

Fun in the Sun

VALENCIA DEL • SOL

*Celebrate
Summer!*

**JULY 4TH CELEBRATION
WITH DJ ROBB SMITH**

July 4th

**COMEDY SHOW
WITH FRANKIE PAUL
& FRAN CAPO**

August 18th

CHELLO BAND

September 16th



Our resident cover model,
Cyndi Albers, keeping cool...

TAMPA'S BEST 55+ RESORT-STYLE LIVING



CONTACTS

The Club at Valencia del Sol is Located at:
5010 Sevilla Shores Drive,
Wimauma, FL 33598
Clubhouse Main Line: (813) 566-0855

GRS Community Management Hours
9:00 a.m – 5:00 p.m. Daily

Community Association Manager

Christian Cruz
Ccruz@grsmgt.com • Extension 203

Lifestyle Director

Lori Pickel
lpickel@grsmgt.com • Extension 204

BISTRO DEL SOL

General Manager/Chef de Cuisine

Douglas Grimley
Extension 205

Chef de Cuisine

Kimberly McKellar
Ext. 205

TOTAL HEALTH SYSTEMS

Fitness Director

Marni Rudnick
info@totalhealthsystemsinc.com
(813) 938-6599

RACQUET CLUB

Sports Director

Byron Freso
5030 Seville Shores Drive
(678) 592-6444 (cell) • pickten.freso@gmail.com



MESSAGE FROM YOUR COMMUNITY ASSOCIATION MANAGER

I have been blessed to be a part of such a wonderful community and have such a supportive team alongside me. Seeing the community grow and change over these past two years has also inspired me to reach for the next step in my career. As the Community Association Manager, I aim to continue giving quality customer service and direction on any matter involving Valencia del Sol.

Chris Cruz
Community Association Manager



MESSAGE FROM YOUR LIFESTYLE DIRECTOR

I have so much planned for you for the next few months. This newsletter is just one of the ways I will keep you updated on what is going on at Valencia del Sol. Your participation in the events is especially important and I encourage all residents to sign up as early as possible to avoid cancellation of an event. If you need any assistance, I am always here to help. You should be receiving weekly emails from me regarding all activities here at the clubhouse. If you are not, please contact me so we can make sure you don't miss out on anything! I am happy to answer any questions you may have and, your feedback is very important. My door is always open! If we have not yet met in person, please stop by and introduce yourself!

Lori Pickel
Lifestyle Director



Keep an eye out
for the Valencia
del Sol 2023-2024
Show Guide!

RESIDENT SPOTLIGHT



EOIN STAFFORD



Eoin is originally from Scotland. He resided in Reston, Virginia before moving to Valencia del Sol in 2020 with his wife Sandi.

Eoin actively participates in Body Sculpting, Zumba, and Pickleball. He also enjoys and participates in many of the Lifestyle shows and events.

He told me that he and his wife chose Valencia del Sol because of its location on the west coast of Florida, and the Builder's reputation. They both enjoy the active, self-contained, maintenance-free, adult lifestyle offered here, and the security of a gated community.

Eoin and Sandi eat at the Bistro a few times a month.

Thank you Eoin for your support here at Valencia del Sol!



NEW HOMEOWNER ORIENTATION

**Thursday, August 17th • 10:00 a.m. • Social Hall
FREE TO ATTEND**

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs to using the amenities, programs, we systems, property questions and more.

Residents are required to be closed on homes.
RSVP to Christian at Ccruz@grsmgt.com.

SNAPSHOTS





HOA EVENTS & ACTIVITIES

DINNER & A MOVIE NIGHTS

FRIDAYS • July 14th • August 11th • September 15th
5:45 p.m. • Social Hall • FREE TO ATTEND

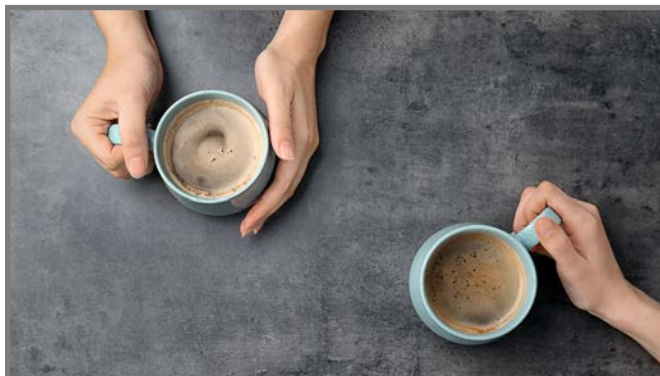
Keep an eye out for which movies will be shown.



COFFEE & CONVERSATION

Tuesday, August 8th • 11:00 a.m.
Social Hall • Free to Attend

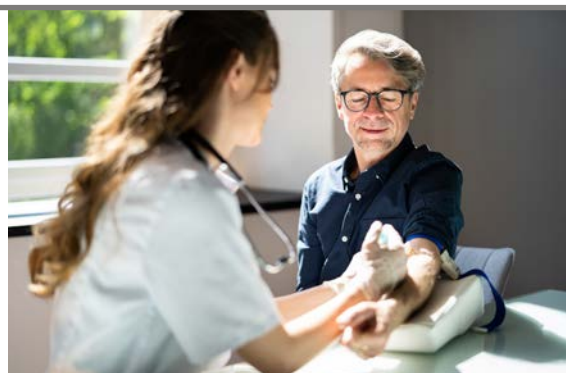
Join your Lifestyle Team for a sneak peek at the upcoming events, activities, Frontsteps and more! Complimentary coffee will be provided. RSVP required. 30 Person Maximum.



