

Fun in the Sun

VALENCIA DEL • SOL

**NEARLY DIAMOND –
A TRIBUTE TO
NEIL DIAMOND**

April 22nd

**CRIMES OF FASHION –
A MURDER MYSTERY
DINNER SHOW**

May 19th

**K-LUV & THE UNITED
FUNK FOUNDATION
CONCERT**

June 10th



CONTACTS

The Club at Valencia del Sol is Located at:
5010 Sevilla Shores Drive,
Wimauma, FL 33598

Clubhouse Main Line: (813) 566-0855

GRS Community Management Hours
9:00 a.m – 5:00 p.m. Daily



Community Association Manager

Laurie Murphy, LCAM

lmurphy@grsmgt.com • Extension 203

Lifestyle Director

Lori Pickel

lpickel@grsmgt.com • Extension 204

Administrative Assistant

Christian Cruz

ccruz@grsmgt.com • Extension 0

Administrative Assistant/ Box Office Attendant

(Weekends)

Marjorie Lofts

mlofts@grsmgt.com

Extension 0

BISTRO DEL SOL

General Manager/Chef de Cuisine

Douglas Grimley

Extension 205

Chef de Cuisine

Kimberly McKellar

Ext. 205

TOTAL HEALTH SYSTEMS

Fitness Director

Marni Rudnick

info@totalhealthsystemsinc.com

(813) 938-6599

RACQUET CLUB

Sports Director

Byron Freso

5030 Seville Shores Drive

(678) 592-6444 (cell) • pickten.freso@gmail.com



MESSAGE FROM YOUR HOA PRESIDENT

Valencia del Sol has had incredible success over the past few years and GL Homes is winding down our operation. The community is almost completely sold out with all of the model homes sold and closed. The sales and model parking lot is being converted to homesites

and the entrance off the main loop road will be closed off with the continuation of the beautifully landscaped berm. The community is approximately 75% closed and we continue to welcome between 8 and 10 homeowners each month to our beautiful community.

Sterling Culinary Management has been operating for a full year and the residents have been critical to the success of the Bistro. Thank you to everyone who continues to support the Bistro! It has been wonderful to see all of the photos each week of residents taking part in all of the events and activities.

Thank you for your continued support of our community!

All my best,
Marisa Lufkin

Project Manager and HOA President



MESSAGE FROM YOUR PROPERTY MANAGER

Dear Residents,

I am your new Community Association Manager. I am so happy to be here at Valencia del Sol and will continue to provide the community with excellent customer service and timely communications. I

am here to answer all your questions regarding the HOA and Clubhouse. If you have concerns within our community, kindly bring them to my attention. Please feel free to stop in and say "hello". I look forward to meeting everyone!

Laurie Murphy

Community Association Manager

NEW HOMEOWNER ORIENTATIONS

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs to using the amenities, programs, web systems, property questions, and more.

Residents are required to be closed on homes and RSVP in advance to CCruz@grsmgt.com.

Thursday • April 13th • 10:00 a.m.

Thursday • June 15th • 10:00 a.m.



MESSAGE FROM YOUR LIFESTYLE DIRECTOR

I have so much planned for you for the next few months. This newsletter is just one of the ways I will keep you updated on what is going on at Valencia del Sol. Your participation in the events is especially important and I encourage all residents to sign up as early as possible

to avoid cancellation of an event. If you need any assistance, I am always here to help. You should be receiving weekly emails from me regarding all activities here at the clubhouse. If you are not, please contact me so we can make sure you don't miss out on anything! I am happy to answer any questions you may have and, your feedback is very important. My door is always open! If we have not yet met in person, please stop by and introduce yourself!

Lori Pickel
Lifestyle Director

MESSAGE FROM YOUR BOX OFFICE ATTENDANT

I am the newest member of the administrative community here at Valencia Del Sol. I work weekends and occasionally fill in for Christian. This is a beautiful community, and I am enjoying my work here very much. My favorite part of the job is meeting the residents and helping them. Please stop by and say hi and let me know how I can help.

Marjorie Lofts
Administrative Assistant/Box Office Attendant

RESIDENT SPOTLIGHT



KATHY COURTNEY



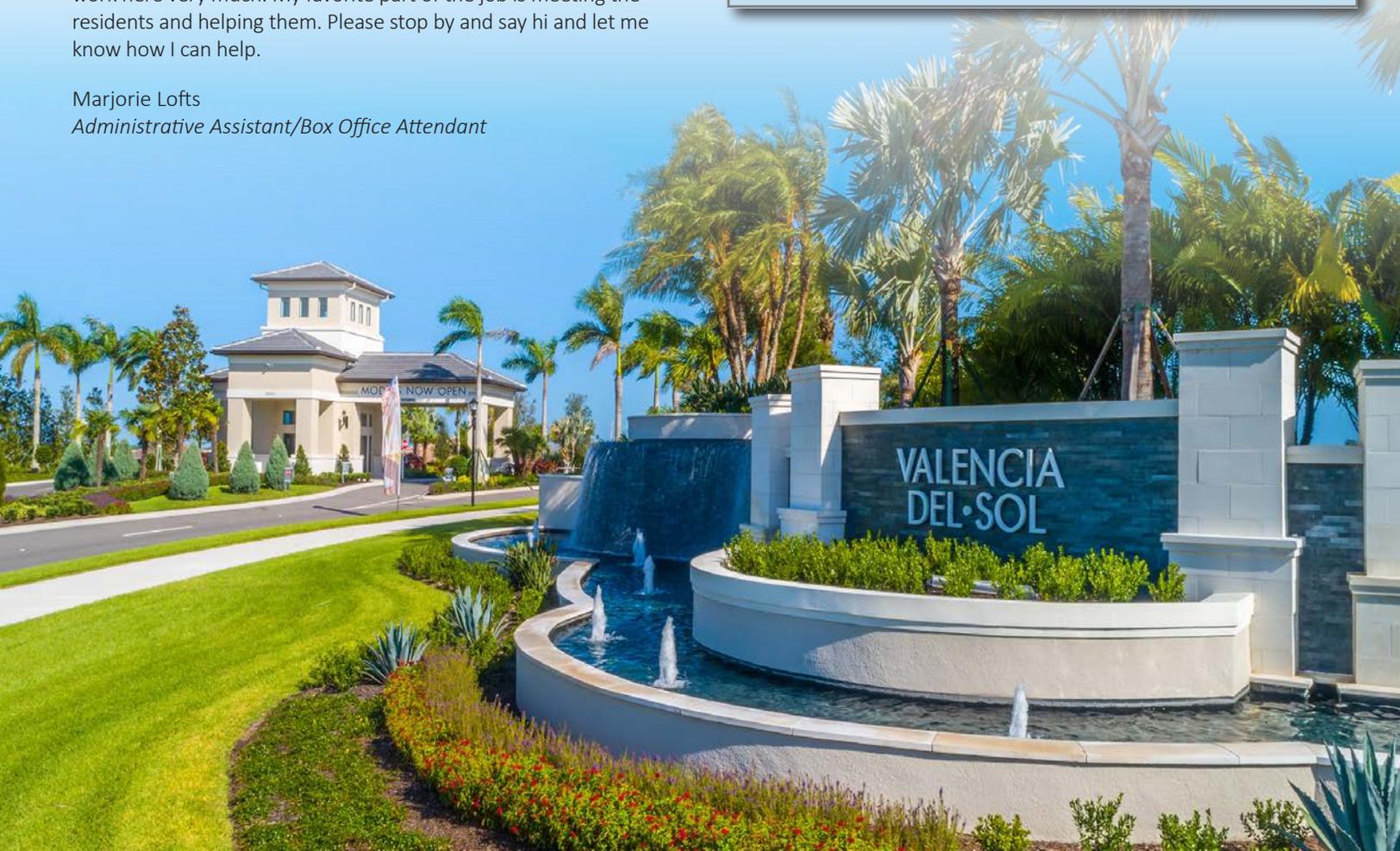
Kathy is originally from Long Island, New York and moved to Valencia del Sol in 2021. She is married and has two children who reside in the Tampa area.

