

VALENCIA BONITA BUZZ

COMMUNITY NEWSLETTER FOR VALENCIA BONITA HOMEOWNERS | JAN-MAR 2021

A Look Ahead!

**MARK YOUR CALENDAR
FOR OUR CUPID'S DINNER EVENT**

WATCH SUPERBOWL LV
At the Poolside Restaurant & Bar

ATTEND OUR ST. PADDY'S DAY CELEBRATION



55+ LIVING AT ITS BEST

THE CLUB AT VALENCIA BONITA

16621 Valencia Bonita Boulevard, Bonita
Springs, FL 34135

Clubhouse Main Line: (239) 908-0880

GRS Community Management Hours:
9:00 a.m. – 5:00 p.m. Daily

Community Association Manager

Adam Smalley, LCAM, CMCA
Asmalley@grsmgt.com • Extension 1

Clubhouse Manager Kelly Rhoades

Krhoades@grsmgt.com • Extension 2

Lifestyle Director Rosemary Zore

Rzore@grsmgt.com • Extension 3

Resident Services Attendant Gracie Burkett

Gburkett@grsmgt.com • Extension 0

Administrative Assistant Tina Gerhardt

Tgerhardt@grsmgt.com • Extension 6

ZEST RESTAURANT**Owner** Brian Rolland

Brian@ZestBonita.com

Food and Beverage Director

Charles Shepard

Charles@ZestBonita.com • Extension 5

Executive Chef Debra Bicknese

Debra@ZestBonita.Com • Extension 5
Reservations are strongly encouraged.

Visit www.zestbonita.com/resident

TOTAL HEALTH SYSTEMS**Fitness Director** Marni Rudnick

info@totalhealthsystemsinc.com
239.224.3477

RACQUET CLUB & PRO SHOP

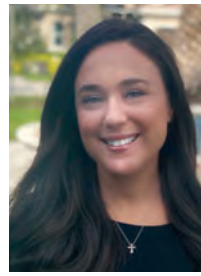
28511 Sicily Loop,
Bonita Springs, FL 34135
ValenciaBonitaProShop@gmail.com
239.221.7104

Sports Director Simone Jardim

Simonepj79@gmail.com

U-TOPIA SPA**Owner** Christin Bones

admin@u-topiaspa.com
239.908.0880 Ext 9



A MESSAGE FROM YOUR HOA PRESIDENT

We hope everyone enjoyed the holidays and is looking forward to another exciting year! It is my pleasure to share the good news that over half the community has been sold! I want to thank all our wonderful families in the community for selecting Valencia Bonita as your home. We encourage residents to refer friends to tour our beautiful community and see what the 'Buzz' is all about.

This season you can expect a fun-filled calendar of activities, clubs, and services. I encourage all residents to come visit the amenities that are here for your enjoyment. Staying connected to our communications is important, so you do not miss out on exciting announcements and events for season. I appreciate your feedback and look forward to what 2021 will bring.

Dianna Betancourt

Project Manager and HOA President



A MESSAGE FROM YOUR PROPERTY MANAGER

It has been a pleasure to serve this beautiful community for over two years! I have enjoyed getting to know many of you. The GRS Community Management team, which includes myself, Kelly Rhoades, Gracie Burkett, Tina Gerhardt and Rosemary Zore, want to extend a warm welcome to the residents. We are here to assist you with questions relating to the Homeowners' Association and the Clubhouse.

If you are thinking of improving the exterior of your home, we can help with the submission process of the architectural review application to obtain board approval. We can also assist you with landscaping, irrigation, obtaining key fobs, car stickers, and more.

We ask that if you see something out of the ordinary or broken in our community, you bring it to our attention, so we can address it.

We look forward to the opportunity to assist you with any of your needs here at Valencia Bonita.



A MESSAGE FROM YOUR CLUBHOUSE MANAGER

I am thrilled and grateful to celebrate my one-year anniversary with Valencia Bonita this February. I can

attest to how generous and wonderful the residents are in this community. It is always an honor to celebrate the holidays and create memories with you at the Clubhouse. Although 2020 was not the year many of us had in mind, I am proud of all the creative ways we stayed connected and that we continued to operate our beautiful amenities.

We look forward to creating many more happy memories with you in 2021. We have a full calendar of upcoming activities and we guarantee you will find something of interest to get involved in. We will strive to keep our resort-style amenities beautiful, safe, and in pristine condition for you to enjoy. If you have feedback or ideas for ways we can improve your experience while visiting the Clubhouse, we want to hear them! My door is always open to talk or just stop by to say 'hi'. I look forward to seeing around the Clubhouse soon.

Kelly Rhoades
Clubhouse Manager



A MESSAGE FROM YOUR LIFESTYLE DIRECTOR

I am honored and excited to join you as the Lifestyle Director for this beautiful community! I come

to Valencia Bonita with years of experience with event planning, and I look forward to meeting you in the coming months.

As I learn your interests, I would appreciate your recommendations and ideas for future event planning. This is your lifestyle and I want to ensure you will have fun!

We do not want you to miss out on our fun-filled activities, so staying connected to our newsletter, emails, and the HOA website is important. All activities and events may be subject to changes, and we recommend that you read those weekly updates to keep you in loop for the latest lifestyle news. If you are not receiving our weekly emails, please contact us to assist you.

I look forward to meeting you soon and thank you for the warm welcome!