ONE BLOOD BLOOD DRIVE

Wednesday, August 16th
1:30 – 6:30 pm
Clubhouse Parking Lot

One Blood will be onsite to receive your blood donations.
A link for appointments will be posted to the residents before the blood drive.
Please give the gift of blood!



VENDOR MARKET

SUNDAYS • September 24th
10:00 a.m. – 2:00 p.m. • Event Lawn

The American Markets Company brings local businesses together in the community to have a unique vendor market and a place where local residents can shop without leaving the neighborhood. Some of our vendors include: local honey, handmade jams, jellies, soaps, bath bombs, pet products, home décor, arts and crafts, handmade jewelry and other crafty items.





JULY 4TH CELEBRATION

Tuesday, July 4th • 12:00 – 4:00 p.m.
Poolside • A la Carte (QR Code)

Enjoy a delicious 4th of July menu provided by Bistrol del Sol, along with some festive drink specials. DJ Robb Smith will be spinning some great music poolside and taking your requests. There will fun games and prizes. It's sure to be a great time as it always is!

JULY



HILLSBOROUGH
COUNTY
FIRE RESCUE
(HCFR)



Wednesday, July 12th
2:00 p.m. • Social Hall
FREE TO ATTEND

Hillsborough County Fire Rescue will be here for a presentation on fire safety and fire extinguisher training. Please make sure to RSVP to Lori by July 9th, lpickel@grsmgt.com.



Paint & Sip Party

Wednesday, July 26th • 7:00 p.m.
Social Hall • \$45 per person

Who doesn't love the farmers market? Wish you had a cute reusable bag to take with you? Come and create this farmers market themed bag with us! Pinot's Palette will be here for a paint and sip party. We will be painting on a canvas tote bag just in time for those trips to the farmer's market or beach! A link will be posted for you to purchase your tickets directly from them. It's always a fun event!





HOA EVENTS & ACTIVITIES

AUGUST

COMEDY SHOW

Friday • August 18th • 7:00 p.m.
Social Hall • \$20 per person (plus tax)

FRANKIE PAUL

"A complete gas ... huge laughs throughout!" - Florida Today

Don't miss this Groucho Favorite! Frankie Paul has a unique knack for taking a typically unnoticeable situation and placing it to new levels of hysterics! From fishing, scuba diving, and female body builders, to marriage, kids, and how we choose the animals we eat. He hits them all from angles you know but, never see coming! After it's over, the crowds are drained but want to ride again and again! If laughter is truly the best medicine, then Frankie Paul should be Surgeon General.



FRAN CAPO

Fran is a 10-time Guinness Book World Record holder, most known as the World's Fastest Talking Woman. She's appeared on over 500 TV and 4500 radio shows including AGT and Access Hollywood. She was just on the cover of Nature Coast Magazine and recently elected into the National Comedy Hall of Fame!



GAME SHOW BATTLE

Saturday, August 26th • 7:00 p.m. • Social Hall • \$12 per person (plus tax)

A fun mix of all your favorite TV style game shows, with buzzers and a live host!
Come to play or just to watch. Food and drink will be available for purchase by the Bistro.
You don't want to miss this, it will be a blast!

SEPTEMBER

LABOR DAY POOL PARTY CELEBRATION WITH DJ TANYA

Monday • September 4th • 12:00 p.m.
Poolside • \$TBD

Join us poolside for a Labor Day/End of the Summer Party!
There will be music, games and food and drinks
supplied by Bistro del Sol.



CHELLO BAND

Saturday • September 16th • 7:00 p.m.
Social Hall • \$25 per person (plus tax)

Chello Band is returning to Valencia del Sol with their funk and soul style. They will keep you on the dance floor all night long with some of the best musicians and singers in the Tampa Bay area.



Come on out and dance til you drop! The Bistro will be offering some great drink specials!



THE HARRISON JAZZ ENSEMBLE

Saturday • September 23rd • 6:30 p.m.
Poolside • \$20 per person (plus tax)

Back by popular demand! Come on out and enjoy an evening of smooth jazz with The Harrison Jazz Ensemble poolside for your enjoyment. These three musicians are seasoned professionals with over 15 years of experience in creating a sophisticated and classy vibe! Food and drink will be available at the Bistro!





RACQUET SPORTS

The hours of operation at del Sol Racquet • Monday – Saturday • 8:00 a.m. – 1:00 p.m.



SPORTS DIRECTOR **BYRON FRESO**

Growing up in Guyana, Byron Freso has always been playing sports at the top level – whether volleyball, racquetball, or table tennis. Byron has won countless medals as a professional player and is also heavily involved in the sport in other areas as the Team Ambassador for ONIX Pickleball, an IPTPA and PPR certified Pickleball instructor, Head Official APP Professional PB Tour, and is also considered to be one of the top referees in the game.

BENEFITS OF PLAYING PICKLEBALL

Pickleball is a great sport for people of all ages and fitness levels. It is a low-impact activity that can be played at a leisurely pace or at a more competitive level, depending on the players' preferences. Here are some of the benefits of playing pickleball:

- 1. Cardiovascular Fitness:** Pickleball is a great way to get your heart pumping and improve your cardiovascular fitness.
- 2. Hand-Eye Coordination:** Playing pickleball will enhance and improve your reaction time and hand-eye coordination.
- 3. Socialization:** Pickleball is a social sport that can be played with friends and family, providing an opportunity for socialization and connection.
- 4. Low-Impact:** Because pickleball is a low-impact sport, it is easier on the joints than other high-impact sports like tennis or basketball.
- 5. Improves Balance:** Pickleball can help improve balance and stability, which is especially important for older adults.

