



VALENCIA CAY

THE CAY CONNECTION

COMMUNITY NEWSLETTER FOR VALENCIA CAY HOMEOWNERS | MARCH/APRIL 2020

GROUCHO'S COMEDY CLUB AT THE CAY

Packed with Laughter from Start to Finish

SCENES FROM THE PASEO

A Variety Show
Production by the Cay Players

MEET, GREET, EAT & LAUGH

The Humorous Look at Sex and Aging



55+ LIVING AT ITS BEST

CONTACTS



SOCIAL CLUB & FITNESS STUDIO

11862 SW Bristol Bay Drive
Port St. Lucie, FL 34987

Open Daily
Social Club: 7:00 am – 11:00 pm
Fitness Studio: 5:00 am – 11:00 pm

Office Hours: Monday – Friday
9:00 am – 12:00 pm and 1:00 pm – 4:00 pm

Tere Muniz, Lifestyle Director
lifestyle@valenciacyhoa.com
772-882-4621

VISIT OUR WEBSITE: valenciacyhoa.com

PROPERTY MANAGEMENT

Lang Management Company
Corporate Office:
790 Park of Commerce Blvd., Suite 200
Boca Raton, FL 33487

Marita A. Butzbach, Property Manager
margareta@langmanagement.com
772-489-9501

On-Site Office located in the Social Club
Office Hours: Monday – Friday
9:00 am – 12:00 pm and 1:00 pm – 4:00 pm
Onsite telephone number: 772-882-4950

Lang Customer Service
877-242-8692
service@langmanagement.com

MODEL CENTER

10735 SW Matisse Lane
Port St. Lucie, FL 34987

Model Center Hours:
9:00 am – 5:00 pm

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A MESSAGE FROM YOUR HOA PRESIDENT

Springtime is upon us and so far, 2020 has been a busy year at Valencia Cay. We reached 900 project-to-date sales in February, and we will be opening the next Valencia Community at Riverland in the very near future. To date, a total of 350 families have closed on their new homes and have become happy "Valencia Cay Residents." Construction at the Valencia

Cay Clubhouse and Phase I of the Sports and Racquet Club is moving forward, and we can't wait to open these facilities for your enjoyment (later this year).

The Lifestyle Program continues to grow, and we now have a total of 27 Clubs. We are projecting the completion of the additional Social Club sometime in March, giving us much needed space to continue expanding the Lifestyle Program, and allowing us the ability to schedule more fun and diverse activities (until the Clubhouse opens).

We currently have 375 homes in different stages of construction, landscape installation has been completed along SW Winding Ridge Boulevard, all the way to the secondary (residents only) entrance on the North side of the Community, and road work continues along SW Discovery Way.

The entry gates are now operating between the hours of 7:00 pm and 6:00 am. Please contact Lang Management Company, Inc. if you or your guests are experiencing any problems accessing the Community during these hours.

I hope to see you along the Paseo Greenway, enjoying a beautiful spring day in Port Saint Lucie.

Charles J. Saenz
Project Manager and HOA President



55+ LIVING AT ITS BEST



NEWS & VIEWS FROM YOUR **LIFESTYLE DIRECTOR**

Hello Spring! It is amazing how quickly time is passing, but as the saying goes, "time flies when you're having fun." And at The Cay, we are having fun!

Our Lifestyle Program is in full swing and our March and April calendars are packed with fun. The Shamrock and Shenanigans St. Patrick's Day Party is going to be a blast! Chef Red has put together a menu of Traditional Irish Fare and DJ Classic will be back with great dancing music (see page 7 for details). Make sure to wear green, and we will have the beads! Be on the lookout for the e-blast announcing ticket sales, so you don't miss out. As everyone knows, the space is limited in our temporary Lifestyle Center, so events sell out quickly.

Singo and Trivia are back in April! We are expanding on Singo and having a Singo Dance Party. Groucho Productions will return to host two rounds of Singo, followed by an hour of dancing to his great playlist of 50's and 60's music. On April 3rd, Cay Mix and Mingle Trivia night will mix it up again! It promises to be a fun night of trivia, mingling with new neighbors, and lots of prizes. Thirsty Thursday continues on the 2nd and 4th Thursdays of every month, with our VCR house band playing once per month. The dates the band will play can be found in this publication and on ValenciaCayHOA.com.

