# VALENCIA BONITA

COMMUNITY NEWSLETTER FOR VALENCIA BONITA HOMEOWNERS I JANUARY/FEBRUARY 2020

Put on Your

Dancing Shoes for

# Join us at FOOD TRUCK FRIDAYS! PAGE 71

## Shop till you Drop at our FARMERS'3MARKET PAGE 7

3 IN

55+ LIVING AT ITS BEST

#### **TEMPORARY LIFESTYLE CENTER**

28469 Abruzzo Drive Bonita Springs, FL 34135 Monday through Friday 9:00 AM – 12:00 PM 1:00 PM – 4:00 PM

#### Lifestyle Office:

Jenna Damiano, Lifestyle Director jdamiano@grsmgt.com (239) 908-0880 ext. 2

#### **Community Association Manager:**

Adam Smalley, LCAM asmalley@grsmgt.com (239) 908-0880 ext. 1

GRS after hours email and telephone: residentservices@grsmgt.com 561-641-8554

#### **PRO SHOP**

28511 Sicily Loop Bonita Springs, FL 34135 (239) 221-7104

Simone Jardim, Sports Director Simonepj79@gmail.com

Nancy Walter, Instructor & Program Coordinator ValenciaBonitaProShop@gmail.com

Ben Randlett, Instructor randlettben@gmail.com

#### THANK YOU

We apprciate your generosity during our 2019 Holiday Toy Drive benefitting Pathways Immokalee Early Education Center! Valencia Bonita donated over 150 gifts. Thank you for making the holiday season extra special for these children.

#### **NEW HOMEOWNER ORIENTATION**

Every 2<sup>nd</sup> Monday of each month at 1:30PM Join us at the Lifestyle Center

#### A MESSAGE FROM YOUR **LIFESTYLE DIRECTOR**



#### Happy New Year, Valencia Bonita!

I look forward to the official opening of our luxurious Clubhouse, coming soon! Until then, please join us for some amazing events and activities, exclusive to your home! Shop till you drop at Farmers' Market Tuesdays; drink some

coffee and enlighten your mind at our Wellness Series; relax and unwind from the week at our Food Truck Friday; and more! Access our calendar and payment options on our website, www.valenciabonitahoa.com. For assistance registering, please email jdamiano@grsmgt.com.

See page 6 for more details on all the events and activities for the months of January and February!

Our clubs and interest groups are forming quickly! If you have an idea for a club or an activity within your club, please reach out to your lifestyle team! Let's Chat!

See you soon,

**Jenna Damiano** Lifestyle Director



#### A MESSAGE FROM Your **Project Manager** and **Hoa president**

What a wonderful holiday season it has been. It is so wonderful seeing so many familiar faces along with all the new residents that have joined us in the recent months. We continue to grow with 486 sales and 343 closings! As we are now entering the first quarter of 2020, the clubhouse opening is right around the corner and we couldn't be more excited. Keep an eye out for Friday newsletters for all the newest information. We look forward to a fun and busy season.

All my best,

#### Dianna Betancourt

Project Manager and HOA President

# SPORTS & SCHEDULE

#### SIMONE JARDIM SPORTS DIRECTOR



We are excited about the growth of all our sports here at Valencia Bonita. We are adding more classes and leagues to our calendar and look forward to seeing all our residents around the courts. Please feel free to stop by the pro shop if you have any questions about upcoming events.

Best wishes for the New Year to all of you!

Regards, Simone Jardim Our inaugural Bocce League champions: Rick and Lilly Gesel and Jo Jo and Tom Simone. New League starting in January. Contact the pro shop if interested in playing



#### RACQUET CLUB UPDATES

**PICKLEBALL:** Open play Tuesdays, Thursdays, and Saturdays starting at 8:30 a.m.

**TENNIS:** We are excited to announce that this winter we will have four Bonita teams. Our ladies will be competing in the CCTWA, USTA and Bonita Leagues.

**BOCCE:** We are looking forward to starting our winter Bocce League the week of January 20<sup>th</sup>. If you are interested in signing up for the league and/or being a captain, please contact the Pro Shop. We will be holding a captain's meeting January 15<sup>th</sup> at 9:00 a.m.



