

VALENCIA **BONITA** **BUZZ**

COMMUNITY NEWSLETTER FOR VALENCIA BONITA HOMEOWNERS | APRIL-JUNE 2021



END-OF-SEASON LUAU

April 23rd

CINCO DE MAYO FIESTA

May 5th

MEMORIAL DAY CELEBRATION

May 31st

BURGERS AND BURLESQUE

June 19th

55+ LIVING AT ITS BEST

The Club at Valencia Bonita is Located at:

16621 Valencia Bonita Boulevard, Bonita Springs, FL 34135

Clubhouse Main Line: (239) 908-0880

GRS Community Management Hours:

9:00 a.m. – 5:00 p.m. Daily

Community Association Manager

Adam Smalley, LCAM, CMCA
Asmalley@grsmgt.com • Extension 1
or Direct Dial 239.329.5563

Clubhouse Manager Kelly Rhoades

Krhoades@grsmgt.com • Extension 2
or Direct Dial 239.361.2001

Lifestyle Director Rosemary Zore

Rzore@grsmgt.com • Extension 3
or Direct Dial 239.329.5637

Resident Services Attendant Gracie Burkett

Gburkett@grsmgt.com • Extension 0

Administrative Assistant Tina Gerhardt

Tgerhardt@grsmgt.com • Extension 6

ZEST RESTAURANT

Owner Brian Rolland

Brian@ZestBonita.com

Food and Beverage Director

Charles Shepard

Charles@ZestBonita.com • Extension 5

Executive Chef Debra Bicknese

Debra@ZestBonita.Com • Extension 5

Reservations are strongly encouraged.

Visit www.zestbonita.com/resident

TOTAL HEALTH SYSTEMS

Fitness Director Marni Rudnick

info@totalhealthsystemsinc.com

239.224.3477

RACQUET CLUB & PRO SHOP

Sports Director Chad Edwards

28511 Sicily Loop,

Bonita Springs, FL 34135

ValenciaBonitaProShop@gmail.com

Extension 8 or Direct Dial 239.221.7104

U-TOPIA SPA

Owner Christin Bones

admin@u-topiaspa.com

Extension 9 or Direct Dial 239.361.2002



A MESSAGE FROM YOUR HOA PRESIDENT

With almost 600 homes closed, we can expect another great quarter of new residents moving into the

community. Over 750 out of 996 homes sold and it is thanks to the many referrals and word of mouth about how great this community is. We will continue to operate safely and cautiously while COVID 19 restrictions linger.

Thank you for selecting Valencia Bonita as your home.

Dianna Betancourt

Project Manager and HOA President



A MESSAGE FROM YOUR PROPERTY MANAGER

As season is winding down, we have some scheduled upgrades we plan to implement that will ultimately improve

your experience. In May, our Resistance Pool will undergo further construction to increase the water pressure in the pool. There may be a few weeks where that pool service is interrupted, and we thank you in advance for your patience while we work to upgrade the pool.

As always, if you need car stickers, key fobs, have questions about Architectural Review Forms, or have concerns about the HOA, Tina Gerhardt or I will be happy to assist you.

Please contact Tina first, if you need assistance with car stickers and key fobs. Thank you!

Adam Smalley

Community Association Manager, LCAM



A MESSAGE FROM YOUR CLUBHOUSE MANAGER

I would like to thank all our wonderful residents for selecting Valencia Bonita as your home! I have been working behind-the-scenes to ensure daily operations for activities and events run smoothly and all your amenities are in pristine condition. I look forward to sharing the upcoming holidays (Easter, Mother's Day, and Father's Day) with you!

With COVID 19 still lingering, programs and events may be subject to change. I encourage you to check the calendar on the HOA website (valenciabonitahoa.com) to verify the daily activities, as we continue opening more rooms in the clubhouse.

If you have feedback or concerns about our Lifestyle vendors, programs, staff, or operations, my door is always open, and I will continue to strive to improve your experience. Thank you for your continued support!

Kelly Rhoades
Clubhouse Manager



A MESSAGE FROM YOUR LIFESTYLE DIRECTOR

I would like to thank everyone for the warm welcome that I have received! I would also like to take this opportunity to thank everyone for being understanding and patient as we continue to navigate our social activities through COVID-19 restrictions.

We have some exciting activities planned in the coming months and I hope to see you participating. I encourage you to stay connected with our weekly updates, newsletter and HOA website. If you are not receiving our weekly emails, please contact us to assist you.

If you have any recommendations and ideas for things that you would like to see in the future, please do not hesitate to let me know. My door is always open. I want you all to enjoy this beautiful community and all it has to offer!

Again, thank you for the warm welcome and if you have not met me yet, please come and introduce yourself, either in my office or just say 'hi' when you see me around the Clubhouse.

Rosemary Zore
Lifestyle Director



NEW HOMEOWNER ORIENTATION

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs of using the amenities, programs, web systems, property questions, and more. Residents are required to be closed on homes and to RSVP in advance to Gburkett@grsmgt.com.

1st Wednesday of Every Month @ 11:00 a.m.
April 7th, May 5th, June 2nd

SHRED DAY

April 9th 1:00 p.m. – 3:00 p.m.

IT IS TIME FOR SPRING CLEANING!

Bring your papers, old checkbooks, folders, stapled paper, and books to be shredded onsite. Safeguard Shredding will be onsite to help you safely dispose of any important documents/papers.

This is a free event for residents;
RSVP to Gburkett@grsmgt.com



HOLIDAYS



Bunny Brunch

SUNDAY, APRIL 4th,
10:30 a.m. – 3:00 p.m.
\$49.95 Per Person
(plus tax and gratuity)

Come say 'hi' to the Easter Bunny and enjoy a delicious brunch provided by Zest. The three-course menu starts with your choice of New England Clam Chowder, Italian Seafood Salad, Avocado Toast, or Strawberry and Spinach Salad. The delicious entrees you can select from include Lobster and Crab Quiche, Braised Lamb Shank, Honey Baked Ham, Grilled Salmon, Grilled Vegetable Fritta, or Grilled Chicken Breast. Complete the brunch with a delectable dessert, and a complimentary mimosa is included in the ticket price.