Rosemary Zore
Lifestyle Director



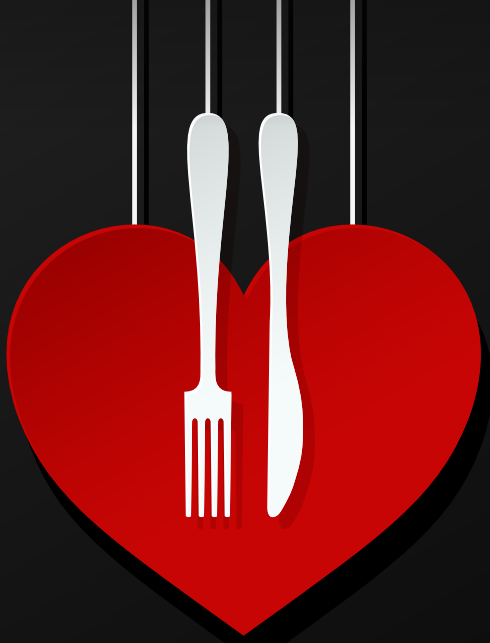
NEW HOMEOWNER ORIENTATION

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs to using the amenities, programs, web systems, property questions, and more. Residents are required to be closed on homes and to RSVP in advance to Gburkett@grsmgt.com.

10:00 a.m.: January 6,
January 20, February 3,
February 17, March 3

HOLIDAYS

Cupid's Dinner & Sweetheart Specials



**SUNDAY, FEBRUARY 14TH
5:00 – 8:00 P.M.**

Come and enjoy Valentine's Day with a three-course dinner, including an appetizer, entrée, dessert, and a bubbly glass of champagne. \$49 per person, plus tax and gratuity.

Reservation only; watch your weekly email for the full menu and sweetheart specials to celebrate how much we LOVE you!



St. Paddy's Day Celebration

**WEDNESDAY, MARCH 17TH
5:00 – 8:00 P.M.**

Don your green and celebrate St. Paddy's Day, with the classic corned beef and cabbage, roasted veggies, shephard's pie, green beer, and more!

Reservation only;
look for your weekly email
for the menu, prices,
and entertainment.



EVENTS & ACTIVITIES

JANUARY • FEBRUARY • MARCH

COFFEE & CONVERSATION

**Friday, January 15th,
Monday, February 15th,
Monday, March 15th
11:00 a.m. Social Hall**

Join the Lifestyle team for a sneak peek at the upcoming events, activities, holidays, and more! Complimentary coffee will be provided. Share your suggestions and feedback for fun activities. RSVP to Gburkett@grsmgt.com.



MOVIE MONDAY

**February 1st & March 1st
7:00 p.m. Social Hall**

Come watch a selection of movies on the jumbo big screen in the Social Hall. Your \$3.00 ticket includes popcorn, soda, and water. Look for the movie selections in the weekly updates; tickets can be purchased online via credit card at valenciabonitahoa.com under the calendar listing. Space is limited due to current social distancing guidelines.



VALENCIA BONITA MARKETPLACE

**Last Wednesday of the Month
January 27th, February 24th,
& March 31st**

**9:00 a.m. – 12:00 p.m.
Clubhouse Parking Lot**

The Marketplace will have over a dozen local artisans, crafters, and business owners for residents to enjoy some onsite shopping. Shop for delicious jams, breads, jewelry, homegoods, arts and crafts, clothing and more! Watch for the weekly emails to see which vendors will be joining us. Reservations are required, as space is limited per hour. To register, email Gracie Burkett at Gburkett@grsmgt.com and confirm which hour you will attend: 9:00 a.m., 10:00 a.m., or 11:00 a.m.



JANUARY



BECOMING A FLORIDA RESIDENT

**Monday, January 18th
12:30 p.m. Social Hall**

Join the Mutual Trust Family Office & Dorsey Law Firm to discuss the numerous benefits of becoming a Florida resident. This presentation is free to attend. RSVP to Kelly Rhoades at Krhoades@grsmgt.com.



CPR & AED CERTIFICATION COURSE

**Thursday, January 21st • 10:00 a.m.
Arts & Crafts Studio**

Should an emergency occur, it is important to learn how to save a life! Join Florida Safe CPR to receive a two-year CPR and AED certification by enrolling in the American Safety and Health Institute course. The three-hour course is \$35.00 per person, check payable to Valencia Bonita HOA. To register, deliver a check to the Box Office inside the Clubhouse/attention Kelly Rhoades.

EVENTS & ACTIVITIES

FEBRUARY



SUNSET CRUISE

Wednesday, February 10th

Embark on a private sunset cruise over the horizon of the Gulf of Mexico on the *Edison Explorer*. The 1.5-hour sunset cruise includes popular sights of wildlife, mansions, and stories of Naples' colorful history.

Enjoy spectacular views; it will be an experience to remember! Participants may bring their own food and beverage on board. The boat departs at 4:00 p.m. from Tin City. \$50.00 ticket per person includes the cruise and crew gratuity. Make check payable to Valencia Bonita HOA by February 1st.

JUKEBOX BINGO

Monday, February 22nd
7:00 p.m. Social Hall

Jukebox Bingo is a combination of "Name That Tune" and traditional Bingo, with some fun music thrown in! Games are themed, such as, music from the 50's, 60's, 70's, Motown, and more.