Kathy actively participates in Pickleball, is an avid swimmer and does attend some of the HOA Events.

She told me that she and her husband chose Valencia del Sol because of the active lifestyle, the reputation of the builder, the small community feel and, most importantly, to be closer to their children. They also enjoy attending the major sporting events and restaurants that Tampa has to offer.

Kathy does enjoy dining at the Bistro when her busy, active schedule permits.

Thank you Kathy for your support here at Valencia del Sol!





HOA EVENTS & ACTIVITIES

MONTHLY EVENTS



ONE BLOOD BLOOD DRIVE

**Wednesday, April 12th & Wednesday June 14th
1:30 – 6:30 p.m. • Clubhouse Parking Lot**

One Blood will be onsite to receive your blood donations.
A link for appointments will be posted to the residents before the blood drive.
Please give the gift of blood!



COFFEE & CONVERSATION

**Tuesday, April 18th & June 6th • 11:00 a.m.
Social Hall • Free to Attend**

Join your Lifestyle Team for a sneak peek at the upcoming events, activities, Frontsteps and more! Complimentary coffee will be provided. RSVP required. 30 Person Maximum.



VENDOR MARKET

**SUNDAYS • April 23rd • May 28th • June 25th
10:00 a.m. – 2:00 p.m. • Event Lawn**

The American Markets Company brings local businesses together in the community to have a unique vendor market and a place where local residents can shop without leaving the neighborhood. Some of our vendors include: local honey, handmade jams, jellies, soaps, bath bombs, pet products, home décor, arts and crafts, handmade jewelry and other crafty items.

DANCE LESSONS

WITH **ROY STONE**

**April 3, 10, 17 & 24 • May 1, 8, 15, 22
June 5, 12, 19, 26**

**7:00 pm – 8:00 pm • Exercise Studio
\$40 per person (for the month)**

Singles Welcome! Not sure if this is for you?
Try a class for free!

Minimum 10 people needed to host this event.





MPiRE BAND

Saturday, April 1st • 7:00 p.m.
Social Hall • \$25 per person (plus tax)

Back by popular demand! MPiRE Band, a group of people that share the common bond of having found their passion – making a living with their talent. MPiRE is a band that has great chemistry on stage and knows how to use the Power of Great Music to engage their clients and energize the party.



Saturday, April 22nd • 7:00 p.m.
Social Hall • \$35 per person (plus tax)

For over 50 years, Neil Diamond graced stages all over the world. Now, this tribute continues his legacy with a show full of chart toppers delivered by an accomplished set of musicians and a polished front man. “Solitary Man”, “Forever in Blue Jeans” and “Cherry, Cherry” are just a few of the unforgettable hits from this living legend! After this NEARLY DIAMOND experience, you’re sure to leave shouting, “So good, so good, so good”!



Medicare Mary

Tuesday, April 25th • 1:00 p.m. • Social Hall • Free To Attend

Medicare Mary will be here to discuss 2023 Medicare updates and costs, Medicare and ambulance services and Medicare travel/evacuation. RSVP required by April 22nd to Lori at lpickel@grsmgt.com.





HOA EVENTS & ACTIVITIES

VALENCIA DEL SOL
FRONTSTEPS 101
INSTRUCTIONAL SEMINAR



Thursday, May 11th • 2:00 p.m.
Social Hall • Free To Attend

Join Lori and Christian as they go over some of the features of Frontsteps and answer any questions you may have. RSVP required by May 9th to Christian at ccruz@grsmgt.com. Minimum of 15 needed to host this event.

The Pelican Players
Community Theater

Present
MURDER MYSTERY
DINNER THEATER
CRIMES



FASHION
by James Williams

May 19th
6:30 p.m. • Social Hall
\$55 Per Person (plus tax)
Includes 3 Course Dinner

Kiki Crocker is dead! Someone planted a piece of poison cake in her dressing room. Kiki was a model for top fashion designer, Enrique Roco. She travelled the world with his entourage modelling his fashions. Someone in the entourage had it in for Kiki. Come join the fun to figure out whodunnit. Five suspects and one zany detective bring the show to life.

SSA PRESENTATION



Tuesday, May 23rd
2:00 p.m. • Social Hall
Free To Attend

Javier Morales, SSA Public Affairs Specialist, will be here to discuss the following: The Social Security Number, Factor of Retirement for SSA, Contribution to SSA FICA, Overview of Retirement Benefits, Spouses' Benefits, Divorced Spouse Benefits, Deemed Filing, Voluntary Benefits Suspension, Government Pension Offset, Windfall Elimination Provision (WEP), Disability Benefits (SSDI), Supplemental Security Income (SSI), Survivor Benefits, Auxiliary Benefits for Children, Working While Receiving Benefits, Taxation of SSA Benefits, Medicare Enrollment Period, How to Apply for Benefits, SSA Statement, My SSA Online and Calculators. RSVP Required to Lori at lpickel@grsmgt.com.