New clubs continue to be formed every month. Our Valencia Cay Bowling Club meets every Tuesday at Super Play. It is always a fun afternoon and \$8 per person includes three games, shoes, and complimentary coffee. The Mosaic Art Club had their first workshop last month. Residents learned how to work with tile and created their own mosaic picture frame. And to add to our gaming fun – for the word gurus, the Scrabble Club gets together on the 1st and 3rd Mondays of every month. A listing of all our clubs and contact information can be found in this issue.

We are happy to announce ZUMBA classes beginning in March! Get ready to ditch the workout and join the party! This exhilarating, easy to follow, Latin inspired, calorie burning dance fitness party will move you – literally!

Exciting things are happening, and with the addition of the 2nd temporary Social Club, we will be able to add more fun to our great lifestyle! We have grown so much that we will now include a pull-out calendar in the center of our newsletter. We hope you will use it to schedule all your VC activities. Enjoy Spring at The Cay and, as always, we welcome your feedback and suggestions on the events and activities. Stop by to see me!

Tere Muniz, Lifestyle Director



A NOTE FROM YOUR **PROPERTY MANAGEMENT TEAM**

Thank you all for your cooperation and patience during the bar code distribution. We are happy to report that there were very few incidents in the closing of the gates, and we have worked out the kinks with the newspaper deliveries.

We have implemented welcome meetings for all owners and hope these assist all of you with basic questions and answers regarding the management and social activities in the community.

The On-Site Property Management office is located in the Social Club across from the Sales Center. MJ Haskas is in the office 9:00 a.m. to 4:00 p.m. (we close from 12:00 to 1:00 p.m. for lunch). Please keep in mind that she may have a meeting with an owner when you stop to see her, so we recommend that you email her to schedule an appointment time if you have an ACC or you have an issue that would take up some time in the office.

As a reminder, any alterations to the exterior of your home need to be approved through an ACC application. This includes hoses that owners are installing on the side of house (a five (5) foot hedge is required to be installed in front of the hose reel). We have a copy of the guidelines for all alterations available on the website and in the office. Please stop in and ask, if you are unsure whether something is allowed in the community. We are here to help walk you through the process.

All owners have access to our service center via email 24/7. If you need to call in a work order for our customer service department (irrigation, landscaping and pest control items) please email Service@langmanagement.com or call the customer service representatives at 1-877-242-8692. You can also access customer service through the Valencia Cay website.

We are very happy to be part of your team at Valencia Cay and Riverland, and hope to assist in making your experience living in the community enjoyable.

Marita Butzbach
Vice President of Association Management Services

EVENTS & ACTIVITIES

Event Policy: Please note all events are subject to change. Check our website, ValenciaCayHOA.com for up-to-date event information. For all paid events, you must cancel by the RSVP deadline in order to receive a refund. Reservations are not guaranteed until full payment is made.

SCRAPBOOKING

March 2 and April 6 | 1:30 – 4:00 pm
Cost: \$10 pp | The Social Club

Are you ready to be inspired to capture your memories on paper? Join the fun on the first Monday of the month from 1:30 – 4:00 pm. Scrapbook page kits will be available for you to assemble to display your favorite photos. Class cost will cover all materials needed to create your special layouts. Bring your favorite photos and enthusiasm! Please RSVP to teach307@email.com



BUNCO

March 10 and April 14 | 6:30 – 9:30 pm
Sign in starts at 6:00 pm
Cost: \$5 pp | The Social Club

Let the fun begin with a throw of the dice. Join us for a fun night of comradery with your neighbors! Easy to learn, fun to play, and prizes galore! RSVP on ValenciaCayHOA.com For information contact Kathy at 954-907-0820 or Dree at 772-742-8006.



THIRSTY THURSDAYS

Cocktails in the Courtyard

March 12 and March 26 | 6:00 – 8:00 pm
April 9 and 23 | 6:00 – 8:00 pm
The Courtyard at the Lifestyle House

Enjoy a casual evening hanging out with your neighbors in the Courtyard. We will have a food truck available for your convenience to purchase food, and please feel free to BYOB.