\$10 per person includes the DJ, bingo prizes, and supplies. Social distancing guidelines apply and space is limited to 50 participants. To register, the online credit card link will be available under the calendar listing at valenciabonitahoa.com.



MEDICARE 101

Friday, February 26th
2:00 p.m. Social Hall

Transitioning to Medicare can be overwhelming and confusing! Join specialist Medicare Mary to help you navigate the process, educate you on healthcare benefits, and answer all your questions regarding Medicare. The presentation is free to

attend. RSVP to Gracie Burkett at Gburkett@grsmgt.com.



MARCH

PAINTING WITH A TWIST

Monday, March 22nd
3:00 p.m.

Enjoy an afternoon with friends. No creative or artistic skills are needed! Painting with a Twist art instructors will be hosting a two-hour creative session filled with music, laughs, wine, and fun! \$49 ticket includes an 18 x 18 wood shiplap pallet, two-hour professional art instruction, all supplies, and a glass of red or white wine. To register, submit a check payable to Valencia Bonita HOA at the Box Office.



HOT RIDES & HOT DOGS

Saturday, March 27th
11:00 a.m. – 2:00 p.m.

Come check out some fast cars at the Valencia Bonita car show. The car show is free to attend! Zest will be providing juicy hot dogs and chips for \$10, \$4 domestic beers and house wines. Reservations are required, as space is limited per hour. To register, email Gracie Burkett at Gburkett@grsmgt.com and confirm which hour you will attend, 11:00 a.m., 12:00 p.m., or 1:00 p.m.



EVENT POLICY: Please note all events are subject to change. For all paid events, you must cancel by the RSVP deadline. No reservations are guaranteed unless payment is made. Checks or money orders only. **Checks may be made payable to VB HOA, or you may pay online at www.valenciabonitahoa.com.**



TASTY DINING FEATURES!

In addition to full menu options, each week features delectable specials such as Seafood, Italian, Steak, Tex-Mex, Greek, and more!

Look for the weekly emails for the weekly dining features.



SUNDAY SUNDAE!

Held the first Sunday of each month, Ice Cream specials will be enjoyed from 10:30 a.m. to 5:00 p.m. poolside.



SUNDAY BRUNCH!

Held the third Sunday of each month, Sunday Brunch offers a delicious offering of Eggs Benedict, Pancakes, French Toast, Steak and Eggs, and more!

JANUARY – MARCH HOURS OF OPERATION

Wednesday *Dinner Only	5:00 p.m. – 8:00 p.m.
Thursday – Saturday	11:00 a.m. – 8:00 p.m.
Sundays	10:30 a.m. – 5:00 p.m.

(Brunch 3rd Sunday of the Month)

**Hour may vary on holidays*

Weekly Drink Features!

WINE DOWN WEDNESDAYS

15% Off Select Bottles of Wine

THIRSTY THURSDAYS

Happy Hour
4:00 p.m. to 6:00 p.m.
\$4 select beer and wine.
\$6 small bites and house mixed drinks.