Reservations are required. Visit zestbonita.com/resident to make your Bunny Brunch reservations.



Mimosas with Mom



SUNDAY, MAY 9th
10:30 a.m. – 3:00 p.m.

\$49.95 Per Person
(plus tax and gratuity)

Celebrate the women you love with a three-course brunch at Zest. Start with your choice of Smoke Trout Salad, Filet of Beef Skewers, Grilled Asparagus Provençal or Spring Minestrone soup.

You may select your entree from: Ricotta Pancakes, Short Ribs and Eggs, Quiche Lorraine, Pan-Seared Grouper, or Fried Chicken and Sweet Waffles. Dessert sweetens the day with a choice between Almond Cake or White Chocolate Mousse. A complimentary mimosa is included in the ticket price.

Reservations are required. Visit zestbonita.com/resident to make your Mother's Day reservations.



Memorial Day BBQ Poolside

MONDAY, MAY 31st
1:00 p.m. – 5:00 p.m.

\$5.00 Per Person (plus tax)
General Admission Party Ticket

\$25.00 Per Person (plus tax)
Food & Party Ticket

Enjoy an All-American BBQ poolside while DJ Jay Rigdon entertains you. Look for the weekly update for full details coming soon!



EVENTS & ACTIVITIES

APRIL • MAY • JUNE



Luau

END-OF-SEASON PARTY

FRIDAY, APRIL 23rd
6:00 p.m. – 9:00 p.m.
Poolside

\$49.95 Per Person
(plus tax and gratuity)

Don your festive Hawaiian shirt and dress and join us to celebrate the end-of-Season with a Luau!

Enjoy tropical music by Marco Music Man J Robert, see the flames swirl with a Fire Dancer performance, wiggle your hips with Hula Dancers, and enjoy a delicious Luau menu.

Minimum of 100 participants required to host. Look for the weekly update to purchase your tickets.



COFFEE & CONVERSATION

April 21st, May 19th, June 16th
2:00 p.m. • Social Hall

Join the Lifestyle team for a sneak peek look at the upcoming events, activities, holidays, and more! Complimentary coffee will be provided. Share your suggestions and feedback for fun activities. RSVP to Gracie Burkett at Gburkett@grsmgt.com.



JUKEBOX BINGO

April 14th, May 19th, June 16th
7:00 p.m. • Social Hall

Jukebox Bingo is a combination of "Name That Tune" and traditional Bingo, with some fun music thrown in! Games are themed with music from the 50s, 60s, 70s, Motown, and more. \$10 per person includes the DJ, bingo prizes, and supplies. Social distancing guidelines apply, and space is limited to 100 participants. To register, the online credit card link will be available under the calendar listing at valenciabonitahoa.com or visit the Box Office.



APRIL

COMEDY SHOW

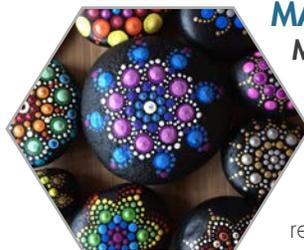
Wednesday, April 7th • 7:00 p.m. • Social Hall
\$20 per person (plus tax)
Featuring Comedian Monique Marvez



Monique and unique go hand in hand. Monique is a TV and Radio personality who offers up the perfect comedic balance between "A-ha!" and "Ha-ha!" As seen on HBO, Comedy Central, several talk shows and on Showtime, including her own one-hour Showtime Special, "Not Skinny, Not Blonde." Wowing audiences worldwide, we are excited to welcome Monique Marvez to the Valencia Bonita stage. Look for the link to purchase tickets in the weekly update or visit the Box Office.

MANDALA GARDEN ROCK PAINTING CLASS

Monday, April 12th • 2:00 p.m. – 4:00 p.m.
\$35 per person



This garden rock can be placed in your garden, inside a potted plant, used as a paperweight or just a beautiful piece of art to display. No art skills required, and ticket price includes professional art instruction, all supplies, and fun.

EVENTS & ACTIVITIES

MAY

LADIES' LUNCH & FASHION SHOW

Saturday, May 1st • 11:00 a.m. – 2:00 p.m. • Social Hall
\$35 per person (plus tax & gratuity)



Come see the latest fashion trends brought to you by Cristina Marie's Boutique. Stylish designs for all shapes and sizes will be featured on our own resident models. The lunch will feature a selection of salads, sandwiches, and desserts. Look for the weekly update to see when tickets go on sale.

LET'S GET DERBY

Saturday, May 1st • 6:00 p.m. – 9:00 p.m.
Poolside • \$20 per person (plus tax)



Wear your best Derby hat for a chance to win a \$100 gift card prize! Watch the races poolside on two large 75" TVs, as well as listening to music by DJ Ken, all while you enjoy a themed, a la carte menu provided by Zest. Food and beverage will be available for purchase separately. Look for the weekly update for when tickets go on sale.

CINCO DE MAYO FIESTA

Wednesday, May 5th
5:00 p.m. – 8:00 p.m. • Poolside
\$20 per person (plus tax)



Enjoy a festive evening of fun music, games, and Latin Dancers poolside. Prizes will be awarded for the Sombrero toss and the Adult Pinata. Food and beverage will be available for purchase separately, with a Mexican-themed a la carte menu provided by Zest. Look for the weekly update for when tickets go on sale.

HAVANA NIGHTS DINNER & COMEDY SHOW

Friday, May 14th, 5:30 p.m.
Social Hall • \$49.00 per person



Come dressed in your "Havana Nights" inspired attire. Feel the rhythm of Latin music while dining or grab a cigar from the Cigar Roller. Following dinner, laugh till it hurts with the comedy of Al Romera and Carl

Guerra. The three-course menu features a starter choice between an Ensalta or Mojo Chicken Soup. The Cuban-inspired entrees include Ropa Vieja, Corvina Fish, or Tostones y Avocado, followed by Guava Cheesecake or Flan. Look for the weekly update for when tickets go on sale.