Welcome our new Pickleball League Play Teams! This team consists of 3.5 men's, women's, and mixed teams. Members play other clubs around the area weekly. Stay tuned for more!

### SIMONE'S SPORTING TIPS

#### TENNIS FOUNDATION

I want you and your practice partner to start at the serve line, but stand in between the singles and doubles lines. Rally or play points hitting only between the lines.

As you gain confidence, move back further until you are on the baseline. It is critical that you have a solid foundation and complete balance in order to hit between the lines (also early preparation).

#### **BOCCE** BLOCKING

As the name suggests, blocking involves rolling or tossing the ball to place it in a position that blocks your opponent's balls. This technique makes it difficult for the opponent to roll their ball closer to the pallino, and thus makes it difficult for them to score additional points. You can even knock against your opponent's balls to set up a block that will prevent them from scoring further.

#### PICKLEBALL 3<sup>RD</sup> SHOT DRIVE

As hard as the 3<sup>rd</sup> shot drop is, I would like for our community to embrace it. Go out and practice as much as possible with the ball machine or a practice partner.

# SPORTS CENTER

## UPCOMING RACQUET CLUB SPECIAL EVENTS

SIGN UP FOR ALL EVENTS ON THE CHELSEA BOOKING SYSTEM

#### **BOCCE BEGINNER CLASS**

Date: January 9 & February 6 • Time: 9:00 – 10:00 a.m.
Format: An experienced Bocce player/instructor will be conducting a class for residents only.
Cost: \$10 Minimum attendance of six residents.
Sign up deadline: January 7 & February 4

#### **BOCCE ADVANCED CLASS Date:** January 9 & February 6

Time: 10:00 – 11:00 a.m. Format: An experienced Bocce player/instructor will be conducting a class for residents only. Cost: \$10 Minimum attendance of six residents.

Sign up deadline: January 7 & February 4



#### PICKLEBALL DRILL AND LEAGUE PLAY FOR INTERMEDIATE (2.5-3.0) PLAYERS

**Date:** January 13 & February 10 **Time:** 8:30 – 10:30 a.m. **Format:** Residents and guests will be coached on dinking technique and strategy. We will drill and play games in a league format.

**Cost:** \$15 per player Minimum attendance 12 players **Sign up deadline:** January 11 & February 8

#### **TENNIS SPECIALTY DRILLS (FOREHAND)**

**Date:** January 14 & February 18 • **Time:** 9:00 – 10:00 a.m. **Format:** Players will drill and be coached on how to hit better forehands.

**Cost:** \$15 per player Minimum attendance 4 players **Sign up deadline:** January 12 & February 16

#### TENNIS SPECIALTY DRILLS (BACKHAND)



Date: January 21 & February 25 Time: 9:00 – 10:00 a.m. Format: Players will drill and be coached on how to hit better backhands.

**Cost:** \$15 per player Minimum attendance 4 players **Sign up deadline:** January 19 & February 23

#### **BOCCE SOCIAL**

**Date:** January 26 & February 16 • **Time:** 3:00 – 6:00 p.m. **Format:** Residents will rotate playing with one another for a fun night of play and socialization. Feel free to bring a snack and beverages

Sign up deadline: January 7 & February 7

## PICKLEBALL DRILL AND PLAY FOR INTERMEDIATE (2.5-3.0) PLAYERS

**Date:** January 27 & February 10 & February 24 **Time:** 8:30 – 10:30 a.m.

**Format:** Residents and guests will be coached on 3<sup>rd</sup> shot drop technique and strategy. We will drill and play games in a league format.

**Cost:** \$15 per player Minimum attendance 12 players. **Sign up deadline:** January 25 & February 8 & February 22

#### TENNIS SPECIALTY DRILLS (SERVES AND RETURNS)

**Date:** January 28 • **Time:** 9:00 a.m. – 10:00 p.m. **Format:** Players will drill and be coached on how to hit better serves and returns.