Reservations, Menus and Takeout Orders Visit:
www.zestbonita.com/resident

239.908.0880 Ext 5

JANUARY 2021

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday							
CALENDAR KEY	<div><div></div> Fitness</div> <div><div></div> Courts</div> <div><div></div> Clubs & Interest Groups</div> <div><div></div> Dog Park</div> <div><div></div> Zest</div> <div><div></div> Social</div> <div><div></div> Social Hall</div> <div><div></div> Spa</div> <div><div></div> Arts & Crafts Studio</div>												<div><div></div> 4:00 pm Yappy Hour</div>						
	<div><div></div> 10:30 am-5:00 pm Sundae Sunday</div>			<div><div></div> 9:00 am Cardio Tennis</div> <div><div></div> 10:00 am Beginner Tennis</div> <div><div></div> 2:00 pm Fishing Club</div>			<div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 9:00 am Fit Camp</div> <div><div></div> 9:00 am Beginner Pickleball</div> <div><div></div> 10:00 am Inter & Adv Pickleball</div> <div><div></div> 10:15 am Yoga</div> <div><div></div> 10:15 am Aqua Fit</div>			<div><div></div> 9:00 am Inter & Adv Tennis</div> <div><div></div> 10:00 am New Resident Orientation</div> <div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 11:15 am Aqua Fit</div> <div><div></div> 4:00 pm Travel Club</div>			<div><div></div> 9:00 am Fresh Catch Fish & Co.</div> <div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 9:00 am Stretch & Tone</div> <div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 10:15 am Yoga</div> <div><div></div> 4:00-6:00 pm Happy Hour</div>			<div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 11:15 am Aqua Fit Class Outside</div>		<div><div></div> 9:00 am Disco & Donuts</div>	
	<div><div></div> Pickleball Ladder League Starts!</div> <div><div></div> Spring Bocce League Starts!</div>			<div><div></div> 9:00 am Cardio Tennis</div> <div><div></div> 10:00 am Beginner Tennis</div> <div><div></div> 7:00 pm Iclub</div>			<div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 9:00 am Fit Camp</div> <div><div></div> 9:00 am Beginner Pickleball</div> <div><div></div> 10:00 am Inter & Adv Pickleball</div> <div><div></div> 10:15 am Yoga</div> <div><div></div> 10:15 am Aqua Fit</div>			<div><div></div> 9:00 am Mobile Bike Doctor</div> <div><div></div> 9:00 am Bagels & Balls</div> <div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 11:15 am Aqua Fit</div> <div><div></div> 3:00 pm Philanthropy Club</div> <div><div></div> 3:00 pm Sparkle Sip & Shop</div> <div><div></div> 4:00 pm Healthy at Home</div>			<div><div></div> 9:00 am Fresh Catch Fish & Co.</div> <div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 9:00 am Stretch & Tone</div> <div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 10:15 am Yoga</div> <div><div></div> 4:00-6:00 pm Happy Hour</div> <div><div></div> 6:00 pm Bocce Meet-up</div>			<div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 10:00 am Tennis Exhibition</div> <div><div></div> 11:00 am Coffee & Conversation</div> <div><div></div> 11:15 am Aqua Fit Class Outside</div>		<div>Fishing Charter</div> <div><div></div> 10:00 am Pickleball Exhibition</div>	
	<div><div></div> 10:30 am-2:00 pm Sunday Brunch</div>			<div><div></div> 9:00 am Cardio Tennis</div> <div><div></div> 10:00 am Beginner Tennis</div> <div><div></div> 12:30 pm Florida Residency Presentation</div>			<div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 9:00 am Fit Camp</div> <div><div></div> 9:00 am Beginner Pickleball</div> <div><div></div> 10:00 am Inter & Adv Pickleball</div> <div><div></div> 10:15 am Yoga</div> <div><div></div> 10:15 am Aqua Fit</div>			<div><div></div> 9:00 am Inter & Adv Tennis</div> <div><div></div> 10:00 am New Resident Orientation</div> <div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 2:00 pm Sewing Club</div>			<div><div></div> 9:00 am Fresh Catch Fish & Co.</div> <div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 9:00 am Stretch & Tone</div> <div><div></div> 10:00 am CPR Course</div> <div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 10:15 am Yoga</div> <div><div></div> 4:00-6:00 pm Happy Hour</div>			<div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 11:15 am Aqua Fit</div>			
				<div><div></div> 9:00 am Cardio Tennis</div> <div><div></div> 10:00 am Beginner Tennis</div> <div><div></div> 2:00 pm Wellness Club</div>			<div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 9:00 am Fit Camp</div> <div><div></div> 9:00 am Beginner Pickleball</div> <div><div></div> 10:00 am Inter & Adv Pickleball</div> <div><div></div> 10:15 am Yoga</div> <div><div></div> 10:15 am Aqua Fit</div>			<div><div></div> 9:00 am Spring Marketplace</div> <div><div></div> 9:00 am Inter & Adv Tennis</div> <div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 11:15 am Aqua Fit Class Outside</div> <div><div></div> 2:00 pm Southern Country Cooking Class</div>			<div><div></div> 9:00 am Fresh Catch Fish & Co.</div> <div><div></div> 9:00 am Aqua Fit</div> <div><div></div> 9:00 am Stretch & Tone</div> <div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 10:15 am Yoga</div> <div><div></div> 4:00-6:00 pm Happy Hour</div> <div><div></div> 6:00 pm Bocce Meet-up</div>			<div><div></div> 10:15 am Aqua Fit</div> <div><div></div> 11:15 am Aqua Fit</div>		<div><div></div> 5:00-8:00 pm Classic Pairings Wine Dinner</div>	

FEBRUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 2:00 pm Fishing Club 7:00 pm Movie Monday 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Aqua Fit 10:15 am Yoga 	Men's Whiskey Wednesday <ul style="list-style-type: none"> 9:00 am Inter & Adv Tennis 10:00 am New Resident Orientation 10:15 am Aqua Fit 11:15 am Aqua Fit 4:00 pm Travel Club 	<ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Aqua Fit 9:00 am Stretch & Tone 10:15 am Aqua Fit 10:15 am Yoga 4:00-6:00 pm Happy Hour 	<ul style="list-style-type: none"> 10:15 am Aqua Fit 11:15 am Aqua Fit 	<ul style="list-style-type: none"> 4:00 pm Yappy Hour
<ul style="list-style-type: none"> 10:30 am-5:00 pm Sundae Sunday 11:00 am-8:00 pm Super Bowl Watch 	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 10:00 am Long-term Care Planning 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Aqua Fit 10:15 am Yoga 	Men's Whiskey Wednesday <ul style="list-style-type: none"> 9:00 am Inter & Adv Tennis 10:15 am Aqua Fit 11:00 am HOA Election 11:15 am Aqua Fit 2:00 pm Cooking with Beer 3:00 pm Philanthropy Club 4:00 pm Sunset Cruise (Pure FL) 	<ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Aqua Fit 9:00 am Stretch & Tone 10:15 am Aqua Fit 10:15 am Yoga 4:00-6:00 pm Happy Hour 6:00 pm Bocce Meet-up 	<ul style="list-style-type: none"> 10:15 am Aqua Fit 11:15 am Aqua Fit 	<ul style="list-style-type: none"> 9:00 am Cupid's Court
HAPPY VALENTINE'S DAY <ul style="list-style-type: none"> 5:00-8:00 Cupid's Dinner 	PRESIDENTS' DAY <ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 11:00 am Coffee & Conversation 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Aqua Fit 10:15 am Yoga 	Men's Whiskey Wednesday <ul style="list-style-type: none"> 9:00 am Bagels & Balls 9:00 am Inter & Adv Tennis 10:00 am New Resident Orientation 10:15 am Aqua Fit 11:15 am Aqua Fit 2:00 pm Sewing Club 	<ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Aqua Fit 9:00 am Stretch & Tone 10:15 am Aqua Fit 10:15 am Yoga 4:00-6:00 pm Happy Hour 	<ul style="list-style-type: none"> 10:15 am Aqua Fit 11:15 am Aqua Fit 	
<ul style="list-style-type: none"> 10:30 am-2:00 pm Sunday Brunch 	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 7:00 pm Jukebox Bingo 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Aqua Fit 10:15 am Yoga 12:00 pm Ladies' Lunch Bunch 	Men's Whiskey Wednesday <ul style="list-style-type: none"> 9:00 am Spring Marketplace 9:00 am Inter & Adv Tennis 10:15 am Aqua Fit 11:15 am Aqua Fit 2:00 pm Marinating Meats, Fish & Veggies 	<ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Aqua Fit 9:00 am Stretch & Tone 10:15 am Aqua Fit 10:15 am Yoga 4:00-6:00 pm Happy Hour 6:00 pm Bocce Meet-up 	<ul style="list-style-type: none"> 10:15 am Aqua Fit 11:15 am Aqua Fit 2:00 pm Medicare Mary 7:30 pm Jewish Cultural Club 	