MEMORIAL DAY POOL PARTY



with
DJ Tanya



Monday, May 29th
12:00 – 4:00 p.m. • Poolside
\$35 Per Person (plus tax)

Let's party poolside with DJ Tanya and have some fun! The Bistro will be providing a fantastic BBQ menu that will temp your tastebuds. We will also be doing a 50/50 raffle to raise money for the Wounded Warrior Project. All proceeds will go to the Project and the winner will be receive a \$100 gift certificate for a Sunset Dinner Cruise for two through Latitudes Cruises out of Ruskin, Florida. For more information on the Wounded Warrior Project, please visit their website: www.woundedwarriorproject.org.

SNAPSHOTS



K-LUV & THE UNITED FUNK FOUNDATION

Saturday, June 10th • 7:00 p.m.

Social Hall • \$30 per person (plus tax)

Kim Lovering began an international career singing with Wilson Pickett and Ashford & Simpson. She developed her own act and opened for B.B. King, Spencer Davis Group, Al Green and Toby Keith. Kim created K-Luv & The United Funk Foundation performing the biggest hits of the 60's, 70's, 80's, featuring Dave Scott on guitar & vocals, who has toured with Kool & The Gang, Mark Anthony and Gloria Gaynor. Jeff Nelson plays the bass and sings. He toured with The Temptations for over a decade.



Poolside Caribbean Party

WITH **THE LIGHTNING JACK TRIO**

Saturday, June 24th • 4:00 – 7:00 p.m.

Poolside • FREE TO ATTEND

Get ready to party poolside with the Lightning Jack Trio. Dress in your best Caribbean attire and enjoy some great food and drink specials offered by Bistro del Sol.

This event is being paid for with HOA event proceeds.



RACQUET SPORTS

The hours of operation at del Sol Racquet • Monday – Saturday • 8:00 a.m. – 1:00 p.m.



SPORTS DIRECTOR **BYRON FRESO**

Growing up in Guyana, Byron Freso has always been playing sports at the top level – whether volleyball, racquetball, or table tennis. Byron has won countless medals as a professional player and is also heavily involved in the sport in other areas as the Team Ambassador for ONIX Pickleball, an IPTPA and PPR certified Pickleball instructor, Head Official APP Professional PB Tour, and is also considered to be one of the top referees in the game.

BENEFITS OF PLAYING PICKLEBALL

Pickleball is a great sport for people of all ages and fitness levels. It is a low-impact activity that can be played at a leisurely pace or at a more competitive level, depending on the players' preferences. Here are some of the benefits of playing pickleball:

- 1. Cardiovascular Fitness:** Pickleball is a great way to get your heart pumping and improve your cardiovascular fitness.
- 2. Hand-Eye Coordination:** Playing pickleball will enhance and improve your reaction time and hand-eye coordination.
- 3. Socialization:** Pickleball is a social sport that can be played with friends and family, providing an opportunity for socialization and connection.
- 4. Low-Impact:** Because pickleball is a low-impact sport, it is easier on the joints than other high-impact sports like tennis or basketball.
- 5. Improves Balance:** Pickleball can help improve balance and stability, which is especially important for older adults.

TIPS AND STRATEGIES

Mastering the Third Shot Drop: The third shot drop is a crucial shot in pickleball that can help you win points and control the game. To execute this shot, hit the ball with a slight arc so that it drops just over the net and lands in the non-volley zone. This will force your opponents to hit a defensive shot, giving you the opportunity to move up to the net and take control of the point.

Anticipating Your Opponent's Shot: To become a better pickleball player, it's important to anticipate your opponent's shot and position yourself accordingly. Watch their body language, footwork, and paddle position to predict where they're going to hit the ball. This will give you more time to react and make a strategic shot.



TENNIS SCHEDULE • APRIL – JUNE

Register on the Chelsea Reservation System

MONDAY

Tennis Clinic
9:00 – 10:30 a.m.

Private Lessons
11:00 – 12 noon

TUESDAY

**Ball Machine Practice
on Strokes**
9:30 – 10:30 a.m.

Private Lessons
11:00 – 12 noon

WEDNESDAY

Open Play for Residents
9:00 – 10:00 a.m.

Private Lessons
11:00 – 1:00 p.m.

THURSDAY

Service Practice
9:00 – 10:30 a.m.

Private Lessons
11:00 a.m.

FRIDAY

**Round Robin Play
Doubles**
9:00 – 10:30 a.m.

Private Lessons
11:00a.m.

All Tennis clinics require a minimum of four players and a maximum of eight players per session. Cost: \$20

Tennis ball machine rental is \$25 per hour during hours of operation.

Tennis Pro, Cornelius Brickhouse, can be reached at C_Brickhouse@yahoo.com or by cell: 813-765-2632 for further information.

TENNIS TIP: FOOTWORK

Footwork is very important. One of the biggest misconceptions that every player seems to have is they can play tennis without moving their feet. Learning the correct footwork will automatically help fix a lot of mistakes. Make sure you give yourself enough time and space to prepare for your shot so you do not run through the ball.



BOCCE SCHEDULE • APRIL – JUNE

TOURNAMENTS

Bocce Tournaments: A flyer with more details will be posted on the ongoing competition against Valencia Lakes and Sun City. In-house tournaments are being scheduled.

Private, Semi-Private, & Group Lessons Available!

Email PickTen.Freso@gmail.com to schedule private, semi-private, or group lessons.

BOCCE TIP: IMPROVE YOUR GRIP

When learning how to throw a bocce ball, you need to first improve your grip. Grip the balls with just your thumb and forefinger and cradle the rest of it in your palm. This grip will give you some control over the ball without forcefully clutching it. Then use the strength of your index finger and your thumb to make the actual throw.

BOCCE MEET UPS

Mondays & Wednesdays • 6:00 p.m. and 7:00 p.m.

Email PickTen.Freso@gmail.com or text 678-592-6444



PICKLEBALL SCHEDULE • APRIL – JUNE

Register on the Chelsea Reservation System

MONDAY

**Open Play
for Recreational,
Intermediate and
Competitive Players**

8:00 – noon

**Pickleball Boot Camp
for Intermediate Players •
\$25**

(4 lessons)

6:00 – 7:00 p.m.

Maximum 8 Players

TUESDAY

**Pickleball Boot Camp
for Recreational &
Intermediate Players
Respectively • \$25**

(4 lessons)

8:00 – 9:00 a.m.

9:00 – 11:00 a.m.

Maximum 8 Players

**King of the Court
Competition**

6:00 – 8:00 p.m.

WEDNESDAY

**Open Play
for Recreational,
Intermediate and
Competitive Players**

8:00 – noon

**Pickleball Bootcamp for
Competitive Players • \$25**

(4 lessons)

6:00 – 7:00 p.m.