TIPS AND STRATEGIES

Mastering the Third Shot Drop: The third shot drop is a crucial shot in pickleball that can help you win points and control the game. To execute this shot, hit the ball with a slight arc so that it drops just over the net and lands in the non-volley zone. This will force your opponents to hit a defensive shot, giving you the opportunity to move up to the net and take control of the point.

Anticipating Your Opponent's Shot: To become a better pickleball player, it's important to anticipate your opponent's shot and position yourself accordingly. Watch their body language, footwork, and paddle position to predict where they're going to hit the ball. This will give you more time to react and make a strategic shot.



TENNIS SCHEDULE • JULY – SEPTEMBER

Register on the Chelsea Reservation System

MONDAY

Tennis Clinic
9:00 – 10:30 a.m.

Private Lessons
11:00 a.m.

TUESDAY

**Ball Machine Practice
on Strokes**
9:30 – 10:30 a.m.

Private Lessons
11:00 a.m.

WEDNESDAY

Open Play for Residents
9:00 – 10:00 a.m.

Private Lessons
11:00 a.m.

THURSDAY

Service Practice
9:00 – 10:30 a.m.

Private Lessons
11:00 a.m.

FRIDAY

**Round Robin Play
Doubles**
9:00 – 10:30 a.m.

Private Lessons
11:00 a.m.

All Tennis clinics require a minimum of four players and a maximum of eight players per session. Cost: \$20

Tennis Pro, Cornelius Brickhouse, can be reached at C_Brickhouse@yahoo.com or by cell: 813-765-2632 for further information.

TENNIS TIP: FOOTWORK

Footwork is very important. One of the biggest misconceptions that every player seems to have is they can play tennis without moving their feet. Learning the correct footwork will automatically help fix a lot of mistakes. Make sure you give yourself enough time and space to prepare for your shot so you do not run through the ball.



BOCCE SCHEDULE • JULY – SEPTEMBER

TOURNAMENTS

A flyer with more details will be posted very soon on the ongoing competition against Valencia Lakes and Sun City. Look out for details about in-house bocce tournaments. Email PickTen.freso@gmail.com or text 678-592-6444.

Private, Semi-Private, & Group Lessons Available!

Email PickTen.Freso@gmail.com to schedule private, semi-private, or group lessons.

BOCCE MEET UPS

Mondays & Wednesdays • 6:00 p.m. and 7:00 p.m.



BOCCE TIP: IMPROVE YOUR GRIP

When learning how to throw a bocce ball, you need to first improve your grip. Grip the balls with just your thumb and forefinger and cradle the rest of it in your palm. This grip will give you some control over the ball without forcefully clutching it. Then use the strength of your index finger and your thumb to make the actual throw.

PICKLEBALL SCHEDULE • JULY – SEPTEMBER

Register on the Chelsea Reservation System

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Play Recreational, Intermediate and Competitive 8:00 – noon	Pickleball Boot Camp Recreational 8:00 – 9:00 a.m. Intermediate 9:00 – 10:00 a.m. <i>Maximum 8 Players</i>	Open Play Recreational, Intermediate and Competitive 8:00 – noon	Pickleball Boot Camp Recreational 8:00 – 9:30 a.m. Intermediate 9:30 – 11:00 a.m. <i>Maximum 8 Players</i>	Private Lessons (1, 2 or 3 players) 9:00 a.m. – 4:00 p.m. Drill with Coach Byron This is an opportunity to meet with Byron to talk about improving your game.	Open Play Recreational, Intermediate and Competitive 8:00 – noon
Pickleball Boot Camp Intermediate 6:00 – 7:30 p.m. <i>Maximum 8 Players</i>	King of the Court Competition 6:00 – 8:00 p.m.	Pickleball Bootcamp Competitive 6:00 – 7:30 p.m. <i>Maximum 8 Players</i>	King of the Court Competition 6:00 – 8:00 p.m.		Private Lessons (1, 2 or 3 players) 11:00 a.m. – 4:00 p.m.

Boot Camp Pricing: \$25 for 4 lessons or \$10 per lesson

PICKLEBALL RATING SESSIONS

Reserve a time to be rated. Players are encouraged to have Byron rate their level of play. Players will be able to identify the skills and characteristics necessary for each skill level. If you want to be rated, please sign up on the whiteboard at the pickleball pavilion.

PICKLEBALL BOOT CAMPS

Boot Camp provides players with a comprehensive training program to play the sport. The program consists of how to warmup before playing; stretching before play; how to avoid cramping on the court and some nutrition. Players learn about the different types of ways to grip the paddle; how to position and communicate amongst themselves on the court for effective play; learn about the rules, the different strokes from serving, and dinking to the 3rd shot drop. Players can sign up on the whiteboard at the Pickleball Pavilion. Players are encouraged to sign up for the following lessons:

- 1-hour beginner lessons at 8:00 a.m. on Tuesdays and 9:30 a.m. on Thursdays.

- 1-hour intermediate lessons at 9:00 a.m. on Tuesdays and 8:00 a.m. on Thursdays.
- 1.5-hour intermediate lessons at 6:00 p.m. on Mondays.
- 1.5-hour advance lessons at 6:00 p.m. on Wednesdays.

PRIVATE LESSONS

Players can sign up for private lessons via email at PickTen.freso@gmail.com or text 678-592-6444. Sign-ups are based on a first to register basis. Price sheets for private lessons are in the display case at the courts. Players are encouraged to contact Byron if there are any questions via email at PickTen.freso@gmail.com or text 678-592-6444.