*Note calendar events are subject to cancellations and revisions. To view the latest calendar visit valenciabonitahoa.com

MARCH 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 2:00 pm Fishing Club 7:00 pm Movie Monday 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Yoga 10:15 am Aqua Fit 	<ul style="list-style-type: none"> 9:00 am Inter & Adv Tennis 10:00 am New Resident Orientation 10:15 am Aqua Fit 11:15 am Aqua Fit 4:00 pm Travel Club 	<ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Aqua Fit 9:00 am Stretch & Tone 10:15 am Aqua Fit 10:15 am Yoga 4:00-6:00 pm Happy Hour 	<ul style="list-style-type: none"> 10:15 am Aqua Fit 11:15 am Aqua Fit 	<ul style="list-style-type: none"> 4:00 pm Yappy Hour
<ul style="list-style-type: none"> 10:30 am-5:00 pm Sundae Sunday 5:00 pm Luminara – Philanthropy Club 	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 1:00 pm Drive Safe with Lee County Sheriff's Office 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Yoga 10:15 am Aqua Fit 	<ul style="list-style-type: none"> 9:00 am Inter & Adv Tennis 10:15 am Aqua Fit 11:15 am Aqua Fit 2:00 pm Spanish Tapas & Sherry Tasting 3:00 pm Philanthropy Club 	<ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Aqua Fit 9:00 am Stretch & Tone 10:15 am Aqua Fit 10:15 am Yoga 4:00-6:00 pm Happy Hour 6:00 pm Bocce Meet-up 	<ul style="list-style-type: none"> 10:15 am Aqua Fit 11:15 am Aqua Fit 	<ul style="list-style-type: none"> 9:00 am Morning Muffins
Daylight Savings Time Begins	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 11:00 am Coffee & Conversation 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Yoga 10:15 am Aqua Fit 	<ul style="list-style-type: none"> 9:00 am Bagels & Balls 9:00 am Inter & Adv Tennis 10:15 am Aqua Fit 11:15 am Aqua Fit 5:00-8:00 pm St. Paddy's Celebration 	<ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Aqua Fit 9:00 am Stretch & Tone 10:15 am Aqua Fit 10:15 am Yoga 4:00-6:00 pm Happy Hour 	<ul style="list-style-type: none"> 10:15 am Aqua Fit 11:15 am Aqua Fit 3:00 pm Natural Nail with Dazzle Dry 	<ul style="list-style-type: none"> 5:00-8:00 pm Lobster Night
Palm Sunday	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 3:00 pm Painting with a Twist 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Yoga 10:15 am Aqua Fit 	<ul style="list-style-type: none"> 9:00 am Inter & Adv Tennis 10:00 am Women & Wealth Seminar 10:15 am Aqua Fit 11:15 am Aqua Fit Class Outside 	<ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Aqua Fit 9:00 am Stretch & Tone 10:15 am Aqua Fit 10:15 am Yoga 4:00-6:00 pm Happy Hour 6:00 pm Bocce Meet-up 	<ul style="list-style-type: none"> 10:15 am Aqua Fit 11:15 am Aqua Fit 	<ul style="list-style-type: none"> 11:00 am Hot Rides & Hot Dogs Jewish Cultural Club (Passover Dinner)
	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis 	<ul style="list-style-type: none"> 9:00 am Aqua Fit 9:00 am Fit Camp 9:00 am Beginner Pickleball 10:00 am Inter & Adv Pickleball 10:15 am Yoga 10:15 am Aqua Fit 12:00 pm Ladies' Lunch Bunch 	<ul style="list-style-type: none"> 9:00 am Spring Marketplace 9:00 am Inter & Adv Tennis 9:00 am Spring Marketplace 10:15 am Aqua Fit 11:15 am Aqua Fit Class Outside 			

SPORTS SCHEDULE

UPCOMING RACQUET CLUB SPECIAL EVENTS

SIGN UP FOR ALL EVENTS ON THE CHELSEA BOOKING SYSTEM

TENNIS SCHEDULE

BAGELS & BALLS

Wednesdays, January 13th, February 17th, March 17th

9:00 a.m. – 10:30 a.m.