Once per month – enjoy live entertainment with our VCR house band. The band will be performing on March 12 and April 23. Be on the lookout for your Cay Happenings e-blast for registration links and information on the upcoming food trucks and entertainment. This event is for closed residents only. RSVP on ValenciaCayHOA.com

CARD MAKING CLASS

March 16 and April 20 | 1:30 – 4:00 pm
Cost: \$10 pp
The Social Club

All supplies will be provided for you to make eight cards for friends and family. RSVP to Pat Polit at teach307@email.com by the Monday prior, so there will be enough supplies for everyone.



GROUCHO'S COMEDY CLUB AT THE CAY



Friday, March 13, 2020 | Showtime 8 pm | Doors Open at 7:30 pm
Cost: \$16 pp | The Lifestyle Center Courtyard

JOHNNY MAC

From HBO and the movie *Recount*...

Johnny Mac has worked with some of the top names in comedy.... from Brian Regan and Lily Tomlin to the great Comedy Clubs such as Caroline's, Comic Strip and Catch A Rising Star. Johnny's show is packed with laughter from start to finish! From Adopting Highways to the challenges of getting older; a great time for all!



And, from Atlanta...
Comedian & Podcast
Hose Viet Huynn





SCENES FROM THE PASEO

PRESENTED BY THE CAY PLAYERS THEATER CLUB

Two shows: March 20 and 22 | 7:30 pm | The Social Club

Do you want to have some laughs? How about listening to an individual or group singing? Then you must come and see the First Variety Show production by The Cay Players Club. Tickets are FREE, but they are on a FIRST COME, FIRST SERVED basis, because of limited seating availability. Tickets will be available for pick up in the Social Club from 1:00 pm - 2:00 pm, Monday - Friday, beginning March 3. Stay tuned to the Cay Happenings eblast for ticket information. For additional information contact: Liz Halbreich at 772-801-5352 or Jude Pedersen at judithpedersen@aol.com, Club Leaders.

CAY NIGHTS OUT: *Tradition Town Hall*



THE EDWARDS TWINS

March 14 | 8:00 pm | Cost: \$50.29 pp

If you love vocal impressionists like Rich Little or Danny Ganz or shows like *La Cage* or *Legends In Concert*, you will love The Edwards Twins and their dead-on impressions of Barbra Streisand, Andrea Bocelli, Bette Midler, Elton John, Neil Diamond, Billy Joel, Tina Turner, Cher, Rod Stewart, Pavarotti, Diana Ross, Elvis, Stevie Wonder, and Ray Charles...just to name a few that will all appear in one show.

Direct from Las Vegas, The Edwards Twins, 'The Brothers Who Look and Sound Like The Stars', is the number one identical twin and impersonation show in the world. *People Magazine* raved, "Flawless vocals and visuals, the Edwards Twins in many ways are better than watching the real thing." EXTRAORDINARY TALENT! – *THE NBC TODAY SHOW*



COMEDIAN VIC DIBITTO

March 21 | 8:00 pm
Cost: \$36.83 pp

The Italian Hurricane. His pace is frenetic. He holds no hostages. He says what you are thinking but are afraid to say out loud. Vic has created many viral video characters, like Tony Gaga, That Guy, Frankie Pentangelli, Fool by the Pool, and Ticked Off Vic. His Yankee and Giant locker room satires are now legendary. And his Bread and Milk video is like a Christmas Carol that comes back on TV, radio, and news outlets everytime it snows almost anywhere in the world.



THE MOWTOWNERS

April 11 | 8:00 pm
Cost: \$36.25 pp

Exclusive for Valencia Cay residents only: Buy One Ticket – Get One Free!

The Motowners perform famous soul, blues, motown and dance classics with remarkable style, energy and harmony. Stevie Wonder, Aretha Franklin, The Supremes, The Four Tops, Wilson Pickett, Martha and the Vandellas. All the soul you need performed proudly by The Motowners. With powerful vocalists and a superb rhythm section, the sound is tight, the groove is irresistible and the performance is spectacular.

MEET, GREET, EAT & LAUGH THE HUMOROUS LOOK AT SEX AND AGING

March 27 | 10:00 am – 12:00 pm
Cost: \$15 pp | The Social Club



Join the Valencia Cay Hadassah for a sumptuous breakfast featuring guest speaker Joyce Saltman PhD, renowned humorist, lecturer and all-around funny lady. For more information contact Marge Brownstein at biscomom@gmail.com

BRIDGE & CANASTA: LEARN TO PLAY

Are you looking to learn Canasta, or Bridge or just need a refresher? Weekly instructions are now available:



Beginners Bridge Class | Fridays – 9:30 am followed by two hours of play. Contact Esther Granade at 704-968-8765.