JUNE

NAME THAT TUNE

Wednesday, June 2nd • 7:00 p.m.
Social Hall



Compete to correctly identify songs being played DJ Jay Rigdon. Games are themed with music from the 50s, 60s, 70s, Motown, and more. \$10 per person includes the DJ, prizes, and supplies. Social distancing guidelines apply, and space is limited to 100 participants.

ITALIAN NIGHT

Saturday, June 12th
5:30 p.m. Pasta Dinner
6:30 p.m. Show Social Hall
\$42 per person (plus tax)



Come hear the lead singer of the Capris, Michael D'Amore, who will be singing the very best of the 50's, 60's, and 70's hits. Dinner includes a three-course meal starting with a salad, pasta entrée, and dessert. Look for the weekly update for when tickets go on sale.

BURGERS AND BURLESQUE

Saturday June 19th • 11:30 a.m.
\$35.00 per person (plus tax)



Enjoy lunch and a show from Glam! Bam! Burlesque! The dance group is a Southwest FL based burlesque troupe/production bringing you the art of the classic tease. Look for the weekly update for when tickets go on sale.

EVENT POLICY: Please note all events are subject to change. For all paid events, you must cancel by the RSVP deadline. No reservations are guaranteed unless payment is made. Checks or money orders only. **Checks may be made payable to VB HOA, or you may pay online at www.valenciabonithoa.com.**



TASTY DINING FEATURES!

In addition to full menu options, each week features delectable specials such as Seafood, Italian, Steak, Tex-Mex, Greek, and more!

Look for the weekly emails for the weekly dining features.



SUNDAY BRUNCH!

Held the third Sunday of each month, Sunday Brunch offers a delicious offering of Eggs Benedict, Pancakes, French Toast, Steak and Eggs, and more!

APRIL - MAY • HOURS OF OPERATION

Wednesday *Dinner Only	5:00 p.m. – 8:00 p.m.
Thursday – Saturday	11:00 a.m. – 8:00 p.m.
Sundays	11:00 a.m. – 5:00 p.m.

(Brunch 3rd Sunday of the Month)

**Hour may vary on holidays*

Weekly Drink Features!



WINE DOWN WEDNESDAYS

15% Off Select Bottles of Wine



THIRSTY THURSDAYS

Happy Hour

4:00 p.m. to 6:00 p.m.
\$4 select beer and wine.
\$6 small bites and house mixed drinks.



APRIL 2021

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR KEY <ul style="list-style-type: none"> ● Fitness ● Courts ● Lifestyle / Clubs ● Dog Park ● Zest ● Social Hall ● Spa ● Arts & Crafts Studio 					<ul style="list-style-type: none"> ● 9:00 am Fresh Catch Fish & Co. 1 ● 9:00 am Stretch & Tone ● 9:00 am Cardio Tennis ● 9:30 am Aqua Chi ● 10:00 am Acrylic Painting Club ● 10:15 am Yoga Class ● 10:30 am Aqua Fit ● 4:00 pm Happy Hour 	<ul style="list-style-type: none"> ● 9:30 am Zumba 2 ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit 	<ul style="list-style-type: none"> ● 4:30 pm Doggy Dates 3
	Easter Sunday 4 <ul style="list-style-type: none"> ● 10:30 am-3:00 pm Bunny Brunch 	5 <ul style="list-style-type: none"> ● 9:00 am Cardio Tennis ● 10:00 am Beginner Tennis Clinic ● 10:00 am Watercolor Club ● 11:00 am Fishing Club 	6 <ul style="list-style-type: none"> ● 9:00 am Fit Camp ● 8:00 am Intro to Pickleball Clinic ● 9:00 am Beyond Beginner Pickleball Clinic ● 9:30 am Aqua Chi Class ● 10:00 am Inter & Adv Pickleball Clinic ● 10:15 am Yoga Class ● 10:30 am Aqua Fit Class ● 7:00 pm Folk Music Group 	7 <ul style="list-style-type: none"> ● 8:00 am Pickleball Intermediate/Advanced Clinic ● 9:00 am Inter & Adv Tennis ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:00 am New Resident Orientation ● 11:15 am Aqua Fit ● 3:00 pm Travel Club ● 7:00 pm Comedy Show Monique 	8 <ul style="list-style-type: none"> ● 9:00 am Fresh Catch Fish & Co. ● 9:00 am Stretch & Tone ● 9:00 am Cardio Tennis ● 9:30 am Aqua Chi ● 10:00 am Acrylic Painting Club ● 10:15 am Yoga Class ● 10:30 am Aqua Fit ● 4:00 pm Happy Hour ● Bocce Meet-Up 	9 <ul style="list-style-type: none"> ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit ● 1:00-3:00 pm Shred Day 	10 <ul style="list-style-type: none"> ● 8:00 am Morning Muffins
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	