Maximum 8 Players

THURSDAY

**Pickleball Boot Camp
for Recreational &
Intermediate Players
Respectively • \$25**

(4 lessons)

8:00 – 9:30 a.m.

9:30 – 11:00 a.m.

Maximum 8 Players

**King of the Court
Competition**

6:00 – 8:00 p.m.

FRIDAY

**Private Lessons
(1 or 2 players)**

9:00 – 4:00 p.m.

Drill with Coach Byron

This is an opportunity to meet with Byron to talk about improving your game.

PICKLEBALL RATING SESSIONS Reserve a time to be rated. Players are encouraged to have Byron rate their level of play. Players will be able to identify the skills and characteristics necessary for each skill level. If you want to be rated, please sign up on the whiteboard at the pickleball pavilion.

BOOTCAMP Bootcamp provides players with a comprehensive training program to play the sport. The program consists of how-to warmup before playing; stretching before play; how to avoid cramping on the court and some nutrition. Players learn about the different types of ways to grip the paddle and how to position and communicate amongst themselves on the court for effective play. Players can sign up on the whiteboard at the Pickleball Pavilion.

Players are encouraged to sign up for a 1.5 hour beginner or intermediate lesson with Byron on Tuesday & Thursday and competitive lesson on Wednesday evening. Players can sign up for lessons via email at PickTen.freso@gmail.com or text 678-592-6444. Sign-ups are based on a first to register basis.

PRIVATE LESSONS Price sheets for private lessons are in the display case at the courts. Players are encouraged to contact Byron if there are any questions via email at PickTen.freso@gmail.com or text 678-592-6444.

BEGINNERS Learn Pickleball fundamentals: serve, return of serve, basic dinking and blocking. Free to attend and limited to a maximum of eight participants per session.

INTERMEDIATE Positioning at the No Volley Zone (Kitchen), Cross Court Dinking Lobs and Lob Defense, NVZ Footwork, Third Shot Drop, Strategic Pickleball. Free to attend and limited to a maximum of eight participants per session.

PICKLEBALL TOURNAMENTS for recreational & competitive players

Easter Bunny PICKLEBALL TOURNAMENT

April 8th

Wear your best Easter Bunny Costume to have fun and fellowship with your fellow pickleball players.

Memorial Day Weekend PICKLEBALL TOURNAMENT

May 27th

Come and celebrate what this holiday is all about. It is about having a good time, but also remembering why we celebrate it.



PICKLEBALL PRICING

Register by emailing

pickten.freso@gmail.com or
call/text 678-592-6444.

Classes with a maximum of 8 players: \$20 per hour/per player • Classes with 4-7 players: \$30 per hour/per player
Private Lessons consisting of 1 player: \$40 per hour • Semi-private Lessons of 2-3 players: \$35 per hour/per player

All pickleball clinics limited to a maximum of 8 players per session, unless otherwise noted.

Valencia del Sol Spa

To Book Your Service: Please call 813-938-6599 or email Info@totalhealthsystemsinc.com

Relaxation Massage

\$85 / hour

Gentle massage with a smooth, flowing style that promotes overall relaxation, relieves muscle tension, and improves circulation and range of motion. Uses oil/creme.

Myofascial Release

\$85 / hour

This is a "dry massage", as it does not use oil or creme.

This treatment ranges from gentle to intense, targeting the connective tissue throughout the body. Myofascial release (MFR) involves applying sustained pressure to an area for a lengthened amount of time. The gentle tension allows for change in the fascia system (targeting the root of the issues, not just the symptoms).

Reiki

\$85 / hour

During this fully clothed session, you will lay on the massage table as the practitioner gently places their hands, palms down, on or just above your body in specific energy locations.

Deeply relaxing treatment.

Combination Massage

\$95 / hour

Not sure what style you want? Book this type, and we can use different techniques to figure out what type is best suited for you in the future. Detailed intake, discussion of preferences, and combo massage. MFR, relaxation, deep tissue, Reiki.

Deep Tissue

\$85 / hour

Slow, specific massage designed to reach your deepest layers of muscle tissue--where they attach to the bone. Uses oil/creme. Improves quality in your overall range of motion, decreases tension.

Swedish Massage

\$85 / hour

A gentle and superficial massage, the techniques vary from light to vigorous. These techniques include long gliding strokes, kneading, tapotement, and friction strokes. These strokes are often combined with active and passive movements to create a fluid, relaxing, circulatory-enhanced massage session. The primary benefits are: increased circulation of the blood and lymphatic fluid throughout the body as well as increase joint range of motion.

Deep Tissue Massage

\$95 / hour

Intended to affect the tissues that are deep within the body.

These techniques include long, sustained gliding strokes, prolonged direct pressure and strokes that travel across the muscles, perpendicular to the muscle fibers. This technique is usually performed without lotion, and it breaks up the restrictions in the fascia or muscle. These adhesions can form as a result of injury or chronic muscular tension patterns. This may limit movement, create pain, and result in postural compensation patterns.

Neuromuscular Massage Modalities

\$95 / hour

Engage in the relationship between the nervous and muscular systems to create reflex responses. The organ systems of the body are separate but very interdependent process. All of the activities of the muscular system depend on the nervous system, which is the main control system of the body. By using the physiological relationship between nerves and muscles, we can change muscle length and kinesthetic perception. This may include techniques such as: Trigger Point, NMT, reflexology etc. This is my specialty and I feel that it gets to the root of many people's muscular problems.

MASSAGE THERAPISTS



RICKY Ricky graduated from Cortiva Massage Institute in St. Petersburg, Florida in 2016. He is licensed in Swedish Massage, Sports Massage, Neuromuscular Massage, Myofascial Massage and he is a certified Reiki Master. Reiki is a Japanese modality of energy healing. Ricky looks forward to his continued growth in energy healing, and in relaxing the mind and body

of himself, as well as for his clients. Ricky truly looks forward to working with you all!



LAUREN Lauren specializes in therapeutic relaxation massage. Her treatments use a variety of modalities and are catered to each client's needs. She graduated from massage school in 2017 and immediately started working as both a yoga teacher and massage therapist. Her practice and knowledge of the human body blossomed organically and quickly. Her offerings include: Myofascial Release, Reiki, Cupping, Hot Stone, Sports Massage and Deep Tissue Massage.

POLICIES & CONSIDERATIONS

SCHEDULING Please be prompt for your scheduled appointment. Late arrivals may result in a reduction of service time and you will be charged full price.

CANCELATIONS At times you may need to reschedule your appointment. Please give 24 hours' notice or you will be charged full price.