Come enjoy complimentary bagels and play with our Tennis pros. It is free to attend and limited to 15 participants. Email the Pro Shop to register at valenciabonitaproshop@gmail.com.

All Tennis clinics require a minimum of four players and a maximum of eight players per session.

CARDIO TENNIS CLINIC

Mondays, 9:00 a.m. – 10:00 a.m.

Cardio Tennis is an engaging group fitness program featuring the heart-pumping effects of tennis drills, games, and skills. This clinic delivers the ultimate full body, calorie burning, aerobic and anaerobic workout. All ages and all fitness levels welcome.

\$10 per person and register on the Chelsea reservation system.

BEGINNER TENNIS CLINICS

Mondays, 10:00 a.m. – 11:00 a.m.

Have you been thinking of giving tennis a try? We would love to introduce you to the game. The Beginner Tennis Clinics will introduce players to the basics and fundamentals of the sport. \$10 per person and register on the Chelsea reservation system.

INTERMEDIATE & ADVANCED TENNIS CLINICS

Wednesdays, 9:00 a.m. – 10:00 a.m.

This clinic focuses on all the skills you will need to succeed in your next match. Players review doubles strategy, advanced drills, and point play. The clinic guarantees you will bring your game to the next level while having fun! \$10 per person and register on the Chelsea reservation system.

PICKLEBALL SCHEDULE

DISCO & DONUTS

Saturday, January 9th

9:00 a.m. – 10:30 a.m.

Don your favorite 70's outfit, disco attire, tie-dye shirt, or groovy apparel to play a round robin game with the pickleball pros. Complimentary donuts and juice will be provided. Free to attend and limited to 15 participants. Email the Pro Shop to register at valenciabonitaproshop@gmail.com.



CUPID'S COURT

Saturday, February 13th

9:00 a.m. – 10:30 a.m.

In anticipation of Valentine's Day, let our pros show how much they LOVE playing with you! Complimentary Valentine's Day treats will be available and sport your red and pink to play with the pros. Free to attend and limited to 15 participants. Email the Pro Shop to register at valenciabonitaproshop@gmail.com.



MORNING MUFFINS

Saturday, March 13th

9:00 a.m. – 10:30 a.m.

Enjoy complimentary fresh muffins court-side, while playing round robin format with the pros. Free to attend and limited to 15 participants. Email the Pro Shop to register at valenciabonitaproshop@gmail.com.

All Pickleball clinics require a minimum of four players and a maximum of eight players per session.

BEGINNER PICKLEBALL CLINICS

Tuesdays, 9:00 a.m. – 10:10:00 a.m.

New to Pickleball and want a better understanding of the basics? The clinic will focus on learning the pickleball rules and skills to start playing.

INTERMEDIATE & ADVANCED PICKLEBALL CLINICS

Tuesdays, 10:00 a.m. – 11:00 a.m.

Looking to advance your pickleball skills? The focus of this clinic will be developing essential shots, control, and strategy for improved play for levels 2.5 and higher.

PICKLEBALL LADDER LEAGUE

Starts January 10th!

2.5, 3.0, and 3.5 mixed league match-ups. The schedule is coordinated and played on your time. Email the Pro Shop to register at valenciabonitaproshop@gmail.com.

BOCCE SCHEDULE

BOCCE MEET-UPS

Bi-weekly on Thursdays starting January 14th

6:00 p.m. – 7:30 p.m.

Played in a round robin format, join a group of up to eight players for a fun evening of Bocce. The benefits of playing Bocce include improving your coordination, relieving stress, light cardio, and making new friends. It is free to play. Email the Pro Shop to register at valenciabonitaproshop@gmail.com.

SPRING BOCCE LEAGUE

Starts January 10th

Teams of two players can register and play in the 16-week bocce league for a chance to win 1st, 2nd, and 3rd place prizes. It is free to play and scheduled around your time. Email the Pro Shop to register at valenciabonitaproshop@gmail.com.

Register to participate at valenciabonita.com under Racquet Club & Courts

CANCELLATION POLICY Must contact the pro shop 24-hours before reservation otherwise you will be fully charged.

SPORTS CENTER



SIMONE JARDIM SPORTS DIRECTOR

Wishing everyone a healthy and happy 2021. As our community grows we look forward to our Tennis, Pickleball, and Bocce leagues being fun and competitive. While some restrictions remain in place, we are thrilled to be able to offer more social events for our residents to enjoy. I look forward to seeing you courtside at our two upcoming Pro Exhibitions for Tennis and Pickleball. Cheers to a great 2021!

Regards, Simone Jardim
Pro Shop: (239) 908-0880, Ext. 8

TENNIS & PICKLEBALL PRO EXHIBITIONS

January 15th & 16th • 10:00 a.m. Courts



Ben Johns

Come watch a Tennis and Pickleball Pro Exhibition to see the following world-class athletes on the courts. In addition to watching Simone Jardim (*ranked the #1 female Pickleball champion in the world*), and Rebecca Morse, guests Dekel Bar, Ben Johns, and Rob Nunnery will be playing. Dekel Bar was once top 400 in doubles in the ATP tour and now a top ranked pickleball player. Ben Johns is ranked the #1 male player in the world for pickleball, and Rob Nunnery is a Division 1 tennis player and a touring pickleball pro. The Tennis Exhibition will be held on January 15th and Pickleball Exhibition will be held on January 16th.