MAY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<ul style="list-style-type: none"> 11:00 am Ladies' Lunch & Fashion Show 12:30 pm Garden Club – Empty Bowls Event 6:00-9:00 pm Let's Get Derby Party
2	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis Clinic 10:00 am Watercolor Club 	3 <ul style="list-style-type: none"> 9:00 am Fit Camp 8:00 am Intro to Pickleball Clinic 9:00 am Beyond Beginner Pickleball Clinic 9:30 am Aqua Chi Class 10:00 am Inter & Adv Pickleball Clinic 10:15 am Yoga Class 10:30 am Aqua Fit Class 7:00 pm Folk Music Group 	4 <ul style="list-style-type: none"> 8:00 am Pickleball Intermediate/Advanced Clinic 9:00 am Inter & Adv Tennis 9:30 am Zumba 10:15 am Aqua Fit 11:00 am New Resident Orientation 10:15 am Aqua Fit 1:00 pm Helping Hands Club 4:00 pm Travel Club 5:00 pm Cinco De Mayo Fiesta 	5 <ul style="list-style-type: none"> 9:00 am Fresh Catch Fish & Co. 9:00 am Stretch & Tone 9:00 am Cardio Tennis 9:00 am Aqua Chi 10:00 pm Acrylic Painting Club 10:15 am Yoga Class 10:30 am Aqua Fit 2:00 pm Hangover Hand & Foot Massages 4:00 pm Happy Hour Bocce Meet-up 	6 <ul style="list-style-type: none"> 9:30 am Zumba 10:15 am Aqua Fit 11:15 am Aqua Fit 	7 <ul style="list-style-type: none"> 8:00 am May Madness Play with the Pro
9 <ul style="list-style-type: none"> Happy Mother's Day 10:30 a.m. – 3:00 p.m. Mimosas with Mom Brunch 	10 <ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis Clinic 10:00 am Watercolor Club 	11 <ul style="list-style-type: none"> 9:00 am Fit Camp 8:00 am Intro to Pickleball Clinic 9:00 am Beyond Beginner Pickleball Clinic 9:30 am Aqua Chi Class 10:00 am Inter & Adv Pickleball Clinic 10:15 am Yoga Class 10:30 am Aqua Fit Class 	12 <ul style="list-style-type: none"> 8:00 am Bagels & Balls 8:00 am Pickleball Intermediate/Advanced Clinic 9:00 am Mobile Bike Medic 9:00 am Inter & Adv Tennis Clinic 9:30 am Zumba 10:15 am Aqua Fit 11:15 am Aqua Fit 2:00 pm Sewing Club 6:00 pm Chef's Wine Series 	13 <ul style="list-style-type: none"> 9:00 am Stretch & Tone 9:00 am Cardio Tennis 9:00 am Aqua Chi 10:00 pm Acrylic Painting Club 10:15 am Yoga Class 10:30 am Aqua Fit 4:00 pm Happy Hour 	14 <ul style="list-style-type: none"> 9:30 am Zumba 10:15 am Aqua Fit 11:15 am Aqua Fit 5:30 pm Havana Nights Comedy Show 	15
16 <ul style="list-style-type: none"> 10:30 am-2:00 pm Sunday Brunch 	17 <ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis Clinic 10:00 am Watercolor Club 2:00 pm Holistic Wellness Club 7:30 pm Jewish Cultural Clubs 	18 <ul style="list-style-type: none"> 9:00 am Fit Camp 8:00 am Intro to Pickleball Clinic 9:00 am Beyond Beginner Pickleball Clinic 9:30 am Aqua Chi Class 10:00 am Inter & Adv Pickleball Clinic 10:15 am Yoga Class 10:30 am Aqua Fit Class 7:00 pm Folk Music Group 	19 <ul style="list-style-type: none"> 8:00 am Pickleball Intermediate/Advanced Clinic 9:00 am Inter & Adv Tennis Clinic 9:30 am Zumba 10:15 am Aqua Fit 11:15 am Aqua Fit 1:00 pm Philanthropy Club 2:00 pm Coffee & Conversation 7:00 pm Jukebox Bingo 	20 <ul style="list-style-type: none"> 9:00 am Stretch & Tone 9:00 am Cardio Tennis 9:00 am Aqua Chi 10:00 pm Acrylic Painting Club 10:15 am Yoga Class 10:30 am Aqua Fit 4:00 pm Happy Hour Bocce Meet-up 	21 <ul style="list-style-type: none"> 9:30 am Zumba 10:15 am Aqua Fit 11:15 am Aqua Fit 	22 <ul style="list-style-type: none"> 4:30 pm Tennis & Tequila
23	<ul style="list-style-type: none"> 9:00 am Cardio Tennis 10:00 am Beginner Tennis Clinic 10:00 am Watercolor Club 	24 <ul style="list-style-type: none"> 9:00 am Fit Camp 8:00 am Intro to Pickleball Clinic 9:00 am Beyond Beginner Pickleball Clinic 9:30 am Aqua Chi Class 10:00 am Inter & Adv Pickleball Clinic 10:15 am Yoga Class 10:30 am Aqua Fit Class 12:00 pm Ladies' Lunch Bunch Group 	25 <ul style="list-style-type: none"> 8:00 am Pickleball Intermediate/Advanced Clinic 9:00 am Inter & Adv Tennis Clinic 9:30 am Zumba 10:15 am Aqua Fit 11:15 am Aqua Fit 2:00 pm Give It A Glow 	26 <ul style="list-style-type: none"> 9:00 am Stretch & Tone 9:00 am Cardio Tennis 9:00 am Aqua Chi 10:00 pm Acrylic Painting Club 10:15 am Yoga Class 10:30 am Aqua Fit 4:00 pm Happy Hour 	27 <ul style="list-style-type: none"> 9:30 am Zumba 10:15 am Aqua Fit 11:15 am Aqua Fit 	28
30	31 <p>HAPPY MEMORIAL DAY! Memorial Day BBQ 1:00 – 4:00 pm</p>					

*Note calendar events are subject to cancellations and revisions. To view the latest calendar visit valenciabonitahoa.com