GRATUITIES Not included in the cost of any of our services and it is at the sole discretion of the client.





FITNESS



MESSAGE FROM YOUR **FITNESS INSTRUCTOR**

Andrew Caro is a NASM Certified Personal Trainer and Nutrition Coach. He has been working as a Personal trainer since 2020. He specializes in corrective exercise, weight loss, Senior Fitness and nutrition. Andrew's goal is to help his clients achieve better health and a better quality of life. He uses progressive exercise methods to help clients improve their mobility, flexibility and strength.

On his free time he loves spending time with his wife and children!!



MESSAGE FROM YOUR **ZUMBA INSTRUCTOR**

I am a professionally trained dance performer, teacher and choreographer certified in Zumba, Zumba toning and Zumba Step instruction. I have many routines choreographed that I mix and match to create the perfect workout based upon the age and fitness of each class. I taught Zumba group fitness classes for the University of South Florida for 12 years and at various fitness centers, dance studios, charity and special events, as well as on national tours with dance conventions.

Jennifer Perry, Zumba Instructor



MESSAGE FROM YOUR **FITNESS INSTRUCTOR**

Mom of twin 5-year old boys. I have been in the yoga world for over 15 years. I am a professional flexologist, instructor and reiki master practitioner. I teach the stretch and tone and yoga classes at del Sol. I love what I do and how I get to connect with others.

Namgay Budha, Fitness Instructor

FREE EQUIPMENT CLINICS:

April 21st • 10:00 a.m.

May 19th • 10:00 a.m.

June 23rd • 10:00 a.m.

FITNESS CLASS SCHEDULE • APRIL - JUNE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--|--|--|--|
| Fit Camp 9:00 a.m. (Fitness Studio) | Body Sculpting 8:00 a.m. (Fitness Studio) | Fit Camp 9:00 a.m. (Fitness Studio) | Body Sculpting 8:00 a.m. (Fitness Studio) |
| Aqua Fit 10:15 a.m. (Pool) | Zumba 9:00 a.m. (Fitness Studio) | Aqua Fit 10:15 a.m. (Pool) | Zumba 9:00 a.m. (Fitness Studio) |
| | Yoga 6:00 p.m. (Fitness Studio) | | Yoga 6:00 p.m. (Fitness Studio) |

\$32/ Month/ 2x Week • Stretch & Tone \$22/ Month/ 1x a week • Info@totalhealthsystemsinc.com

FITNESS PROGRAMS

AQUA FIT A low impact water aerobics class where no swimming skills are needed, and all fitness levels are welcome! Designed to improve flexibility, range of motion, overall body and core strength, muscle tone, and cardiovascular endurance while using the resistance of the water to cushion the feet, knees, and back. Exercises are performed to upbeat, motivating music and are effective, easy, and fun to follow. Whether you are a beginner or an expert, you will be sure to get a great workout!

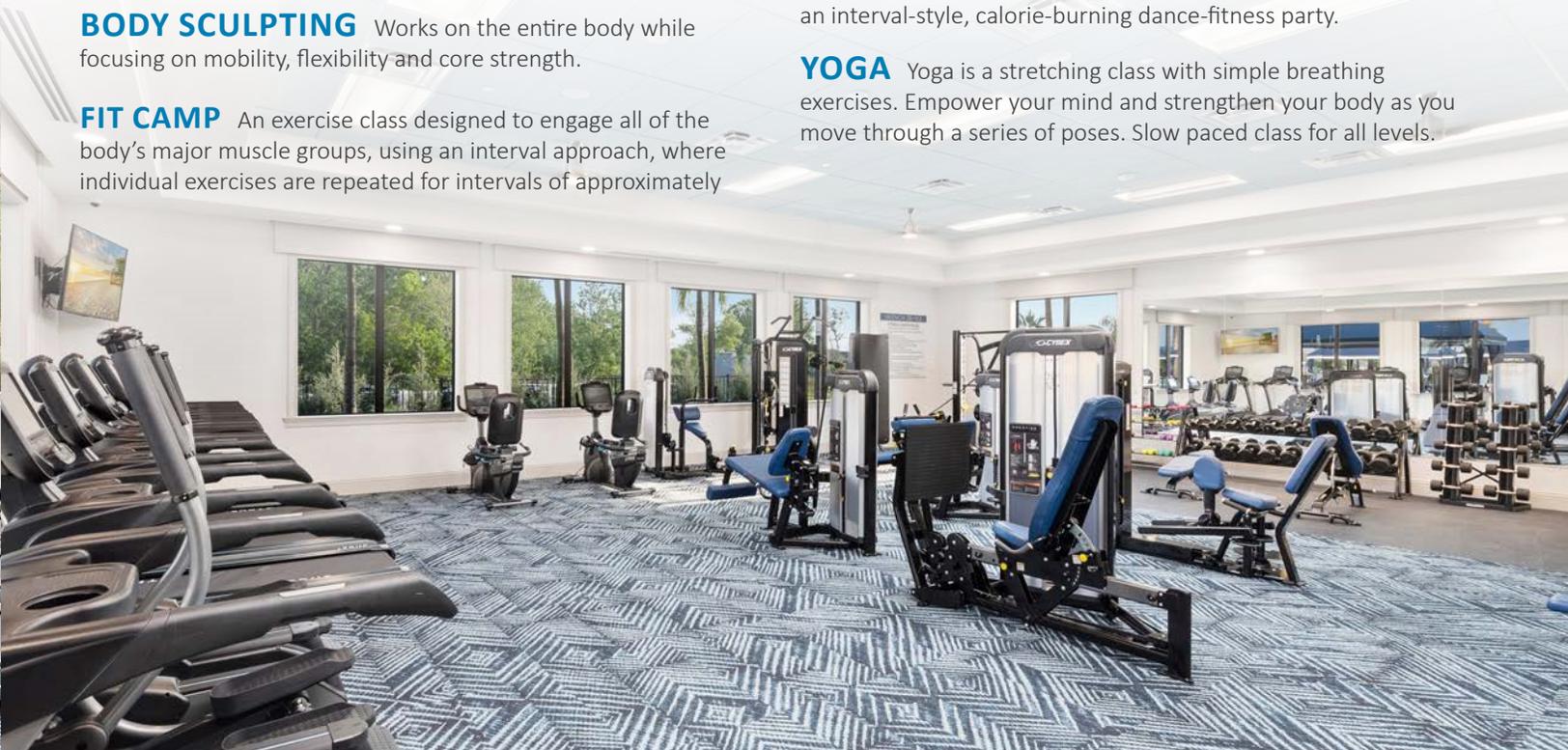
BODY SCULPTING Works on the entire body while focusing on mobility, flexibility and core strength.