BEGINNERS

Learn the Fundamentals of Pickleball: serve, return of serve, basic dinking and blocking.

INTERMEDIATE

Positioning at the No Volley Zone (Kitchen), Cross Court Dinking Lobs and Lob Defense, NVZ Footwork, Third Shot Drop, Strategic Pickleball.



PICKLEBALL PRICING

Register by emailing
pickten.freso@gmail.com or
call/text 678-592-6444.

Classes with a maximum of 8 players: \$20 per hour/per player • Classes with 4-7 players: \$30 per hour/per player
Private Lessons consisting of 1 player: \$40 per hour • Semi-private Lessons of 2-3 players: \$35 per hour/per player
All pickleball clinics limited to a maximum of 8 players per session, unless otherwise noted.

Valencia del Sol Spa

To Book Your Service: Please call 813-938-6599 or email Info@totalhealthsystemsinc.com

Relaxation Massage

\$85 / hour

Gentle massage with a smooth, flowing style that promotes overall relaxation, relieves muscle tension, and improves circulation and range of motion. Uses oil/creme.

Myofascial Release

\$85 / hour

This is a "dry massage", as it does not use oil or creme.

This treatment ranges from gentle to intense, targeting the connective tissue throughout the body. Myofascial release (MFR) involves applying sustained pressure to an area for a lengthened amount of time. The gentle tension allows for change in the fascia system (targeting the root of the issues, not just the symptoms).

Reiki

\$85 / hour

During this fully clothed session, you will lay on the massage table as the practitioner gently places their hands, palms down, on or just above your body in specific energy locations.

Deeply relaxing treatment.

Combination Massage

\$95 / hour

Not sure what style you want? Book this type, and we can use different techniques to figure out what type is best suited for you in the future. Detailed intake, discussion of preferences, and combo massage. MFR, relaxation, deep tissue, Reiki.

Deep Tissue

\$85 / hour

Slow, specific massage designed to reach your deepest layers of muscle tissue – where they attach to the bone. Uses oil/creme. Improves quality in your overall range of motion, decreases tension.

Swedish Massage

\$85 / hour

A gentle and superficial massage, the techniques vary from light to vigorous. These techniques include long gliding strokes, kneading, tapotement, and friction strokes. These strokes are often combined with active and passive movements to create a fluid, relaxing, circulatory-enhanced massage session. The primary benefits are: increased circulation of the blood and lymphatic fluid throughout the body as well as increase joint range of motion.

Deep Tissue Massage

\$95 / hour

Intended to affect the tissues that are deep within the body.

These techniques include long, sustained gliding strokes, prolonged direct pressure and strokes that travel across the muscles, perpendicular to the muscle fibers. This technique is usually preformed without lotion, and it breaks up the restrictions in the fascia or muscle. These adhesions can form as a result of injury or chronic muscular tension patterns. This may limit movement, create pain, and result in postural compensation patterns.

Neuromuscular Massage Modalities

\$95 / hour

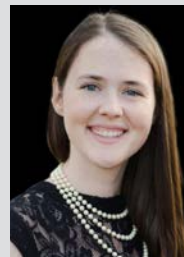
Engage in the relationship between the nervous and muscular systems to create reflex responses. The organ systems of the body are separate but very interdependent process. All of the activities of the muscular system depend on the nervous system, which is the main control system of the body. By using the physiological relationship between nerves and muscles, we can change muscle length and kinesthetic perception. This may include techniques such as: Trigger Point, NMT, reflexology etc. This is my specialty and I feel that it gets to the root of many people's muscular problems.

MASSAGE THERAPISTS



RICKY Ricky graduated from Cortiva Massage Institute in St. Petersburg, Florida in 2016. He is licensed in Swedish Massage, Sports Massage, Neuromuscular Massage, Myofascial Massage and he is a certified Reiki Master. Reiki is a Japanese modality of energy healing. Ricky looks forward to his continued growth in energy healing, and in relaxing the mind and body

of himself, as well as for his clients. Ricky truly looks forward to working with you all!



LAUREN Lauren specializes in therapeutic relaxation massage. Her treatments use a variety of modalities and are catered to each client's needs. She graduated from massage school in 2017 and immediately started working as both a yoga teacher and massage therapist. Her practice and knowledge of the human body blossomed organically and quickly. Her offerings include: Myofascial Release, Reiki, Cupping, Hot Stone, Sports Massage and Deep Tissue Massage.

POLICIES & CONSIDERATIONS



SCHEDULING Please be prompt for your scheduled appointment. Late arrivals may result in a reduction of service time and you will be charged full price.

CANCELATIONS At times you may need to reschedule your appointment. Please give 24 hours' notice or you will be charged full price.

GRATUITIES Not included in the cost of any of our services and it is at the sole discretion of the client.



FITNESS



ANDREW CARO **FITNESS INSTRUCTOR**

Andrew Caro is a NASM Certified Personal Trainer and Nutrition Coach. He has been working as a Personal trainer since 2020. He specializes in corrective exercise, weight loss, Senior Fitness and nutrition. Andrew's goal is to help his clients achieve better health and a better quality of life. He uses progressive exercise methods to help clients improve their mobility, flexibility and strength.

On his free time he loves spending time with his wife and children!!



JENNIFER PERRY **ZUMBA INSTRUCTOR**

Jennifer is a professionally trained dance performer, teacher and choreographer certified in Zumba, Zumba toning and Zumba Step instruction. Jennifer utilizes many routines she choreographs and then will mix-n-match to create the perfect workout based upon the age and fitness of each class. She taught Zumba group fitness classes for the University of South Florida for 12 years and at various fitness centers, dance studios, charity and special events, as well as on national tours with dance conventions.