JUNE 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
		<ul style="list-style-type: none"> ● 9:00 am Fit Camp 1 ● 9:00 am Beginner Pickleball Clinic ● 9:30 am Aqua Chi Class ● 10:00 am Inter & Adv Pickleball Clinic ● 10:15 am Yoga Class ● 10:30 am Aqua Fit Class ● 7:00 pm Folk Music Group 	<ul style="list-style-type: none"> ● 8:00 am Pickleball 2 ● Intermediate/Advanced Clinic ● 9:00 am Inter & Adv Tennis ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:00 am New Resident Orientation ● 11:15 am Aqua Fit ● 4:00 pm Travel Club ● 7:00 pm Name That Tune 	<ul style="list-style-type: none"> ● 9:00 am Stretch & Tone ● 9:00 am Cardio Tennis ● 9:00 am Aqua Chi ● 10:00 pm Acrylic Painting Club ● 10:15 am Yoga Class ● 10:30 am Aqua Fit ● 4:00 pm Happy Hour ● Bocce Meet-up 	<ul style="list-style-type: none"> ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit 	<ul style="list-style-type: none"> ● 4:30 pm Doggy Dates 						
6	<ul style="list-style-type: none"> ● 9:00 am Cardio Tennis ● 10:00 am Beginner Tennis Clinic ● 10:00 am Watercolor Club ● 11:00 am Fishing Club Meeting 	7	<ul style="list-style-type: none"> ● 9:00 am Fit Camp 8 ● 8:00 am Beginner Pickleball Clinic ● 9:00 am Beyond Pickleball Clinic ● 9:30 am Aqua Chi Class ● 10:00 am Inter & Adv Pickleball Clinic ● 10:15 am Yoga Class ● 10:30 am Aqua Fit Class ● 7:00 pm Folk Music Group 	8	<ul style="list-style-type: none"> ● 8:00 am Pickleball 9 ● Intermediate/Advanced Clinic ● 8:00 am Bagels & Balls ● 9:00 am Mobile Bike Medic ● 9:00 am Inter & Adv Tennis ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit ● 2:00 pm Sewing Club ● 6:00 pm Chef's Wine Series 	9	<ul style="list-style-type: none"> ● 9:00 am Stretch & Tone ● 9:00 am Cardio Tennis ● 9:00 am Aqua Chi ● 10:00 pm Acrylic Painting Club ● 10:15 am Yoga Class ● 10:30 am Aqua Fit ● 4:00 pm Happy Hour 	10	<ul style="list-style-type: none"> ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit 	11	<ul style="list-style-type: none"> ● 8:00 am Summer Sweets Play with the Pro ● 5:30 pm Italian Night with Michael D'Amore 	12
13	<ul style="list-style-type: none"> ● 9:00 am Cardio Tennis ● 10:00 am Beginner Tennis Clinic ● 10:00 am Watercolor Club 	14	<ul style="list-style-type: none"> ● 9:00 am Fit Camp 15 ● 8:00 am Beginner Pickleball Clinic ● 9:00 am Beyond Pickleball Clinic ● 9:30 am Aqua Chi Class ● 10:00 am Inter & Adv Pickleball Clinic ● 10:15 am Yoga Class ● 10:30 am Aqua Fit Class 	15	<ul style="list-style-type: none"> ● 8:00 am Pickleball 16 ● Intermediate/Advanced Clinic ● 9:00 am Inter & Adv Tennis ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit ● 1:00 pm Helping Hands Club ● 2:00 pm Coffee & Conversation ● 7:00 pm Jukebox Bingo 	16	<ul style="list-style-type: none"> ● 9:00 am Stretch & Tone ● 9:00 am Cardio Tennis ● 9:00 am Aqua Chi ● 10:00 pm Acrylic Painting Club ● 10:15 am Yoga Class ● 10:30 am Aqua Fit ● 4:00 pm Happy Hour ● Bocce Meet-up 	17	<ul style="list-style-type: none"> ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit ● 2:00 pm Makeup & Mimosas 	18	<ul style="list-style-type: none"> ● 12:00 pm Burger & Burlesque ● 4:30 pm Tennis & Tequila 	19
20	<ul style="list-style-type: none"> ● 9:00 am Cardio Tennis ● 10:00 am Beginner Tennis Clinic ● 10:00 am Watercolor Club ● 2:00 pm Holistic Wellness Club 	21	<ul style="list-style-type: none"> ● 9:00 am Fit Camp 22 ● 8:00 am Beginner Pickleball Clinic ● 9:00 am Beyond Pickleball Clinic ● 9:30 am Aqua Chi Class ● 10:00 am Inter & Adv Pickleball Clinic ● 10:15 am Yoga Class ● 10:30 am Aqua Fit Class ● 7:00 pm Folk Music Group 	22	<ul style="list-style-type: none"> ● 8:00 am Pickleball Intermediate/Advanced Clinic ● 9:00 am Inter & Adv Tennis ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit 	23	<ul style="list-style-type: none"> ● 9:00 am Stretch & Tone ● 9:00 am Cardio Tennis ● 9:00 am Aqua Chi ● 10:00 pm Acrylic Painting Club ● 10:15 am Yoga Class ● 10:30 am Aqua Fit ● 4:00 pm Happy Hour 	24	<ul style="list-style-type: none"> ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit 	25	26	
27	<ul style="list-style-type: none"> ● 9:00 am Cardio Tennis ● 10:00 am Beginner Tennis Clinic ● 10:00 am Watercolor Club 	28	<ul style="list-style-type: none"> ● 9:00 am Fit Camp 29 ● 8:00 am Beginner Pickleball Clinic ● 9:00 am Beyond Pickleball Clinic ● 9:30 am Aqua Chi Class ● 10:00 am Inter & Adv Pickleball Clinic ● 10:15 am Yoga Class ● 10:30 am Aqua Fit Class ● 12:00 pm Ladies' Lunch Bunch Group 	29	<ul style="list-style-type: none"> ● 8:00 am Pickleball Intermediate/Advanced Clinic ● 8:00 am Pickleball Intermediate/Advanced Clinic ● 9:00 am Inter & Adv Tennis ● 9:30 am Zumba ● 10:15 am Aqua Fit ● 11:15 am Aqua Fit 	30						

SPORTS SCHEDULE & RACQUET CLUB EVENTS

THE PRO SHOP

Hours of Operation April – May
Monday – Saturday
8:00 a.m. – 1:00 p.m.

TENNIS SCHEDULE

SPRING & SWING

Wednesday, April 14th

Beginner 8:00 a.m. – 9:30 a.m.

Intermediate/Adv 9:30 a.m. – 11:00 a.m.

Come enjoy assorted fresh fruit and pastries and play with our Tennis pros. It is free to attend and limited to 15 participants per session. Register on Chelsea or Email the Pro Shop at valenciabonitaproshop@gmail.com



TENNIS & TEQUILA

Saturday, April 24th,
May 22nd & June 19th
4:30 p.m. – 6:30 p.m.

Come enjoy round robin play with mixed women and men. All levels welcome. Following the game, the group will relax by the Firepit and enjoy 'Happy Hour' drink specials. RSVPs are required to valenciabonitaproshop@gmail.com

All Tennis clinics require a minimum of four players and a maximum of eight players per session.

CARDIO TENNIS CLINIC

Mondays • 9:00 a.m. – 10:00 a.m.

Thursdays • 9:00 a.m. – 10:00 a.m.

Cardio Tennis is an engaging group fitness program featuring the heart-pumping effects of tennis drills, games, and skills. This clinic delivers the ultimate full body, calorie burning, aerobic and anaerobic workout. All ages and all fitness levels welcome. \$10 per person and register on the Chelsea reservation system.