RSVP's are required as social distancing guidelines apply.
To RSVP email valenciabonitaproshop@gmail.com



Simone Jardim

PRIVATE, SEMI-PRIVATE, & GROUP LESSONS AVAILABLE!

Contact the Pro Shop to schedule private, semi-private, or group lessons.
Prices range \$60 – \$100/hour

BOOK YOUR COURTS! Court Reservations are Required to Book Your Courts:

Visit valenciabonitahoa.com, Located under Courts • Log into your Chelsea User Account

CANCELLATION POLICY

Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.



THE SPA AT VALENCIA BONITA



The Spa at Valencia Bonita strives to make your experience wonderful from start to finish! Let our talented staff help you find the right treatment or beauty product to match your lifestyle.

Let us nourish your mind, body, and spirit with a relaxing massage, custom-blended facial, or revitalizing

body treatment. We offer manicures, pedicures, facials, massages, waxing and tinting, and body treatments.

Specials Just for YOU!

Enjoy a complimentary glass of champagne with any Spa service!

Receive \$5.00 off when you book a manicure and pedicure on the same day!



JANUARY

NEW YEAR, NEW YOU!

Wellness Massage \$99 (+tax/gratuity)
Enjoy a full-body dry brushing, 60-minute Bliss CBD massage for the ultimate body wellness and relation.

"SPARKLE" WITH TOUCHSTONE CRYSTAL BY SWAROVSKI

Wednesday, January 13th • 3:00 p.m.

In the Social Hall

This sip and shop will preview the latest jewelry trends, and includes a free gift with any purchase. Enter raffles for a chance to win free jewelry! Complimentary bubbly will be served. Free to attend and RSVPs are required to admin@u-topiaspa.com.

FEBRUARY

SWEETHEART SPECIAL

Book an appointment for you and your Sweetheart on the same day to receive 25% OFF one of the treatments!



WHISKEY WEDNESDAY FOR MEN

Our men deserve pampering too! Receive a complimentary glass of whiskey with any service booked on Wednesdays during February, plus 10% OFF your Spa treatment!

MARCH

MARCH MADNESS

Book more than one treatment in a day, receive 10% OFF your second treatment, 15% OFF your third treatment! (Conditions apply.) Call 239.908.0880 ext 9 to learn more.

NATURAL NAIL CARE WITH DAZZLE DRY Friday, March 19th • 3:00 p.m.

In the Social Hall

Learn about and experience Dazzle Dry, our vegan and nontoxic polish and nail care line that dries in 5 minutes! Free to attend the presentation and complimentary polish changes included. RSVP required to admin@u-topiaspa.com as space is limited.



FITNESS PROGRAMS



AQUA FIT: A low-impact water aerobics class where no swimming skills are needed, and all fitness levels are welcome! This class is designed to improve flexibility, range of motion, overall body and core strength, muscle tone, and cardiovascular endurance, while using the resistance of the water to cushion the feet, knees, and back. Exercises are performed to upbeat, motivating music and are effective, easy, and fun to follow. Whether you are a beginner or expert, you will be sure to get a great workout!

STRETCH AND TONE: A total body targeted workout that incorporates yoga, pilates, barre, strength, and balance training. It tones and shapes muscles, while incorporating stretching to improve flexibility. A nice balance to create a long and lean physique.

FIT CAMP: An exercise class designed to engage all of the body's major muscle groups, using an Interval Approach, where individual exercises are repeated for intervals of approximately 30 seconds, followed by a brief recovery period of approximately 10 seconds. Goals include Muscle Toning and Strengthening, Resistance Training using weights, Balance, Coordination, and Endurance. The class involves enhancing and improving movement in our muscles and joints, as well as strengthening CORE MUSCLES (Torso) that stabilize the spine and provide support for all movement activities. FUN movements are incorporated: Functional, Usable, and Natural!

YOGA: Yoga is a stretching class with simple breathing exercises and seated meditation. Empower your mind and strengthen your body as you move through a series of poses. Great for increasing flexibility and relieving stress.



TOTAL HEALTH SYSTEMS PERSONAL TRAINING

What can a personal trainer do for you?

THS trainers will help you develop greater flexibility, strength and endurance. Personal training can improve your cardiovascular system and help with sports-specific training (tennis, golf, etc.)

60-MINUTE SESSIONS

15 Sessions	\$900.00	\$60.00/hr
10 Sessions	\$650.00	\$65.00/hr
3 Sessions	\$210.00	\$70.00/hr

30-MINUTE SESSIONS

10 Sessions	\$450.00	\$45.00/½ hr
3 Sessions	\$150.00	\$50.00/½ hr

We also offer Free Fitness Evaluation

FOR MORE INFORMATION

visit: www.totalhealthsystemsinc.com
call: 239.224.3477
email: info@totalhealthsystemsinc.com

JAN-MAR 2021 SCHEDULE

TUESDAY

Aqua Fit	9:00 a.m. – 10:00 a.m.
Fit Camp	9:00 a.m. – 10:00 a.m.
Aqua Fit	10:15 a.m. – 11:15 a.m.
Yoga	10:15 a.m. – 11:15 a.m.