CHRISTINA FONTANA **YOGA INSTRUCTOR**

Christina is a certified teacher of Yin, Restorative and Yoga Nidra (E-RYT® 200, RYT® 500, YACEP®). She's keen to guide Yoga classes to help find balance, build strength, flexibility and awareness amongst practitioners in a safe and supported environment. Christina's passion is to share the joy of yoga and the freedoms that bring to one's mind and body. She encourages her students to use gratitude, kindness and social connection as part of their yoga practice.

FREE EQUIPMENT CLINICS

July 21st • August 18th • September 15th
10:00 a.m.

FITNESS CLASS SCHEDULE • JULY – SEPTEMBER

	JULY		AUGUST		SEPTEMBER
MONDAY		MONDAY		MONDAY	
Fit Camp	9:00 a.m. (Fitness Studio)	Fit Camp	9:00 a.m. (Fitness Studio)	Fit Camp	9:00 a.m. (Fitness Studio)
Aqua Fit	10:15 a.m. (Pool)	Aqua Fit	10:15 a.m. (Pool)	Aqua Fit	10:15 a.m. (Pool)
TUESDAY		TUESDAY		TUESDAY	
Fit Camp	9:00 a.m. (Fitness Studio)	Body Sculpting	8:00 a.m. (Fitness Studio)	Body Sculpting	8:00 a.m. (Fitness Studio)
Yoga	6:00 p.m. (Fitness Studio)	Zumba	9:00 a.m. (Fitness Studio)	Zumba	9:00 a.m. (Fitness Studio)
Zumba	7:00 p.m. (Fitness Studio)	Yoga	6:00 p.m. (Fitness Studio)	Yoga	6:00 p.m. (Fitness Studio)
WEDNESDAY		WEDNESDAY		WEDNESDAY	
Fit Camp	9:00 a.m. (Fitness Studio)	Fit Camp	9:00 a.m. (Fitness Studio)	Fit Camp	9:00 a.m. (Fitness Studio)
Aqua Fit	10:15 a.m. (Pool)	Aqua Fit	10:15 a.m. (Pool)	Aqua Fit	10:15 a.m. (Pool)
THURSDAY		THURSDAY		THURSDAY	
Fit Camp	9:00 a.m. (Fitness Studio)	Body Sculpting	8:00 a.m. (Fitness Studio)	Body Sculpting	8:00 a.m. (Fitness Studio)
Yoga	6:00 p.m. (Fitness Studio)	Zumba	9:00 a.m. (Fitness Studio)	Zumba	9:00 a.m. (Fitness Studio)
Zumba	7:00 p.m. (Fitness Studio)	Yoga	6:00 p.m. (Fitness Studio)	Yoga	6:00 p.m. (Fitness Studio)

\$32/ Month/ 2x Week • Stretch & Tone \$22/ Month/ 1x a week • Info@totalhealthsystemsinc.com

FITNESS PROGRAMS

AQUA FIT A low impact water aerobics class where no swimming skills are needed, and all fitness levels are welcome! Designed to improve flexibility, range of motion, overall body and core strength, muscle tone, and cardiovascular endurance while using the resistance of the water to cushion the feet, knees, and back. Exercises are performed to upbeat, motivating music and are effective, easy, and fun to follow. Whether you are a beginner or an expert, you will be sure to get a great workout!

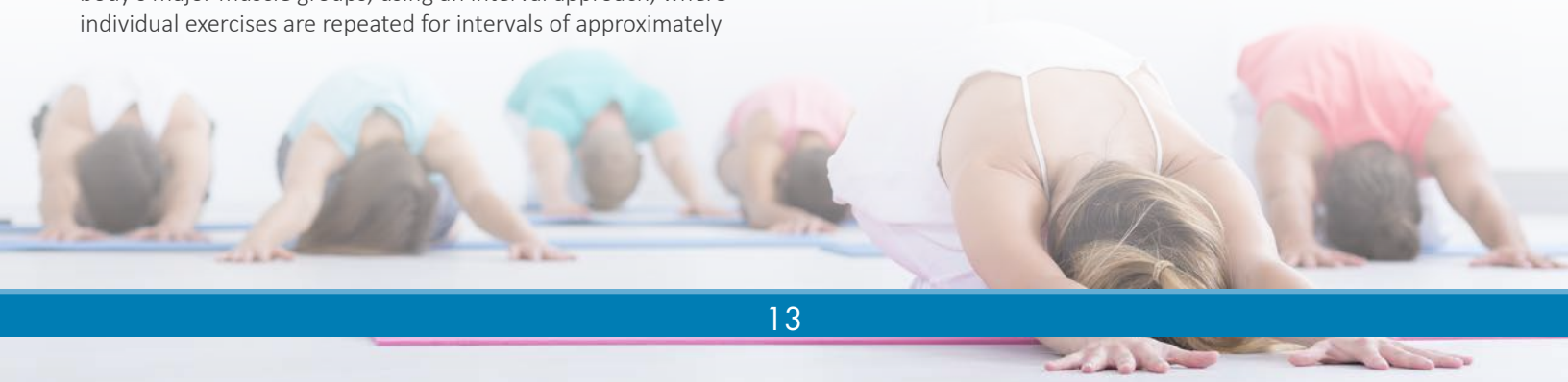
BODY SCULPTING Works on the entire body while focusing on mobility, flexibility and core strength.