BEGINNER TENNIS CLINICS

Mondays • 10:00 a.m. – 11:00 a.m.

April 5th, 12th, 19th, 26th

May 3rd, 10th, 17th, 24th, 31st

June 7th, 14th, 21st, 28th

Have you been thinking of giving tennis a try? We would love to introduce you to the game. The Beginner Tennis Clinics

will introduce players to the basics and fundamentals of the sport. \$10 per person and register on the Chelsea reservation system.

INTERMEDIATE & ADVANCED TENNIS CLINICS

Wednesdays • 9:00 a.m. – 10:00 a.m.

April 7th, 21st, & 28th

May 5th, 19th, & 26th

June 2nd, 16th, 23rd, & 30th

This clinic focuses on all the skills you will need to succeed against your next match. Players review doubles strategy, advanced drills, and point play. The clinic guarantees you will bring your game to the next level while having fun! \$10 per person and register on the Chelsea reservation system.

PICKLEBALL SCHEDULE

MORNING MUFFINS

Saturday, April 10th

8:00 a.m. – 9:30 a.m. Beginners

9:30 a.m. – 11:00 a.m. Intermediate

Enjoy complimentary fresh muffins courtside, while playing a round robin format with the pros. Free to attend and limited to 15 participants per session. Register on Chelsea or email the Pro Shop at valenciabonitaproshop@gmail.com

MAY MADNESS

Saturday, May 8th

8:00 a.m. – 9:30 a.m. Beginners

9:30 a.m. – 11:00 a.m. Intermediate



Inspired by *Alice in Wonderland*, wear your 'Mad' attire on the pickleball court for a chance to win a complimentary 30-minute private lesson with Sports

Director Chad Edwards. Just like at the Mad Hatter's tea party, complimentary sugar cookies and macaroons will be served. Play round robin format with the pros and limited to 15 participants per session. Register on Chelsea or email the Pro Shop at valenciabonitaproshop@gmail.com

SUMMER SWEETS

Saturday, June 12th

8:00 a.m. – 9:30 a.m.

Beginners

9:30 a.m. – 11:00 a.m.

Intermediate

Enjoy complimentary pastries courtside, while playing a round robin format with the pros. Free to attend and limited to 15 participants per session. Register on Chelsea or email the Pro Shop at valenciabonitaproshop@gmail.com



All Pickleball clinics require a minimum of four players and a maximum of eight players per session.

INTRO TO PICKLEBALL CLINICS

Tuesdays • 8:00 a.m. – 9:00 a.m.

April 6th, 13th, 27th

May 4th, 11th, 18th, 25th

June 1st, 8th, 15th, 22nd, 29th

New to Pickleball and want a better understanding of the basics? This clinic will focus on learning the pickleball rules and skills to start playing. \$10.00 per session and register on Chelsea.

BEYOND BEGINNER PICKLEBALL CLINIC

Tuesdays • 9:00 a.m. – 10:00 a.m.

April 6th, 13th, 27th

May 4th, 11th, 18th, 25th

June 1st, 8th, 15th, 22nd, 29th

For beginners that are ready to advance their skills to the next level and work on improving the basics of their game. \$10.00 per session and register on Chelsea.

INTERMEDIATE & ADVANCED PICKLEBALL CLINICS

Wednesdays • 8:00 a.m. – 9:00 a.m.

April 7th, 14th, 28th

May 5th, 12th, 19th, 26th

June 2nd, 9th, 16th, 23rd, 30th

Looking to advance your pickleball skills? The focus of this clinic will be developing essential shots, control, and strategy for improved play for levels 2.5 and higher. \$10.00 per session and register on Chelsea.

Sports Schedule continued on page 12

SPORTS CENTER

BOCCE SCHEDULE



BOCCE, BEER, & BURGERS

April 16th

11:00 a.m. Bocce Play,
12:30 p.m. Lunch

Enjoy a round robin game of Bocce followed by lunch at Zest. "Build Your

Own" burger will be available, with your choice of crispy fries or homemade potato chips. \$15.00 ticket includes lunch and a complimentary domestic beer. Limited to 16 participants. RSVPs are required in advance to valenciabonitaproshop@gmail.com

BOCCE MEET-UPS

Bi-weekly on Thursdays • April 8th,
April 22nd, May 6th & 20th, June 3rd & 17th

Played in a round robin format, join a group of up to eight players for a fun evening of Bocce. Benefits of playing Bocce include improving your coordination, relieving stress, light cardio, and making new friends. It is free to play. Email the Pro Shop to register at valenciabonitaproshop@gmail.com

BOCCE LEAGUE

Interested in joining a Bocce League?

Currently we have 60-plus teams that compete for prizes and bragging rights.

You can register for league play through the court reservation system known as Chelsea or contact the Pro Shop at valenciabonitaproshop@gmail.com



MESSAGE FROM SPORTS DIRECTOR CHAD EDWARDS

Play continues to grow for both tennis and pickleball. Our courts are being used daily, with high play times peaking in the morning from 8:00 a.m. to 10:00 a.m. The courts remain reservation-only, so please be sure to stop by the pro shop or call us if you need help using the Chelsea Reservation System. We can help you access your account.

Additionally, we have expanded our programming, so make sure to check the calendar for our upcoming events. Complimentary "Play with the Pro" events will be held in two sessions, splitting between Beginners to Intermediate/Advanced skill levels. Reservations can be made through the Chelsea Reservation System.

Regards, Chad Edwards

Pro Shop: (239) 908-0880, Ext. 8

CHAD'S SPORTING TIPS

PICKLEBALL – Control Over Power

Pickleball is more about control over your shot than overall power. Reduce the length of your backswing and focus more on the length of your finish, to control your shot and keep the ball down below your opponent's waist. The key is to make contact in front of your body rather than beside it.

TENNIS – Footwork

Footwork is very important. One of the biggest misconceptions that every player seems to have is that they can play tennis without moving their feet. Learning the correct footwork will automatically help fix a lot of mistakes. Make sure you give yourself enough time and space to prepare for your shot, so you do not run through the ball.