WEDNESDAY

Aqua Fit	10:15 a.m. – 11:15 a.m.
Aqua Fit	11:15 a.m. – 12:15 a.m.

THURSDAY

Aqua Fit	9:00 a.m. – 10:00 a.m.
Stretch & Tone	9:00 a.m. – 10:00 a.m.
Aqua Fit	10:15 a.m. – 11:15 a.m.
Yoga	10:15 a.m. – 11:15 a.m.

FRIDAY

Aqua Fit	10:15 a.m. – 11:15 a.m.
Aqua Fit	11:15 a.m. – 12:15 a.m.

\$30/Month/Twice a week

Or

\$50/Month/4x a week

(Must contact THS to receive discount)



COOKING CLASSES WITH **CHEF BRIAN ROLAND**

Join culinary expert **Chef Brian Roland** for an up close and personal cooking demonstration in the **Social Hall**.

All guests will get to taste three courses and wine.
Book your reservation today! Limited space available.

To purchase tickets, visit zestbonita.com/tickets.

New Year, New You! **Healthy At Home**

January 13th • 4:00 – 6:00 p.m.

\$45 per person • plus tax & gratuity

Southern Country Cooking

January 27th • 2:00 – 4:00 p.m.

\$40 per person • plus tax & gratuity

Cooking with Beer

February 10th • 2:00 – 4:00 p.m.

\$40 per person • plus tax & gratuity

Marinating Meats, Fish, & Vegetables

February 24th • 2:00 – 4:00 p.m.

\$40 per person • plus tax & gratuity

Spanish Tapas & Sherry Tasting

March 10th • 2:00 – 4:00 p.m.

\$40 per person • plus tax & gratuity



CLUB BEAT



Below is a listing of current clubs and the number is quickly growing! Clubs are open to all!
If you are interested in any of the following clubs, please go to www.valenciabonitahoa.com and visit the Club and Interest Group tab. Feel free to contact the club facilitator using the email address provided.

If you would like to start a new club, please contact Kelly at Krhoades@grsmgt.com.

ACOUSTIC MUSIC JAM

David Zook
zookmo@comcast.net

CRIBBAGE

Paul Selinger
paulselinger@gmail.com

JEWELRY CLUB

Linda Weinstein
lweinstein34109@yahoo.com

POKER

Steven Berk
dakatie@aol.com

ACRYLIC CLUB

Joann Wasylenko
wasylenko1003@comcast.net

EUCHRE CLUB

Sharon Aamoth
wasa79@aol.com

JEWISH CULTURAL CLUB

Ellen Kahn
ellenkahn@gmail.com

POTTERY CLUB

Tami Wolfe
twolfe5980@gmail.com

ADVENTURE CLUB

Jeff Wiener
jeffreyweiner58@gmail.com

FISHING CLUB

Jerry Baum
jbaum1582@aol.com

LADIES' LUNCH BUNCH

Louise La Sala
loula22828@msn.com

SEWING CLUB

Laurie Shuss
quartet20@yahoo.com

BELLA ITALIA CLUB

Tony Carrano
tonuni612@yahoo.com

GAME NIGHT

Carol Weisberg
carolw@tetragonia.com

LEFT, RIGHT, CENTER

Susan Miranda
sjmir@aol.com

STITCHES CLUB

Barbara Sherman
barbararsherman@comcast.net

BOOK CLUB

Donna Ewald
daewald@comcast.net

GARDEN CLUB

Denis Franks
denisfranks@comcast.net

MAHJONGG – ADVANCED

Debbie Pagliaro
debiboo22@aol.com

TEXAS HOLD'EM

Steven Berk
dakatie@aol.com

BRIDGE-PAIRS/COUPLES

Bonnie Elberson
elbersonb@gmail.com

GOLF CLUB

Roger Ciarleglio
rciarleg@comcast.net

MAHJONGG – CASUAL

Ellen Kahn
ellenkahn@gmail.com

TRAVEL CLUB

Greg Shuss
gregshuss@yahoo.com

BRIDGE-SINGLES

Bonnie Elberson
elbersonb@gmail.com

HAND AND FOOT

Joy Snow
joysnow403@gmail.com

MAHJONGG – CHINESE

Joy Snow
joysnow403@gmail.com

WATERCOLOR PAINTING

Joann Wasylenko
wasylenko1003@comcast.net

BUNCO

Susan Miranda
sjmir@aol.com

HAND AND FOOT PAIRS/DOUBLES

Nancy Baum
nancyb0460@aol.com

MEN'S CLUB OF VB

Steven Berk
dakatie@aol.com

WELLNESS CLUB

Kami Auld
kamiami@comcast.net

CANASTA

Lucy Ragone
metweety58@gmail.com

HAND, KNEE & FOOT

Lucy Ragone
metweety58@gmail.com

PERFORMANCE CLUB

Celia Couture
Cooch1950@gmail.com

WINE CLUB

Paul Kucharski
pakuch@sbcglobal.net

CANASTA – COUPLES

Carol Weisberg
carolw@tetragonia.com

HELPING HANDS

Ellen Kahn
ellenkahn@gmail.com

PHILANTHROPY CLUB

Patty Doran
iwcwebbo@aol.com

CORVETTE CLUB

Marc Levy
mslevy13237@gmail.com

ICLUB

Carol Schweigert
caschwe1@yahoo.com

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alorenc10@outlook.com