FIT CAMP An exercise class designed to engage all of the body's major muscle groups, using an interval approach, where individual exercises are repeated for intervals of approximately

30 seconds, followed by a brief recovery period of approximately 10 seconds. Goals include muscle toning and strengthening, resistance training using weights, balance, coordination, and endurance. The class involves enhancing and improving movement in our muscles and joints, as well as, strengthening CORE MUSCLES (Torso) that stabilize the spine and provide support for all movement activities.

ZUMBA A mix of low-intensity and high-intensity moves for an interval-style, calorie-burning dance-fitness party.

YOGA Yoga is a stretching class with simple breathing exercises. Empower your mind and strengthen your body as you move through a series of poses. Slow paced class for all levels.





The Valencia del Sol Homeowners Association is pleased to have **Sterling Spoon** as our restauranteur. Sterling Spoon combines talented chefs, dedicated employees, and outstanding culinary and financial management to provide Valencia del Sol residents with extraordinary food and hospitality, taking an innovative approach. If you have any questions, please call the Bistro, 813-566-0851.



PRIME RIB NIGHTS

July 6th • August 3rd
September 7th



ITALIAN NIGHTS

July 25th • August 29th
September 26th



WINE DINNER

July 19th • 6:30 p.m.
\$65 per person
(tax & gratuity not included)

Enjoy a delicious four course meal
paired with a selected wine for
each course.





BISTRO

DEL•SOL

Eat. Drink. Relax

Our Promise To Our Guests

We promise an experience where our Guests can relax and enjoy the food and drink they love with people they love, while being cared for as a treasured friend.

Enjoy our full menu options, along with weekly daily specials.

Daily Happy Hour Specials

Join us Tuesday - Saturday 3pm - 5pm

\$1 off Appetizers

\$3 Beer and \$4 House Wine

Hours of Operation:

Monday: Closed

Tuesday: 11am to 8pm

Wednesday: 11am to 8pm

Thursday: 11am to 8pm

Friday: 11am to 8pm

Saturday: 11am to 8pm

Sunday: 10am to 2pm

Sterling

CULINARY-MANAGEMENT



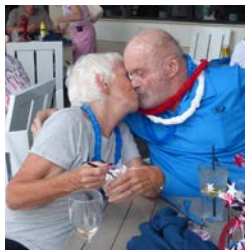
Contact:

Bistro del Sol
(813) 566-0851





SNAPSHOTS



JULY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR KEY <ul style="list-style-type: none"> Fitness Bistro del Sol Arts & Crafts Room Social Hall Pool Deck Parking Lot Card Room Courts Event Lawn Game Room Exercise Studio 						<ul style="list-style-type: none"> 1:00 pm Pottery Club
	2 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Texas Hold'em Club 6:00 pm Pickleball Bootcamp Int 6:30 pm Bocce Meetup 6:30 pm Card Club 7:00 pm Bocce Meetup 	3 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Pickleball Bootcamp Rec & Int 9:30 a.m. Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 12:00 pm July 4th Celebration 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm Men's Poker Club 7:00 pm Zumba 	4 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Fit Camp 9:00 am Tennis Open Play for Residents 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Pickleball Bootcamp 6:00 pm Bocce Meetup 6:30 pm Day Trippers Club 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup 	5 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Tennis Service Practice 9:30am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 7:00 pm Zumba 	6 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 3:00 pm A Crown Affair Club 	7 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons 1:00 pm Pottery Club
	9 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Texas Hold'em Club 6:00 pm Pickleball Bootcamp Int 6:30 pm Bocce Meetup 6:30 pm Card Club 7:00 pm Bocce Meetup 	10 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Pickleball Boot Camp Rec & Int 9:30 a.m. Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 2:00 pm Women's Book Club 6:00 pm Yoga 6:00 pm Pickleball King of Court 6:00 pm Men's Poker Club 7:00 pm Zumba 7:00 pm Robin Hoods Club 	11 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play All Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 2:00 pm HCFR Presentation 5:30 pm Ladies Club 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Pickleball Bootcamp 6:30 pm Dealer's Choice Club 	12 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Tennis Service Practice 9:30am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 6:30 Performing Arts Club 7:00 pm Zumba 	13 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 6:00 pm Dinner/Movie Night 7:00 pm Villa People Club 	14 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons
	16 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Texas Hold'em Club 6:00 pm Pickleball Bootcamp Int 6:30 pm Bocce Meetup 6:30 pm Card Club 7:00 pm Bocce Meetu 	17 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Pickleball Boot Camp Rec & Int 9:30 a.m. Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 6:00 pm Bunco Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm Men's Poker Club 7:00 pm Zumba 	18 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play All Residents 10:00 am Photography 101 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup 	19 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Tennis Service Practice 9:30am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 7:00 pm Zumba 	20 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play — Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 7:00 pm Villa People Club 	21 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons
	23 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Texas Hold'em Club 6:00 pm Pickleball Bootcamp Int 6:30 pm Bocce Meetup 6:30 pm Card Club 7:00 pm Bocce Meetup 	24 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Pickleball Boot Camp Rec & Int 9:30 a.m. Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 6:00 pm Bunco Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm Men's Poker Club 7:00 pm Zumba 	25 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play All Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup 	26 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Tennis Service Practice 9:30am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 7:00 pm Zumba 	27 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play — Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 6:30 pm Vintage Club 	28 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons 1:00 pm Pottery Club
	30 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Texas Hold'em Club 6:00 pm Pickleball Bootcamp Int 6:30 pm Bocce Meetup 6:30 pm Card Club 7:00 pm Bocce Meetup 	31 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Pickleball Boot Camp Rec & Int 9:30 a.m. Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 6:00 pm Bunco Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm Men's Poker Club 7:00 pm Zumba 	29 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play All Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup 7:00 pm Pinot's Palette Paint & Sip Party 	30 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 9:00 am Fit Camp 9:00 am Tennis Service Practice 9:30am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 7:00 pm Zumba 	31 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play — Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 6:30 pm Vintage Club 	32 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons 1:00 pm Pottery Club