FIT CAMP An exercise class designed to engage all of the body's major muscle groups, using an interval approach, where individual exercises are repeated for intervals of approximately

30 seconds, followed by a brief recovery period of approximately 10 seconds. Goals include muscle toning and strengthening, resistance training using weights, balance, coordination, and endurance. The class involves enhancing and improving movement in our muscles and joints, as well as, strengthening CORE MUSCLES (Torso) that stabilize the spine and provide support for all movement activities.

ZUMBA A mix of low-intensity and high-intensity moves for an interval-style, calorie-burning dance-fitness party.

YOGA Yoga is a stretching class with simple breathing exercises. Empower your mind and strengthen your body as you move through a series of poses. Slow paced class for all levels.





The Valencia del Sol Homeowners Association is pleased to have **Sterling Spoon** as our restaurateur. Sterling Spoon combines talented chefs, dedicated employees, and outstanding culinary and financial management to provide Valencia del Sol residents with extraordinary food and hospitality, taking an innovative approach. If you have any questions, please call the Bistro, 813-566-0851.



EASTER

April 9th • 10:00 a.m.
Bistro del Sol



MOTHER'S DAY BRUNCH

May 14th • 10:00 a.m.
Bistro del Sol



FATHER'S DAY BRUNCH

June 18th • 10:00 a.m.
Bistro del Sol





BISTRO DEL SOL

Eat. Drink. Relax

Our Promise To Our Guests

We promise an experience where our Guests can relax and enjoy the food and drink they love with people they love, while being cared for as a treasured friend.

Enjoy our full menu options, along with weekly daily specials.

Daily Happy Hour Specials

Join us Tuesday - Saturday 3pm - 5pm
\$1 off Appetizers
\$3 Beer and \$4 House Wine

Hours of Operation:

Monday: Closed
Tuesday: 11am to 8pm
Wednesday: 11am to 8pm
Thursday: 11am to 8pm
Friday: 11am to 8pm
Saturday: 11am to 8pm
Sunday: 10am to 2pm

Contact:

Bistro del Sol
(813) 566-0851

Sterling

CULINARY-MANAGEMENT





SNAPSHOTS



APRIL 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | |
|---|---|---|--|---|--|---|--|---|--|--|--|--|----|
| CALENDAR KEY <ul style="list-style-type: none"> ● Fitness ● Bistro del Sol ● Arts & Crafts Room ● Social Hall ● Pool Deck ● Parking Lot ● Card Room ● Courts ● Event Lawn ● Game Room ● Exercise Studio | | | | | | <ul style="list-style-type: none"> ● 1:00 pm Pottery Club ● 7:00 pm MPIRE Band | | | | | | | |
| 2 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Euchre Club ● 6:00 pm Texas Hold'em Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:30 pm Card Club ● 6:30 pm Christian Fellowship Club ● 7:00 pm Bocce Meetup | 3 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 9:30 a.m. Ball Machine Practice on Strokes ● 10:00 am Pottery Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 4 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis ● Open Play for Residents ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 2:00 pm Texas Hold'em ● 6:00 pm Learn Spanish Club ● 6:00 pm Pickleball Bootcamp Comp ● 6:00 pm Bocce Meetup ● 6:30 pm Day Trippers Club ● 6:30 pm Dealer's Choice Club ● 7:00 pm Bocce Meetup | 5 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Tennis Service ● Practice ● 9:00 am Zumba ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 6 | <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 3:00 pm A Crown Affair Club | 7 | <ul style="list-style-type: none"> ● 9:00 am Pickleball Easter Bunny Tournament ● 1:00 pm Pottery Club | 8 | |
| <ul style="list-style-type: none"> ● 10:00 am Easter Brunch | 9 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Euchre Club ● 6:00 pm Texas Hold'em Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:30 pm Card Club ● 7:00 pm Bocce Meetup | 10 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 9:30 am Ball Machine Practice on Strokes ● 10:00 am Pottery Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 2:00 pm Women's Book Club ● 5:30 pm Passover Seder ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court ● 7:00 pm Robin Hoods Club | 11 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis ● Open Play All Residents ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:30 pm Blood Drive ● 2:00 pm Texas Hold'em ● 6:00 pm Learn Spanish Club ● 6:00 pm Line Dancing Club ● 6:00 pm Pickleball Bootcamp Comp ● 6:30 pm Dealer's Choice Club | 12 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Tennis Service ● Practice ● 9:00 am Zumba ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away ● 10:00 am New Homeowner Orientation ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 13 | <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 7:00 pm Villa People Club | 14 | <ul style="list-style-type: none"> ● 1:00 pm Pottery Club | 15 |
| 16 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Euchre Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:00 pm Texas Hold'em Club ● 6:30 pm Card Club ● 6:30 pm Christian Fellowship Club ● 7:00 pm Bocce Meetup | 17 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, Comp ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 9:30 am Ball Machine Practice on Strokes ● 10:00 am Pottery Club ● 11:00 am Coffee & Conversation ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 6:00 pm Bunco Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 18 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis ● Open Play for Residents ● 9:00 am Fit Camp ● 10:00 am Photography 101 ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 2:00 pm Texas Hold'em ● 5:30 pm Ladies Club ● 6:00 pm Learn Spanish Club ● 6:00 pm Line Dancing Club ● 6:00 pm Bocce Meetup ● 6:00 pm Pickleball Bootcamp Comp ● 6:30 pm Dealer's Choice Club ● 7:00 pm Bocce Meetup | 19 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Tennis Service ● Practice ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 20 | <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play - Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 7:00 pm Villa People Club | 21 | <ul style="list-style-type: none"> ● 1:00 pm Pottery Club ● 7:00 pm Nearly Diamond Show | 22 | |
| <ul style="list-style-type: none"> ● 10:00 am Vendor Market | 23 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Euchre Club ● 3:00 pm Photo Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:00 pm Texas Hold'em Club ● 6:30 pm Card Club ● 6:30 pm Christian Fellowship Club ● 7:00 pm Bocce Meetup | 24 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, Comp ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 9:30 am Ball Machine Practice on Strokes ● 10:00 am Pottery Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 6:00 pm Bunco Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 25 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis ● Open Play for Residents ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 2:00 pm Texas Hold'em ● 6:00 pm Learn Spanish Club ● 6:00 pm Line Dancing Club ● 6:00 pm Bocce Meetup ● 6:00 pm Pickleball Bootcamp Comp ● 6:30 pm Dealer's Choice Club ● 7:00 pm Bocce Meetup | 26 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Tennis Service ● Practice ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 27 | <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play - Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 6:30 pm Vintage Club | 28 | <ul style="list-style-type: none"> ● 1:00 pm Pottery Club | 29 |
| 30 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Euchre Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:00 pm Texas Hold'em Club ● 6:30 pm Card Club ● 6:30 pm Christian Fellowship Club ● 7:00 pm Bocce Meetup | 31 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, Comp ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 9:30 am Ball Machine Practice on Strokes ● 10:00 am Pottery Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 6:00 pm Bunco Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 32 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis ● Open Play for Residents ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 2:00 pm Texas Hold'em ● 6:00 pm Learn Spanish Club ● 6:00 pm Line Dancing Club ● 6:00 pm Bocce Meetup ● 6:00 pm Pickleball Bootcamp Comp ● 6:30 pm Dealer's Choice Club ● 7:00 pm Bocce Meetup | 33 | <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Tennis Service ● Practice ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | 34 | <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play - Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 6:30 pm Vintage Club | 35 | | | |