Canasta | 1st and 3rd Saturdays – 1:00 pm
Contact Don Burke at donaldburke23@gmail.com

MAH JONGG OPEN PLAY

Tuesdays and Wednesdays

1:00 – 4:00 pm

Get in a game every Tuesday or Wednesday. Please bring your set, if you have one.



CAY MIX & MINGLE: TRIVIA NIGHT

April 3 | 6:00 – 8:00 pm | Cost: \$12 pp
The Social Club

Join us for a fun evening mingling, playing trivia, and prizes! Cold cuts, charcuterie bites, soda, and water will be served. Please bring your own wine or cocktails.

Limited seating is available. Reservations are on a first come, first served basis. To sign up and pay for this event, visit valenciacyhoa.com. Registration link is available in the "Pay and RSVP for Event" tab. This event is for closed residents only.

VALENCIA CAY BOWLING LEAGUE OPEN BOWLING

Tuesdays | 11:00 am
at Super Play, St. Lucie West

\$8 per person includes three games, shoes, and complimentary coffee. Pay at Super Play. Please RSVP to Paul Block at pblock80@gmail.com



DANCE PARTY

April 16 | 6:30 – 9:30 pm

Cost: TBA | The Courtyard at the Lifestyle House

Enjoy a fun evening of musical Bingo and dancing! Join us for two rounds of Singo followed by an hour of dancing to your favorite oldies tunes – hosted by Groucho Productions. Singo is an exciting musical spin on the traditional game of Bingo. Instead of listening for a number, players are listening to their favorite oldies tunes. Everyone can play along, everyone can sing along, and anyone can win! Light refreshments will be served. BYOB if you wish to have a cocktail.



Limited seating is available. Reservations are on a first come, first served basis. To sign up and pay for this event, visit valenciacyhoa.com. Registration link is available in the "Pay and RSVP for Event" tab. This event is for closed residents only.



Shamrocks & Shenanigans

ST. PATRICK'S DAY PARTY

March 17 • 5:00 – 8:00 pm

Cost: \$36 pp

The Courtyard at the Lifestyle House

Join the shenanigans at our first annual St. Patrick's Day Party. Enjoy a buffet of traditional Irish fare, beads and dancing to the tunes of DJ Classic. Sweet tea and iced tea will be served with dinner. This event is BYOB. Don't forget to wear your green!

MENU

Shepherd's Pie

Slowly cooked down in Guinness and filled with a medley of peas, carrots and onions, then topped with fresh mashed potatoes and shredded cheese

Vegetarian Shepherd's Pie

In replacement for the meat, we will be roasting mushrooms, cauliflower, and tempeh Bangers

Fish and Chips

Beer-battered and fried haddock served with crisp chips, and served with malt vinegar and tartar sauce

Bangers

British-style bangers cooked with HopLife Breweries' Nut House Porter

Corned Beef and Cabbage

Slow-cooked corned beef served with stewed cabbage with traditional flavors of sage and Irish peat moss

Bread Pudding

White, dark, milk chocolate, and bananas, with caramel

Limited seating is available. Reservations are on a first come, first served basis. To sign up and pay for this event, visit valenciacyhoa.com. Registration link is available in the "Pay and RSVP for Event" tab. This event is for closed residents only.

CLUB NEWS

BILLIARDS

Thursdays | 7:00 – 9:00 pm
Contact: Jim Decesari at
jim_decesari@msn.com



VALENCIA CAY BOWLING LEAGUE

Tuesdays | 12:45 pm | \$8 pp
at Super Play, St. Lucie West
Contact: Paul Block at pblock80@gmail.com

BRIDGE

Fridays | 9:30 – 10:30 am
Beginner's Bridge Instruction | 10:30 am – 12:30 pm
Game for those who know how to play
Contact: Esther Granade at ecgranade@hotmail.com



TALKING BOOKS – BOOK CLUB

April 14 | 11:00 am in the Social Club

BOOK: *Our Man in Charleston*

Author: Christopher Dickey

"A reader lives a thousand lives before he dies...The man who never reads lives only one."