*Note: Calendar events are subject to cancellations and revisions. To view the latest calendar visit valenciadelsoh.com

AUGUST 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>1</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Pickleball Boot Camp Rec & Int</div><div>9:30 a.m. Ball Machine Practice on Strokes</div><div>10:00 am Pottery Club</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>1:00 pm Painting Club</div><div>1:00 pm Men's Poker Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>6:00 pm Men's Poker Club</div></div>	<div>2</div> <div><div>8:00 am Pickleball Open Play</div><div>9:00 am Fit Camp</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>2:00 pm Texas Hold'em</div><div>6:00 pm Learn Spanish Club</div><div>6:00 pm Pickleball Bootcamp</div><div>6:00 pm Bocce Meetup</div><div>6:30 pm Day Trippers Club</div><div>6:30 pm Dealer's Choice Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>3</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Tennis Service Practice</div><div>9:30 am Pickleball Bootcamp Rec & Int</div><div>10:00 am Stitch Away Club</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Pottery Club</div><div>2:00 pm Pinochle Club</div><div>2:00 pm Chess Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>6:00 pm TNP Club</div></div>	<div>4</div> <div><div>9:00 am Pickleball Private Lessons</div><div>9:00 am Round Robin Play Doubles</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Mah Jongg Club</div><div>3:00 pm A Crown Affair Club</div></div>	<div>5</div> <div><div>8:00 am Pickleball Open Play Rec, Int & Comp</div><div>11:00 am Pickleball Private Lessons</div><div>1:00 pm Pottery Club</div></div>
<div>6</div>	<div>7</div> <div><div>8:00 am Pickleball Open Play Rec, Int & Comp</div><div>9:00 am Tennis Clinic</div><div>9:00 am Fit Camp</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Euchre Club</div><div>6:00 pm Texas Hold'em Club</div><div>6:00 pm Pickleball Bootcamp Int</div><div>6:00 pm Bocce Meetup</div><div>6:30 pm Card Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>8</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Pickleball Boot Camp Rec & Int</div><div>9:30 am Ball Machine Practice on Strokes</div><div>10:00 am Pottery Club</div><div>11:00 am Coffee & Conversation</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>1:00 pm Painting Club</div><div>2:00 pm Women's Book Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>7:00 pm Robin Hoods Club</div></div>	<div>9</div> <div><div>8:00 am Pickleball Open Play</div><div>9:00 am Tennis</div><div>Open Play All Residents</div><div>9:00 am Fit Camp</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>2:00 pm Texas Hold'em</div><div>5:30 pm Ladies Club Bingo</div><div>6:00 pm Learn Spanish Club</div><div>6:00 pm Pickleball Bootcamp</div><div>6:00 pm Bocce Meetup</div><div>6:00 pm Line Dancing Club</div><div>6:30 pm Dealer's Choice Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>10</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Tennis Service Practice</div><div>9:00 am Zumba</div><div>9:30 am Pickleball Bootcamp Rec & Int</div><div>10:00 am Stitch Away Club</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Pottery Club</div><div>2:00 pm Pinochle Club</div><div>2:00 pm Chess Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>6:30 Performing Arts Club</div></div>	<div>11</div> <div><div>9:00 am Pickleball Private Lessons</div><div>9:00 am Round Robin Play Doubles</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Mah Jongg Club</div><div>6:00 pm TNP Club</div><div>6:00 pm Pickleball King of the Court</div><div>6:00 pm Dinner/Movie Night</div><div>7:00 pm Villa People Club</div></div>	<div>12</div> <div><div>8:00 am Pickleball Open Play Rec, Int & Comp</div><div>11:00 am Pickleball Private Lessons</div><div>1:00 pm Pottery Club</div></div>
<div>13</div>	<div>14</div> <div><div>8:00 am Pickleball Open Play Rec, Int, & Comp</div><div>9:00 am Tennis Clinic</div><div>9:00 am Fit Camp</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Euchre Club</div><div>6:00 pm Pickleball Bootcamp Int</div><div>6:00 pm Bocce Meetup</div><div>6:00 pm Texas Hold'em Club</div><div>6:30 pm Card Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>15</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Pickleball Boot Camp Rec & Int</div><div>9:30 am Ball Machine Practice on Strokes</div><div>10:00 am Pottery Club</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>1:00 pm Painting Club</div><div>6:00 pm Yoga</div><div>6:00 pm Bunco</div><div>6:00 pm Men's Poker Club</div><div>6:00 pm Pickleball King of the Court</div></div>	<div>16</div> <div><div>8:00 am Pickleball Open Play</div><div>9:00 am Tennis</div><div>Open Play for Residents</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>1:30 pm Blood Drive</div><div>2:00 pm Texas Hold'em</div><div>6:00 pm Learn Spanish Club</div><div>6:00 pm Line Dancing Club</div><div>6:00 pm Bocce Meetup</div><div>6:00 pm Pickleball Bootcamp</div><div>6:30 pm Dealer's Choice Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>17</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Tennis Service Practice</div><div>9:30 am Pickleball Bootcamp Rec & Int</div><div>10:00 am Stitch Away Club</div><div>10:00 pm Homeowner Orientation</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Pottery Club</div><div>2:00 pm Pinochle Club</div><div>2:00 pm Chess Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>6:00 pm TNP Club</div></div>	<div>18</div> <div><div>9:00 am Pickleball Private Lessons</div><div>9:00 am Round Robin Play – Doubles</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Mah Jongg Club</div><div>7:00 pm Comedy Show</div></div>	<div>19</div> <div><div>8:00 am Pickleball Open Play Rec, Int & Comp</div><div>11:00 am Pickleball Private Lessons</div><div>1:00 pm Pottery Club</div></div>