*Note: Calendar events are subject to cancellations and revisions. To view the latest calendar visit valenciadelsolhoa.com

MAY 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|--|
| | <p>1</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 3:00 pm Photo Club 6:00 pm Texas Hold'em Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:30 pm Card Club 6:30 pm Christian Fellowship Club 7:00 pm Bocce Meetup | <p>2</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 a.m. Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court | <p>3</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play for Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Pickleball Bootcamp 6:00 pm Bocce Meetup 6:30 pm Day Trippers Club 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup | <p>4</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Tennis Service 9:00 am Zumba 9:30 am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinocle Club 6:00 pm Yoga | <p>5</p> <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 3:00 pm A Crown Affair Club | <p>6</p> <ul style="list-style-type: none"> 9:00 am Photography 101 1:00 pm Pottery |
| <p>7</p> | <p>8</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Texas Hold'em Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:30 pm Card Club 7:00 pm Bocce Meetup | <p>9</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 am Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 2:00 pm Women's Book Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 7:00 pm Robin Hoods Club | <p>10</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play All Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Pickleball Bootcamp Camp 6:00 pm Bocce Meetup 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup | <p>11</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Tennis Service 9:00 am Zumba 9:30 am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinocle Club 2:00 pm Frontsteps Refresher 6:00 pm Yoga 6:00 pm Pickleball King of the Court | <p>12</p> <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 7:00 pm Villa People Club | <p>13</p> <ul style="list-style-type: none"> 9:00 am Photography 101 1:00 pm Pottery |
| <p>14</p> <p>Mother's Day</p> | <p>15</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int, & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:00 pm Texas Hold'em Club 6:30 pm Card Club 6:30 pm Christian Fellowship Club 7:00 pm Bocce Meetup | <p>16</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 am Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm Bunco | <p>17</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play for Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp Camp 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup | <p>18</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Tennis Service 9:30 am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinocle Club 6:00 pm Yoga | <p>19</p> <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play - Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 6:30 pm Crimes of Fashion Murder/Mystery Show | <p>20</p> <ul style="list-style-type: none"> 9:00 am Photography 101 1:00 pm Pottery |
| <p>21</p> | <p>22</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int, & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:00 pm Texas Hold'em Club 6:30 pm Card Club 6:30 pm Christian Fellowship Club 7:00 pm Bocce Meetup | <p>23</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 am Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court | <p>24</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play for Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp Camp 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup | <p>25</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Tennis Service Practice 9:30 am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinocle Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court | <p>26</p> <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play - Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 6:30 pm Vintage Club | <p>27</p> <ul style="list-style-type: none"> 9:00 am Pickleball Memorial Weekend Tournament 9:00 am Photography 101 1:00 pm Pottery |
| <p>28</p> <ul style="list-style-type: none"> 10:00 am Vendor Market | <p>29</p> <p>Memorial Day</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 12:00 pm Memorial Day Pool Party 1:00 pm Euchre Club 3:00 pm Photo Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:00 pm Texas Hold'em Club 6:30 pm Card Club 6:30 pm Christian Fellowship Club 7:00 pm Bocce Meetup | <p>30</p> <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 am Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court | <p>31</p> <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play for Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp Camp 7:00 pm Bocce Meetup | <p>CALENDAR KEY</p> <ul style="list-style-type: none"> Fitness Bistro del Sol Arts & Crafts Room Social Hall Pool Deck Bocce Parking Lot Card Room Courts Event Lawn Game Room Exercise Studio | | |

*Note: Calendar events are subject to cancellations and revisions. To view the latest calendar visit valenciadelsolhoa.com