**Cost:** \$15 per player Minimum attendance 4 players. **Sign up deadline:** January 26 on Chelsea booking system.

#### TENNIS SPECIALTY DRILLS (VOLLEY)

Date: February 4 • Time: 9:00 a.m. – 10:00 a.m.
Format: Players will drill and be coached on how to hit better volleys.
Cost: \$15 per player Minimum attendancer 4 players
Sign up deadline: January 2

#### **TENNIS SPECIALTY DRILLS (CARDIO)**

**Date:** February 11 • **Time:** 9:00 a.m. – 10:00 a.m. **Format:** Players will be using the ball machine in a fast pace drill format.

**Cost:** \$15 per player Minimum attendance 4 players **Sign up deadline:** February 9

## PICKLEBALL DRILL AND PLAY FOR INTERMEDIATE (2.5-3.0) PLAYERS

Date: February 24 • Time: 8:30 - 10:30 a.m.

**Format:** Residents and guests will be coached on lob and lob retrieval technique and strategy. We will drill and play games in a league format.

**Cost:** \$15 per player Minimum attendance 12 players. **Sign up deadline:** February 8

# FITNESS PROGRAMS

**EXERCISE LITE** Increase balance, core strength and stability using weights, bands and a weighted ball. Combine fun with fitness to increase your cardiovascular and muscular endurance with non-impact aerobic choreography. A chair is offered for support, stretching and relaxation exercise.

BODY SCULPING Total body workout using weights, resistance bands and body bar.

FITNESS FUSION Designed for those who are interested in learning the correct and safe ways to exercise and use weights. The focus is to get a full body workout at your own pace while engaging all muscle groups. Fitness Fusion is for participants who can exercise in the standing position. Options and progressions for each exercise will always be available.



#### WE WELCOME **TOTAL HEALTH SYSTEMS** TO VALENCIA BONITA!

There will be a meet and greet with THS on January 6<sup>th</sup> 9:30 -11:30 a.m. Please bring your questions about classes, personal training, physical therapy, or just come by and mingle!

#### SERVICES WE OFFER

- 1-on-1 Personal Training
- Massage Therapy • Free Evaluation
- Physical Therapy
- Home Health Care
- Private & Specialty Classes

(239)224-3477 • info@totalhealthsystemsinc.com www.totalhealthsystemsinc.com

#### FITNESS PASSPORT!

\$40 Per Month Per Person unlimited classes Walk-in rate is \$10pp

Registration will be available by 1.1.20 through an online portal. Please keep an eye on your emails for instructions on how to register.

YOGA Yoga is more than just flexibility! Build strength in the upper and lower body. Learn to move with awareness, breath deeper, gain strength, concentrate on alignment, find balance both physically and mentally and develop the ability to relax. The goal is to build a sound, healthy body and a clear, quiet mind.

**YIN YOGA** Yin is a style of yoga as exercise where postures are held for longer periods of time. Yin Yoga poses focus on the connective tissues of the body—the tendons, fascia, and ligaments—with the aim of increasing circulation in the joints and improving flexibility. A more medative approach to yoga, its goals are awareness of inner silence. This practice is done completely sitting or lying the entire time

**ZUMBA** We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and International rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

> BODY SCULPTING 9 AM • TUESDAY

**EXERCISE LIGHT** 10:15 AM • TUESDAY

FITNESS FUSION 11 AM • WEDNESDAY

YOGA & YIN YOGA 10:15 AM • THURSDAY

> ZUMBA 9 AM • FRIDAY

# EVENTS & ACTIVITIES



Saturday, January 4 and Thursday, February 14 • 7:00 PM – 9:30 PM at The Lifestyle Center • \$5 Cover Charge

Join us as we transform the Lifestyle Center into our very own night club! Live Entertainment will be provided by local artists and musicians each night.

**January 4: DJ Jersey John** will play our favorite tunes – song requests welcome – sing live, and perform some comedy!

**February 14: Valentine's Day** themed night of dancing and entertainment with "DJ Valentine." Enjoy music, live singing, and learn some Valentine's Day fun facts!

March 7: Save the date for our 3<sup>rd</sup> Club 55 Night!

BYOB! Soda and water will be provided. Feel free to bring snacks. This is a first come, first served event. 25 persons minimum needed each night. Please RSVP by the Tuesday prior at www.valenciabonitahoa.com.