Reading a book takes us to places that are exciting or disappointing. A story can make us feel happy or angry, bring us joy or sorrow. Travel to unknown or familiar places. It allows us to have feelings about the past or present. Come make new friends and share your ideas about what we will have read. Help choose books that may be meaningful in your life. "Once you have read a book you care about, some part of it is always with you."

For meeting and book information, contact:
Meredith Eldridge-Matza at meldridge11@aol.com



WOMEN'S CLUB BREAKFAST

March 1 | 11:00 am
The Courtyard at the Lifestyle House

Join the Women's Club for an Italian themed luncheon. Residents are to bring a covered dish or dessert. Please note that this event is for closed residents only. Limited seating is available. Reservations will be taken on a first come first served basis. For information and to participate, contact Gail Roberts or Pam Murgo at ValenciaWomen@yahoo.com.



MEN'S CLUB BRUNCH

March 15 | Noon
The Social Club

For information on the Men's Club Brunch, contact Ed Weinreb at MensValenciaCay@yahoo.com.

BUNCO CLUB

Second Tuesday of the Month
6:30 – 9:30 pm
Contact: Kathy at 954-907-0820
or Dree at 772-742-8006



CANASTA

Thursdays | 1:00 – 4:00 pm
Contact: Don Burke at donaldburke23@gmail.com.

CARD MAKING

Third Monday of the Month
1:00 – 4:00 pm
Contact: Pat Polit at
teach307@email.com



THE CAY PLAYERS

Theater and Acting Club
First and Third Mondays of the Month | 7:00 pm
Contact: Liz Halbreich at 954-801-8893

If you have ever wanted to try acting, this is your chance. Or if you are interested in stage production, such as painting scenery, creating costumes, making playbills or flyers, come and join the growing membership of The Cay Players. We need your talents!



CURRENT EVENTS CLUB

March 17 and April 21 | 11:00 am
in the Social Club
Contact Bill Brosnan
at 561-306-3273 cell/text
or email bill.brosnan@yahoo.com

We have been meeting monthly since October. Our discussions have been lively and free of political diversity. Recent topics discussed were Climate Change, Interest on Federal Debt, Artificial Intelligence (AI), and Projecting Current Events in 2070. In March, we will be discussing the Coronavirus and in April, the Evolution of the Media Industry. We meet on the third Tuesday of the month. Please join us!



DINING OUT WITH FRIENDS CLUB

March 2 | 4:30 – 6:30 pm at Tutto Fresco

Join the Dining Out with Friends Club for a delicious sunset dinner at Tutto Fresco. Sunset Priced Fixed Menu at \$16.95 per person plus tax and tip includes soup or salad and entree. Happy hour prices on the liquor.

RSVP (Call or Text) to Hedy Berman at 954-729-5170

GOLF CLUB

Golf Outings every Wednesday
8:00 am
Contact: Ed Gallant at
thecaygc@yahoo.com



HAND & FOOT CANASTA

Fridays | 1:00 – 4:00 pm
Contact: Randy Armstrong 954-826-0930

JOY OF KNITTING CLUB

Wednesdays | 7:00 pm
in the Social Club
Contact Dorean Levenberg:at
doodiegirlone@yahoo.com



MAH JONGG

Tuesdays and Wednesdays | 1:00 – 4:00 pm
Contact: Judy Berkowitz at 772-882-4488

CLUB NEWS

MEXICAN TRAIN DOMINOS

First and Third Thursdays
6:30 pm
Mondays | 1:00 pm
Contact: Mary Kozlowski at
mak624@gmail.com



MINDFULNESS MEDITATION

Saturdays | 9:00 – 10:30 am
Contact: Candace Osias at candieosias@gmail.com

Come join us to improve your health and increase your happiness by learning how to meditate mindfully. Weekly meditation sessions will include: readings from Mindful Meditation experts, sitting and walking meditation, and practice in active listening and other mindfulness practices. Beginners and advanced meditators are welcome.