JUNE 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|---|--|
| <p style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; font-size: 1.2em;">CALENDAR KEY</p> <ul style="list-style-type: none"> ● Fitness ● Bistro del Sol ● Arts & Crafts Room ● Social Hall ● Pool Deck ● Bocce ● Parking Lot ● Card Room ● Courts ● Event Lawn ● Game Room ● Exercise Studio | | | | <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Tennis Service Practice ● 9:00 am Zumba ● 9:30am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga | <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 3:00 pm A Crown Affair Club ● 6:00 pm Club Royale Happy Hour | <ul style="list-style-type: none"> ● 9:00 am Photography 101 ● 1:00 pm Pottery |
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">4</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Euchre Club ● 6:00 pm Texas Hold'em Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:30 pm Card Club ● Christian Fellowship Club ● 7:00 pm Bocce Meetup | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">5</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 9:30 am Ball Machine Practice on Strokes ● 10:00 am Pottery Club ● Coffee and Conversation ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">6</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis Open Play All Residents ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 2:00 pm Texas Hold'em ● 2:00 pm Blood Drive ● 6:00 pm Learn Spanish Club ● 6:00 pm Pickleball Bootcamp Camp ● 6:00 pm Bocce Meetup ● 6:30 pm Day Trippers ● 6:30 pm Dealer's Choice Club ● 7:00 pm Bocce Meetup | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">7</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Tennis Service Practice ● 9:00 am Zumba ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">8</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Tennis Service Practice ● 9:00 am Zumba ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">9</p> <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 7:00 pm Villa People Club | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">10</p> <ul style="list-style-type: none"> ● 9:00 am Photography 101 ● 1:00 pm Pottery ● 7:00 pm K-Luv The United Funk Foundation |
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">11</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 Tennis Private Lessons ● 1:00 pm Euchre Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:00 pm Texas Hold'em Club ● 6:30 pm Card Club ● 7:00 pm Bocce Meetup | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">12</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 9:30 am Ball Machine Practice on Strokes ● 10:00 am Pottery Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 2:00 pm Women's Book Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court ● 7:00 pm Robin Hoods Club | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">13</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis Open Play for Residents ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:30 pm Blood Drive ● 2:00 pm Texas Hold'em ● 6:00 pm Learn Spanish Club ● 6:00 pm Line Dancing Club ● 6:00 pm Bocce Meetup ● 6:00 pm Pickleball Bootcamp Camp ● 6:30 pm Dealer's Choice Club ● 7:00 pm Bocce Meetup | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">14</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Tennis Service Practice ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am New Homeowner Orientation ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">15</p> <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play - Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 7:00 pm Villa People Club | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">17</p> <ul style="list-style-type: none"> ● 9:00 am Photography 101 ● 1:00 pm Pottery | |
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">18</p> <p style="color: blue; font-weight: bold; font-size: 1.2em;">Father's Day</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 Tennis Private Lessons ● 1:00 pm Euchre Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:00 pm Texas Hold'em Club ● 6:30 pm Card Club ● 6:30 pm Christian Fellowship Club ● 7:00 pm Bocce Meetup | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">19</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 10:00 am Pottery Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 6:00 pm Yoga ● 6:00 pm Bunco Club ● 6:00 pm Pickleball King of the Court | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">20</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis Open Play for Residents ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 2:00 pm Texas Hold'em ● 6:00 pm Learn Spanish Club ● 6:00 pm Line Dancing Club ● 6:00 pm Bocce Meetup ● 6:00 pm Pickleball Bootcamp Camp ● 6:30 pm Dealer's Choice Club ● 7:00 pm Bocce Meetup | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">21</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Tennis Service Practice ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">22</p> <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play - Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club ● 6:30 pm Vintage Club | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">24</p> <ul style="list-style-type: none"> ● 9:00 am Photography 101 ● 1:00 pm Pottery ● 4:00 pm Lighting Jack Trio | |
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">25</p> <ul style="list-style-type: none"> ● 10:00 am Vendor Market | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">26</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play Rec, Int, & Comp ● 9:00 am Tennis Clinic ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 Tennis Private Lessons ● 1:00 pm Euchre Club ● 3:00 pm Photo Club ● 6:00 pm Pickleball Bootcamp Int ● 6:00 pm Bocce Meetup ● 6:00 pm Texas Hold'em Club ● 6:30 pm Card Club ● 6:30 pm Christian Fellowship Club ● 7:00 pm Bocce Meetup | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">27</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Pickleball Boot Camp Rec & Int ● 10:00 am Pottery Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 1:00 pm Painting Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">28</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Open Play ● 9:00 am Tennis Open Play for Residents ● 9:00 am Fit Camp ● 10:15 am Aquafit ● 11:00 am Tennis Private Lessons ● 1:00 pm Bridge Club ● 2:00 pm Texas Hold'em ● 6:00 pm Learn Spanish Club ● 6:00 pm Line Dancing Club ● 6:00 pm Bocce Meetup ● 6:00 pm Pickleball Bootcamp Camp ● 6:30 pm Dealer's Choice Club ● 7:00 pm Bocce Meetup | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">29</p> <ul style="list-style-type: none"> ● 8:00 am Pickleball Bootcamp Rec & Int ● 8:00 am Body Sculpting ● 9:00 am Zumba ● 9:00 am Tennis Service Practice ● 9:30 am Pickleball Bootcamp Rec & Int ● 10:00 am Stitch Away Club ● 11:00 am Tennis Private Lessons ● 1:00 pm Pottery Club ● 2:00 pm Pinochle Club ● 6:00 pm Yoga ● 6:00 pm Pickleball King of the Court | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">30</p> <ul style="list-style-type: none"> ● 9:00 am Pickleball Private Lessons ● 9:00 am Round Robin Play - Doubles ● 11:00 am Tennis Private Lessons ● 1:00 pm Mah Jongg Club | |

*Note: Calendar events are subject to cancellations and revisions. To view the latest calendar visit valenciadelsolhoa.com



CLUB BEAT



Below is a listing of current clubs and the number is quickly growing! Clubs are open to all! If you are interested in any of the following clubs or would like to start a new club, please contact Lori at lpickel@grsmgt.com.

A Crown Affair Club

Barry Klein
Bk85@comcast.net

VDS Bridge Club

Mark Molitch
Molitch@northwestern.edu

Bunco Club

Lynne Hock
Lynne.hock@yahoo.com

Card Club

Nancy Kindness
Nankindness@gmail.com

Christian Fellowship and Bible Study

Judy Riley
Sriley0424@outlook.com

Cigar Club

James (Smokey) Knudsen
vdscigarclub@gmail.com

Day Trippers Club

Kathy Johns
Kat52554@aol.com

NEW: Dealer's Choice Club

Jeffrey Saltzer
Saltman200@gmail.com

Emergency Operations Club

Tonya Mull
tonyamull2@gmail.com
Ileana Turner
ileana.turner@gmail.com

Euchre Club

Greg Ewing
Ewing2714@gmail.com

Golf Cart Club

Beth Ewing
Gbewing14@gmail.com

Jewish Culture Club

Susan Chandler
Susanchaya@verizon.net

JULIET Club

(Just Us Ladies Into Eating Together)
Cheryl Lesko
JulietatVDS@gmail.com

Ladies' Club

Kathy Johns
Kat52554@aol.com

Learn Spanish Club

Dave Paluch
Dave3096@yahoo.com

NEW: Line Dancing Club

Linda Porter
Linda.j.porter7@gmail.com

Mah Jongg Club

Gwyn Gordon
Perftrip@aol.com

Painting Club

Inger Ames
Ingerames@yahoo.com

Photography 101 Club

Tony Lesko
Tlesko1960@gmail.com

Intermediate/Advanced Photography Club

Dave Paluch
Dave3096@yahoo.com

Pinochle Club

Nancy Kindness
Nankindness@gmail.com

Pottery Club

Ralph Belcher
Merkinrwb@tampabay.rr.com

Robin Hoods Club

Anthony Lesko
Tlesko1950@gmail.com

ROMEO Club

(Retired Old Men Eating Out)
Kevin Troio
Ktroio@gmail.com

Stitch Away Club

Judy Walker
Needlewoman2668@comcast.net

Texas Hold'em Club

Greg Ewing
Ewing2714@gmail.com
Jeffrey Saltzer
Saltman200@gmail.com

Veterans Group

Tom Lauterback
Tkl60123@me.com

Villa People Club

Anthony Lesko
Tlesko1950@gmail.com

Vintage People Club

Lynn Turchiarelli
moylynn1@hotmail.com

NEW: WeCare Network

Judy Riley
Sriley0424@outlook.com

Women's Book Club

Lee Lathbury
Leelathbury@gmail.com