#### JEWELRY MAKING CLASS BROUGHT TO YOU

BY THE JEWELRY MAKING CLUB

Thursday, January 23 6:30 PM The Lifestyle Center \$17 per person includes 2 bracelets, 1 necklace, and 1 pair of earrings

Join the Jewelry Making Club for a night of relaxing beading and socializing. Linda W and Linda B will guide you step by step on how to create your own eye-catching jewelry. Materials for all three pieces of jewely included. Please visit www.valenciabonitahoa.com to RSVP for this event by January 6. BYOB and snacks to add some creativity! First come first served, 15 persons maximum.

# LINE DANCING SERIES

#### Fridays in January • 1:00 PM Cost: \$10 per class or 3 for \$30

What a ball we had in November and December learning to line dance! We welcome back Annie, our Line Dancing instructor! She will lead easy-to-follow dance routines to pop, rock, oldies, Latin, R&B, and more! Improve your strength, balance, coordination, and train your brain. No partner needed. No dance experience necessary. Let's Dance! Your payment in full reserves your spot!

Six participants minimum needed. Visit www.valenciabonita.com to RSVP and make payment.



# DAY TRIP TO THE FESTIVAL MARKETPLACE

Tuesday, January 7 • Pickup 7:15 AM & Return 5:00 PM • Cost: \$71

Join us for a unique shopping experience at Festival Marketplace, Pompano Beach, Florida. This mega-mall is a quarter-mile long shopping paradise with over 250 shops, including fragrance outlets, cosmetic stores, shoe stores, clothing shops, jewelry stores, home furnishing stores, and more. There is something for every taste and budget. Upon arrival, you will be greeted with a goodie bag filled with fun and food vouchers!

Pick-up time is 7:15 AM at the Lifestyle Center and you will return by 5:00 PM. 14 persons minimum needed for this trip.

Please RSVP for this special outing by January 2, 2020 at www.valenciabonitahoa.com

#### FARMERS' MARKET TUESDAYS

10:00 AM - 2:00 PM • At the Mailboxes

January 21 February 18

March 17 April 21

The lifestyle team is excited to bring Valencia Bonita our very own monthly Farmers' Market. Each month, we are scheduled to have a different group of pop-up vendors set up shop for private shopping, just for you. Fresh produce, flowers, accessories, meats, fish, jellies, breads, and more!

No need to RSVP for this exclusive farmers market; we will see you out there!

#### EMPTY BOWLS: NAPLES ANNUAL EVENT

#### Saturday, January 25 11:00 AM – 2:00 PM Cambier Park in Naples

In September, 20 Valencia Bonita community members took time out of their busy days to volunteer and paint empty clay, bowls for Empty Bowls of Naples. The time is NOW to be a part of the massive feed the hungry event that takes place each January at Cambier Park. The basic premise is simple:

+ Potters, educators, students, and volunteers work with the community to create handcrafted bowls.

+ Guests are invited to a simple meal of soup and bread served at Cambier Park each year.

The event benefits local organizations that provide food to those in need and allows us to offer grants to organizations directly fighting hunger. Come down to the park on Saturday, January 25, and have some fun for a great cause. Please RSVP for this event by January 22, at www.valenciabonitahoa.com.



FOOD TRUCK FRIDAYS Every Third Friday • 6:30 PM - 9:00 PM At the Mailboxes

January 17	March 20
February 21	April 17

Gather round every 3<sup>rd</sup> Friday of the month through April, as we come together for food, music, and some mingling with your neighbors! A different line-up of delicious food trucks is scheduled to be parked conveniently in our community!

This event is BYOB! Please bring your own lawn chair! RSVP for our first Food Truck Friday at www.valenciabonitahoa.com.



#### PIZZA AND POW WOW WITH COMCAST: MY ACCOUNT APP

Thursday, January 30 12:00 PM – 2:00 PM The Lifestyle Center, First Come, First Served Limit 2 slices per person please



Jared, our favorite Comcast representative is at it again! He will be demonstrating how to utilize the Xfinity "My Account" Application for your phone or tablet. This application allows residents to check account status, pay their bill, trouble shoot equipment, request a call from an Xfinity customer service representative, and much more. Join us for free pizza and education! RSVP for this complimentary event at www.valenciabonitahoa. com by January 27.



