older. We teach residents how to create a permanent healthy lifestyle. THS is a custom-tailored program for your community.

We offer many different types of classes that will benefit the residents of Valencia Cay. Our classes are designed for beginners, as well as for those who need a more advanced level of exercise. Personal attention is provided to all residents during each class.

THS offers Personal Training with a certified personal trainer. The trainer will develop an exercise program tailored to help you reach your specific goals. Also, THS provides Physical Therapy and Occupational Therapy on premises.

Total Health Systems will be offering: One-on-one personal training, Physical Training, Free Evaluations, Private and Specialty Classes.

For information contact 772-224-3324  
info@totalhealthsystemsinc.com  
www.totalhealthsystemsinc.com



Starting September 3, a GYM ATTENDANT from THS will be at the Fitness Studio to assist with equipment instruction and free evaluations.

**ATTENDANT HOURS:** Monday, Wednesday, Thursday & Friday from 9:00 – 10:00 am  
& Tuesdays from 10:15 – 11:15 am

## CLASS SCHEDULE

STRENGTH & CONDITIONING | Tuesday | 9:00 – 9:50 am

YOGA | Thursday | 9:00 – 9:50 am

TOTAL BODY FITNESS | Saturday | 9:00 – 9:50 am

\$50 per month for all classes

## INDIVIDUAL MONTHLY CLASSES

Strength | \$32.00

Yoga | \$32.00

Total Body Fitness | \$32.00

Walk-in Fee | \$10 per class (if space is available)

No one will be admitted once the class has begun.  
No Refunds, Credits, or Makeups



# EVENT PHOTOS



## VALENCIA CAY HAVANA NIGHTS HOMEOWNERS' PARTY

August 13, 2019

This special party was an opportunity for the Valencia Cay residents to see and enjoy their newly opened Lifestyle Complex. The party was held in the courtyard between the Social Club and Fitness Studio. Sounds of Havana were created by a live duo playing Cuban/Latin music. The crowd was dancing and even started a conga line. A Cuban-inspired buffet offered empanadas, chicken with rice, salad and a selection of deserts including flan paired with mojitos, wine and beer. There were approximately 360 homeowners in attendance. A Valencia Cay branded fedora and fan were given to each guest as a keepsake.