MOSAIC ART CLUB

Tuesdays | 11:00 am – 2:00 pm
In the Social Club
Contact: Diane Fried at
516-641-6731 or
email fried.diane@gmail.com



MUSIC APPRECIATION

For meeting information, contact Herman Eilberg
at eilberg@bellsouth.net

This club is for those that enjoy music in all its forms: Live, recorded, all genres. Vinyl, CDs, DVDs, Streaming. Concerts – small or large venues, or even just music in the park.

PARTNERS CANASTA

Tuesdays | 7:00 – 9:00 pm
If you would like to play, please RSVP to Cindee Laxner
561-358-5688 or Cindee_Laxner@msn.com

Attention Singles: If you would like to play, contact Cindee and we will try to find a partner for you.

PICKLEBALL CLUB

Mondays, Wednesdays, and Fridays
at Whispering Pines Park
8:00 – 11:00 am
Contact: Judy & Joel Berkowitz at
772-882-4488



PING PONG

Mondays | 1:00 – 3:00 pm
Contact: Judy Berkowitz at 772-882-4488

POKER

Wednesdays | 7:00 pm
Contact: Richard Ames at amesrr1@gmail.com

SCRABBLE CLUB

First and Third Mondays
11:00 am – 1:00 pm
Contact: Judi Weissman at
judihope18@gmail.com



SCRAPBOOKING CLUB

First Mondays | 1:30 – 4:00 pm
Contact: Pat Polit at teach307@email.com

WOMAN'S CLUB

Contact: Pam Murgo and Gail Roberts
at gmr442@gmail.com

VALENCIA CAY MEN'S CLUB

Contact: Ed Weinreb at MensValenciaCay@yahoo.com

TRAVEL CLUB

4th Wednesdays | 11:00 am - Noon
In the Social Club
Contact: Reid Johnson or Janet Moody at
reidallenjohnson1@gmail.com or jmoody37@aol.com



TOTAL HEALTH SYSTEMS AT VALENCIA CAY FITNESS PROGRAMS

STRENGTH AND CONDITIONING

This class is designed to improve the physical components that determine sports performance success. This is an excellent class for people who want to learn how to build strength, muscle, and efficient movement through the body's primary movement patterns. Focus is to improve overall strength and mobility.

ZUMBA

Get ready to ditch the workout and join the party! This exhilarating, easy to follow, Latin-inspired, calorie burning dance fitness party will move you – literally!

CARDIO WORKS

You will get a “head-to-toe” toning workout in this freestyle format class. A full body workout is achieved through high repetition movement and non-cardio exercises. Focus is on improving everyday life quality.

YOGA

This is a stretching class with simple breathing exercises and seated meditation. Empower your mind and strengthen your body as you move through a series of poses. Slow-paced class suits all levels.



MEET JUSTIN – OUR GYM ATTENDANT AND PERSONAL TRAINER

Justin Williams is from Port St. Lucie, and attended Treasure Coast High School. After graduating from high school in 2013, he attended Michigan State University on a full ride football scholarship, playing Defensive Back. He continued his career in football after college, playing professional football for the AAF (Alliance of American Football) for San Diego. He earned his personal training certification through ISSA and has worked as a High School football coach and personal trainer.

Justin is in the Fitness Studio **Tuesday and Wednesday from 9:00 – 11:00 am** and **Thursday from 9:00 am – Noon** and can assist you with equipment instruction and a free evaluation.

CLASS SCHEDULE

STRENGTH & CONDITIONING Monday | 9:00 – 9:50 am

ZUMBA | Tuesday | 9:00 – 9:50 am

CARDIO WORKS | Wednesday | 9:00 – 9:50 am

YOGA | Thursday | 9:00 – 9:50 am

\$50 per month for ALL classes

INDIVIDUAL MONTHLY CLASSES

Strength & Conditioning | \$32

Zumba | \$32

Cardio Works | \$32

Yoga | \$32

Walk-in Fee | \$10 per class (if space is available)

(Individual class prices may fluctuate depending on number of weeks in the month.)

No one will be admitted once the class has begun.

No Refunds, Credits, or Makeups

For information contact 772-224-3324

info@totalhealthsystemsinc.com

www.totalhealthsystemsinc.com



JUSTIN'S APRIL AND MAY SPECIALS

Free half-hour personal training session.

For information contact Total Health Systems at 772- 224-3324.

AROUND THE CAY



Mardi Gras Celebration