#### NAPLES PRINCESS WINE TASTING SUNSET CRUISE Thursday, February 27 • Cost: \$72

Back by popular demand, it's the *Naples Princess* Sunset Wine Tasting Cruise. Enjoy a wine tasting of 20 different wines, Chef's Choice of three hot and three cold hors d'oeuvres, and this luxurious three-deck, 105-foot yacht, all while you experience the colors of a beautiful sunset through old Naples. Please visit www.valenciabonitahoa.com to RSVP and make payment for this memorable event. Sorry, no refunds after February 20. 30 participants minimum needed.



#### SUPER BOWL LIV AT THE LIFESTYLE CENTER Sunday, February 2 • 5:30 PM \$15 per person

Happy Super Bowl LIV! Get ready for this amazing holiday! (yes, holiday) where the best of the best take the field as we enjoy each other's company. We will have a variety of wings, subs, chips, dip, veggie platters, pizza at halftime, and cookies for dessert. Soda and water will be provided. BYOB! (Maybe a keg!) Every TV in the Lifestyle Center will have the game playing! 50 participants needed for this event. First come, first served. Seating is limited to 60, so to ensure you have a place to sit, please bring your own lawn chair. Feel free to wear your favorite football team's gear, even if they aren't playing! Please RSVP for this event at www.valenciabonitahoa.com by January 27. Reach out to the lifestyle team with any questions you may have.



Wellness Wednesday

THE WELLNESS SERIES WITH GOLDEN CARE Fourth Wednesday of Each Month • 4:00 PM The Lifestyle Center • Complimentary

Join us at the Lifestyle Center every fourth Wednesday of the month for a different presentation on wellness. Coffee will be provided. Save the dates and RSVP online at www.valenciabonitahoa.com the Monday prior. • Maintaining Independence: Live longer, healthier and independent! Wednesday, January 22nd at 4:00 p.m.

• Ask the Expert Panel Discussion

Wednesday, February 26th at 4:00 p.m.

• **Staying on Your Feet: Balance and Cognitive Awareness** Wednesday, March 25th at 4:00 p.m.

• Medicare/Medicaid 101: Everything You Need To Know Wednesday, April 22nd at 4:00 p.m.

**Event Policy:** Please note all events are subject to change. For all paid events, you must cancel by the RSVP deadline. No reservations are guaranteed unless payment is made. Checks or money orders only. **Checks may be made payable to VB HOA. Thank you.** 

Join us at the Artis-Maples

#### OFF BROADWAY, BALLET, AND LIVE MUSIC @ ARTIS-NAPLES FOR THE 2020 SEASON

The following shows are scheduled to run at the gorgeous Artis-Naples, and we have exclusive group rated tickets. If you are interested in tickets for any of these shows, please visit **www.valenciabonitahoa.com** or email our lifestyle team at **jdamiano@grsmgt.com**.

FEBRUARY 8 *Hello, Dolly!* 7:00 PM • \$80 per ticket FEBRUARY 29

A Tribute to Louie and Ella 2:00 PM • \$89 per ticket MARCH 28 Come From Away: A New Musical 8:00 PM • \$95 per ticket

# CLUB BEAT



Below is a listing of current clubs and it's quickly growing! Clubs are open to all! If you are interested in any of the following clubs, please visit www.valencabonitahoa.com and visit the Club and Interest Group tab.

Feel free to contact the club facilitator using the email address provided. If you would like to start a new club, please contact jdamiano@grsmgt.com

#### **ADVENTURERS CLUB**

**Date/Time:** January 18<sup>th</sup> outing coming up next **Contact:** Jeffrey at jeffreywiener58@gmail.com

#### **ACOUSTIC MUSIC JAM CLUB**

**Date/Time:** Every 3<sup>rd</sup> Monday at 7:00 PM **Contact:** David at zookmd@comcast.net

#### **BEER CLUB**

Date/Time: Every last Wednesday at 5:30 PM Contact: Ken at kennynaples@icloud.com

#### **BOOK CLUB**

**Date/Time:** Every 1<sup>st</sup> Wednesday at 7:00 PM\* **Contact:** Donna at daewald@comcast.net

CORVETTES OF VALENCIA BONITA CLUB Date/Time: Every 3<sup>rd</sup> Wednesday at 7:00 PM