BOCCE – Improve Your Grip

When learning how to throw a bocce ball, you need to first improve your grip. Grip the balls with just your thumb and forefinger and cradle the rest of it in your palm. This will give you some control over the ball without forcefully clutching it. Then use the strength of your index finger and your thumb to make the actual throw.

PRIVATE, SEMI-PRIVATE, & GROUP LESSONS AVAILABLE!

Contact the Pro Shop to schedule private, semi-private, or group lessons. • Prices range \$60 – \$100/hour

BOOK YOUR COURTS! Court Reservations are Required to Book Your Courts:

Visit valenciabonitahoa.com, Located under Courts • Log into your Chelsea User Account

CANCELLATION POLICY

Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

THE SPA AT VALENCIA BONITA



The Spa at Valencia Bonita strives to make your experience wonderful from start to finish! Let our talented staff help you find the right treatment or beauty product to match your lifestyle. Let us nourish your mind, body, and spirit with a relaxing massage,

custom-blended facial, or revitalizing body treatment. We offer manicures, pedicures, facials, massages, waxing and tinting, and body treatments.

Specials Just for YOU!

Enjoy a complimentary glass of champagne with any Spa service!

Receive \$5.00 off when you book a manicure and pedicure on the same day!



APRIL

GIVE IT A GLOW!

April 28th 2:00 p.m. – 4:30 p.m.

Learn how to 'Turn Back the Clock' by hearing the owner of an aesthetic skincare science give tips on how you can turn back the aging clock on your skin. Complimentary 15-minute Epiwave Facials will give you a sample of how to achieve a more radiant complexion. Low-frequency sound waves are used to repair and stimulate skin at the cellular level. Complimentary champagne included while you sip and learn. Advanced registration is required, as space is limited to 16 participants. Register by calling 239.361.2002.

SPRING RENEWAL FACIAL SPECIAL

Deep pore cleansing for all skin types. Come experience this purifying treatment to help eliminate impurities and restore the skin's complexion. \$99. Call 239.361.2002 to Register.

MAY

HANGOVER HAND & FOOT MESSAGES

May 6th 2:00 p.m. Arts & Crafts Studio

Do you have... cracked heels - rough skin - callused feet - yellow or lifted toenails? Join us with an educator for the North American School of Podology, and learn how to cure these common foot concerns! Complimentary foot consultation and \$15 for an express treatment. Look for the weekly update for full details.

OO-LA-LASHES!

Enjoy a complimentary glass of champagne while your eyelashes are lifted and tinted. \$75. Call 239.361.2002 to Register.

MOTHER OF ALL MESSAGES

Enjoy a 60-minute full-body massage with dry brushing, back scrub, warm towel compress, and aromatherapy. \$95. Call 239.361.2002 to Register.

JUNE

MAKE UP & MIMOSAS

June 18th, 2:00 p.m. – 5:00 p.m. (Arts & Crafts Studio)

Learn what ingredients clog your pores and why this makeup line is the healthiest option for your skin! Come meet our Jane Iredale makeup professional, as you experience a makeup application lesson. \$30 includes complimentary mimosas, instruction, and makeover. A \$30 credit applies to any makeup purchase over \$60. Call 239.361.2002 to Register.

SUMMER GLOW MASSAGE

Experience a full-body exfoliation with our Sea Crystal polish, followed by a moisturizing full-body massage with pink Himalayan hot stones on the back and a warm towel compress on the feet. \$99. Call 239.361.2002 to Register.

"THE FAMILY MAN" SPECIAL

Men's deep cleansing facial OR 60-minute Bliss Massage and a Classic Pedicure. \$120. Call 239.361.2002 to Register!



CONTACT US!

Tuesday – Friday • 10:00 a.m. – 5:00 p.m.
*Saturdays Advance Appointments Required
Email admin@u-topiaspa.com or call 239.361.2002

FITNESS PROGRAMS

A MESSAGE FROM YOUR FITNESS CENTER ATTENDANT **JESSE COOK**



It is my pleasure to assist you in the Fitness Center. I am here to help you with the fitness equipment in the gym, as well as to get you signed up for fitness classes, personal training, physical therapy, and more.

My hours are Monday, Wednesday, and Friday 7:00 a.m. to 10:00 a.m. and Tuesday and Thursday 9:00 a.m. to Noon. Please contact us if you need further assistance at info@totalhealthsystemsinc.com

– Jesse Cook, Fitness Center Attendant

AQUA FIT: Low-impact water aerobics where no swimming skills are needed and all fitness levels are welcome! This class is designed to improve flexibility, range of motion, overall body and core strength, muscle tone, and cardiovascular endurance, while using the resistance of the water to cushion the feet, knees, and back. Exercises to upbeat motivating music are easy to follow. Beginner or expert, you will get a great workout!

AQUI CHI: Achi Chi incorporates slow fluid movements and a great way to increase your range of motion. Swimming skills are not needed.

FIT CAMP: Designed to engage all of the body's major muscle groups, using an Interval Approach. Individual exercises are repeated for 30 seconds, followed by a brief recovery period of 10 seconds. Goals include muscle toning and strengthening, resistance training using weights, balance, coordination, and endurance. The class enhances and improves movement in muscles and joints, as well as strengthening CORE MUSCLES that stabilize the spine and provide support for all movement. FUN movements are incorporated: Functional, Usable, and Natural!

STRETCH AND TONE: A total body targeted workout that incorporates yoga, pilates, barre, strength, and balance training. It tones and shapes muscles, while incorporating stretching to improve flexibility. A nice balance to create a long and lean physique.

YOGA: Yoga is a stretching class with simple breathing exercises and seated meditation. Empower your mind and strengthen your body as you move through a series of poses. Great for increasing flexibility and relieving stress.

ZUMBA: Zumba takes the "work" out of workout by mixing low-intensity and high-intensity moves for a high-calorie-burning dance fitness party. Receive a total body workout combining all fitness elements of cardio, muscle conditioning, balance and flexibility, and increasing your energy.

APRIL-JUNE 2021 SCHEDULE

TUESDAY

Fit Camp	9:00 a.m. – 10:00 a.m. (Social Hall)
Aqua Chi	9:30 a.m. – 10:20 a.m.
Yoga	10:15 a.m. – 11:15 a.m. (Social Hall)
Aqua Fit	10:30 a.m. – 11:20 a.m.