BRIDGE CLUB • COUPLES Date/Time: Every Friday at 12:30 PM Contact: Bonnie at elbersonb@gmail.com

Contact: mslevy13237@gmail.com

#### **BRIDGE CLUB • SINGLES**

**Date/Time:** Every Wednesday at 12:30 PM **Contact:** Bonnie at elbersonb@gmail.com

#### CANASTA CLUB

**Date/Time:** Every Thursday at 1 PM **Contact:** Lucy at metweety58@gmail.com

#### **CANASTA CLUB • COUPLES**

**Date/Time:** Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday at 7:00 PM **Contact:** Carol at carolw@tetragonia.com

#### **CRIBBAGE CLUB**

**Date/Time:** Every Monday at 10:30 AM **Contact:** Paul at paulselinger@gmail.com

#### FINE DINING GROUP Date/Time: TBD Contact: Lindy at Lindynaples@yahoo.com

#### **FISHING CLUB**

**Date/Time:** Every 1<sup>st</sup> Monday at 2:00 PM **Contact:** Jerry at jbaum1582@aol.com

#### GAME NIGHT CLUB

**Date/Time:** Every 1<sup>st</sup> and 3<sup>rd</sup> Tuesday at 7:00 PM **Contact:** Carol at carolw@tetragonia.com

#### HAND & FOOT CLUB

**Date/Time:** Every Friday at 1:30 PM **Contact:** Joy at joysnow0403@gmail.com















#### HAND & FOOT CLUB • COUPLES

Date/Time: Every Monday at 6:30 PM Contact: Nancy at nancyb0460@aol.com

#### **HELPING HANDS CLUB**

Date/Time: Every 2<sup>nd</sup> Wednesday at 1:00 PM Contact: Ellen at ellenskahn@gmail.com

#### **JEWELRY MAKING CLUB**

**Date/Time:** Every 1st Thursday at 1:30 PM Contact: Linda at Iweinstein34109@yahoo.com

#### LADIES' LUNCH CLUB

Date/Time: Last Tuesday of each month at 12:00 PM Contact: Lucy R at metweety58@gmail.com

#### MAH JONGG CLUB

Date/Time: Every Tuesday at 1:00 PM Contact: Ellen at ellenskahn@gmail.com

#### MAH JONGG CLUB (ADVANCED)

Date/Time: Each Monday at 1:00 PM Contact: Debbie at Debiboo22@aol.com

#### MAH JONGG CLUB (CHINESE)

Date/Time: Every Saturday at 1:30 PM Contact: Joy at joysnow0403@gmail.com

#### **PHOTOGRAPHY CLUB**

Date/Time: Every 1st Friday at 5:00 PM Contact: Anthony at alorenc10@outlook.com







#### **POKER CLUB**

Date/Time: Every Monday at 6:30 PM Location: The back-card room at the Lifestyle Center. **Contact:** Steve at dakatie@aol.com



#### R.O.M.E.O. CLUB

Date/Time: Every last Wednesday 11:30 AM **Contact:** Bob at Bornsteinrobert25@gmail.com

#### SOLO CLUB: VALENCIA BONITA SINGLES CLUB

Date/Time: TBD Contact: Joy at joysnow0403@gmail.com

#### **STITCHES CLUB**

Date/Time: Every 3<sup>rd</sup> Monday at 2pm Contact: Joy at joysnow0403@gmail.com

#### **TEXAS HOLD'EM CLUB**

Date/Time: Every Thursday at 6:30 PM Contact: David at drhebrank@gmail.com

#### **TRAVEL CLUB**

Date/Time: Every 1<sup>st</sup> Wednesday at 4:00 PM Contact: Greg at gregshuss@yahoo.com

#### WATERCOLOR CLUB

Date/Time: Every Monday at 11AM (October-March) Contact: JoAnn at wasylenko1003@comcast.net

#### **WINE CLUB**

**Date/Time:** Every 2<sup>nd</sup> Wednesday at 6:00 PM **Contact:** Bob at bornsteinrobert25@gmail.com





# EVENTS

















## WREATH MAKING





