WEDNESDAY

Zumba	9:30 a.m. – 10:30 a.m. (Social Hall)
Aqua Fit	10:15 a.m. – 11:05 a.m.
Aqua Fit	11:15 a.m. – 12:05 p.m.

THURSDAY

Stretch & Tone	9:00 am – 10:00 a.m. (Social Hall)
Aqua Chi	9:30 a.m. – 10:20 a.m.
Yoga	10:15 a.m. – 11:15 a.m. (Social Hall)
Aqua Fit	10:30 a.m. – 11:20 a.m.

FRIDAY

Zumba	9:30 a.m. – 10:30 a.m. (Social Hall)
Aqua Fit	10:15 a.m. – 11:05 a.m.
Aqua Fit	11:15 a.m. – 12:05 p.m.

\$30 per Month/ 2x a Week
Or \$50 per Month/ 4x a Week

Must email Total Health Systems
to receive the \$10 discount



TOTAL HEALTH SYSTEMS PERSONAL TRAINING

**What can a personal trainer
do for YOU?**

THS trainers will help you develop greater flexibility, strength and endurance. Personal training can improve your cardiovascular system and help with sports-specific training (tennis, golf, etc.)

60-MINUTE SESSIONS

15 Sessions	\$900.00	\$60.00/hr
10 Sessions	\$650.00	\$65.00/hr
3 Sessions	\$210.00	\$70.00/hr

30-MINUTE SESSIONS

10 Sessions	\$450.00	\$45.00/½ hr
3 Sessions	\$150.00	\$50.00/½ hr

We also offer Free Fitness Evaluation



Chef's Wine Dinner Series

WITH **CHEF BRIAN ROLAND**

May 12th & June 9th
6:00 p.m. • Social Hall

Enjoy a special evening that includes a four-course wine pairing tasting and dinner. Chef Brian Roland will be providing insight and giving a behind-the-scenes look at creating extraordinary meals.



Look for the weekly update for when tickets go on sale.
Limited to 100 participants.
\$50 per person (plus tax and gratuity).

Book your reservation today!
Limited space available.
To purchase tickets, visit zestbonita.com/tickets.

CLUB BEAT



Below is a listing of current clubs and the number is quickly growing! Clubs are open to all!
If you are interested in any of the following clubs, please go to www.valenciabonitahoa.com and visit the Club and Interest Group tab. Feel free to contact the club facilitator using the email address provided.

If you would like to start a new club, please contact Rosemary at Rzore@grsmgt.com.

ACOUSTIC MUSIC JAM

David Zook
zookmd@comcast.net

CRIBBAGE

Paul Selinger
paulselinger@gmail.com

HOLISTIC WELLNESS CLUB

Kami Auld
kamiami@comcast.net

PHILANTHROPY CLUB

Patty Doran
iwcwebbo@aol.com

ACRYLIC CLUB

Joann Wasylenko
wasylenko1003@comcast.net

EUCHRE CLUB

Sharon Aamoth
wasa79@aol.com

ICLUB

Carol Schweigert
caschwe1@yahoo.com

PHOTOGRAPHY

Anthony Lorenc
alorenc10@outlook.com

ADVENTURE CLUB

Jeff Wiener
jeffreyweiener58@gmail.com

FISHING CLUB

Jerry Baum
jbaum1582@aol.com

JEWELRY CLUB

Linda Weinstein
lweinstein34109@yahoo.com

POKER

Steven Berk
dakatie@aol.com

BELLA ITALIA CLUB

Tony Carrano
tonuni612@yahoo.com

FOLK SINGERS CLUB

Robert London
Rlondonmd@aol.com

JEWISH CULTURAL CLUB

Ellen Kahn
ellenskahn@gmail.com

POTTERY CLUB

Tami Wolfe
twolfe5980@gmail.com

BOOK CLUB

Donna Ewald
daewald@comcast.net

GAME NIGHT

Carol Weisberg
carolw@tetragonia.com

LADIES' LUNCH BUNCH

Louise La Sala
loula22828@msn.com

SEWING CLUB

Laurie Shuss
quartet20@yahoo.com

BRIDGE-PAIRS/COUPLES

Bonnie Elberson
elbersonb@gmail.com

GARDEN CLUB

Denis Franks
denisfranks@comcast.net

LEFT, RIGHT, CENTER

Susan Miranda
sjmir@aol.com

SOLO SINGLES CLUB

Ann Ciccarelli
annc1422@gmail.com

BRIDGE-SINGLES

Bonnie Elberson
elbersonb@gmail.com

GOLF CLUB

Roger Ciarleglio
rciarleg@comcast.net

MAHJONGG – ADVANCED

Debbie Pagliaro
debiboo22@aol.com

STITCHES CLUB

Barbara Sherman
barbarasherman@comcast.net

BUNCO

Susan Miranda
sjmir@aol.com

HAND AND FOOT

Joy Snow
joysnow403@gmail.com

MAHJONGG – CASUAL

Ellen Kahn
ellenkahn@gmail.com

TEXAS HOLD'EM

Steven Berk
dakatie@aol.com

CANASTA

Lucy Ragone
metweety58@gmail.com

HAND AND FOOT PAIRS/DOUBLES

Nancy Baum
nancyb0460@aol.com

MAHJONGG – CHINESE

Joy Snow
joysnow403@gmail.com

TRAVEL CLUB

Greg Shuss
gregshuss@yahoo.com

CANASTA – COUPLES

Carol Weisberg
carolw@tetragonia.com

HAND, KNEE & FOOT

Lucy Ragone
metweety58@gmail.com

MEN'S CLUB OF VB

Steven Berk
dakatie@aol.com

WATERCOLOR PAINTING

Joann Wasylenko
wasylenko1003@comcast.net

CORVETTE CLUB

Marc Levy
mslevy13237@gmail.com

HELPING HANDS

Ellen Kahn
ellenkahn@gmail.com

PERFORMANCE CLUB

Celia Couture
Cooch1950@gmail.com