<div>20</div>	<div>21</div> <div><div>8:00 am Pickleball Open Play Rec, Int, & Comp</div><div>9:00 am Tennis Clinic</div><div>9:00 am Fit Camp</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Euchre Club</div><div>6:00 pm Pickleball Bootcamp Int</div><div>6:00 pm Bocce Meetup</div><div>6:00 pm Texas Hold'em Club</div><div>6:30 pm Card Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>22</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Pickleball Boot Camp Rec & Int</div><div>9:30 am Ball Machine Practice on Strokes</div><div>10:00 am Pottery Club</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>1:00 pm Painting Club</div><div>1:00 pm Men's Poker Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>6:00 pm Men's Poker Club</div></div>	<div>23</div> <div><div>8:00 am Pickleball Open Play</div><div>9:00 am Tennis</div><div>Open Play for Residents</div><div>9:00 am Fit Camp</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>2:00 pm Texas Hold'em</div><div>6:00 pm Learn Spanish Club</div><div>6:00 pm Line Dancing Club</div><div>6:00 pm Bocce Meetup</div><div>6:00 pm Pickleball Bootcamp</div><div>6:30 pm Dealer's Choice Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>24</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Tennis Service Practice</div><div>9:30 am Pickleball Bootcamp Rec & Int</div><div>10:00 am Stitch Away Club</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Pottery Club</div><div>2:00 pm Pinochle Club</div><div>2:00 pm Chess Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>6:00 pm TNP Club</div></div>	<div>25</div> <div><div>9:00 am Pickleball Private Lessons</div><div>9:00 am Round Robin Play – Doubles</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Mah Jongg Club</div></div>	<div>26</div> <div><div>8:00 am Pickleball Open Play Rec, Int & Comp</div><div>11:00 am Pickleball Private Lessons</div><div>1:00 pm Pottery Club</div></div>
<div>27</div>	<div>28</div> <div><div>8:00 am Pickleball Open Play Rec, Int & Comp</div><div>9:00 am Tennis Clinic</div><div>9:00 am Fit Camp</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Euchre Club</div><div>3:00 pm Photo Club</div><div>6:00 pm Pickleball Bootcamp Int</div><div>6:00 pm Bocce Meetup</div><div>6:00 pm Texas Hold'em Club</div><div>6:30 pm Card Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>29</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Pickleball Boot Camp Rec & Int</div><div>9:30 am Ball Machine Practice on Strokes</div><div>10:00 am Pottery Club</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>1:00 pm Painting Club</div><div>1:00 pm Men's Poker Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>6:00 pm Men's Poker Club</div></div>	<div>30</div> <div><div>8:00 am Pickleball Open Play</div><div>9:00 am Tennis</div><div>Open Play for Residents</div><div>9:00 am Fit Camp</div><div>10:15 am Aquafit</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Bridge Club</div><div>2:00 pm Texas Hold'em</div><div>6:00 pm Learn Spanish Club</div><div>6:00 pm Line Dancing Club</div><div>6:00 pm Bocce Meetup</div><div>6:00 pm Pickleball Bootcamp</div><div>6:30 pm Dealer's Choice Club</div><div>7:00 pm Bocce Meetup</div></div>	<div>31</div> <div><div>8:00 am Pickleball Bootcamp Rec & Int</div><div>8:00 am Body Sculpting</div><div>9:00 am Zumba</div><div>9:00 am Tennis Service Practice</div><div>9:30 am Pickleball Bootcamp Rec & Int</div><div>10:00 am Stitch Away Club</div><div>11:00 am Tennis Private Lessons</div><div>1:00 pm Pottery Club</div><div>2:00 pm Pinochle Club</div><div>2:00 pm Chess Club</div><div>6:00 pm Yoga</div><div>6:00 pm Pickleball King of the Court</div><div>6:00 pm TNP Club</div></div>	<div>CALENDAR KEY</div> <div><div><div></div>Fitness</div><div><div></div>Bistro del Sol</div><div><div></div>Arts & Crafts Room</div><div><div></div>Social Hall</div><div><div></div>Pool Deck</div><div><div></div>Bocce</div><div><div></div>Parking Lot</div><div><div></div>Card Room</div><div><div></div>Courts</div><div><div></div>Event Lawn</div><div><div></div>Game Room</div><div><div></div>Exercise Studio</div></div>	

*Note: Calendar events are subject to cancellations and revisions. To view the latest calendar visit valenciadelsoh.com

SEPTEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CALENDAR KEY <ul style="list-style-type: none"> Fitness Bistro del Sol Arts & Crafts Room Social Hall Pool Deck Parking Lot Card Room Courts Event Lawn Game Room Exercise Studio 					<ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 3:00 pm A Crown Affair Club 6:00 pm Club Royale Happy Hour 	<ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons 1:00 pm Pottery
	3 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 12:00 Noon Labor Day Pool Party 1:00 pm Euchre Club 6:00 pm Texas Hold'em Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:30 pm Card Club Christian Fellowship Club 7:00 pm Bocce Meetup 	4 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 am Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm Men's Poker Club 	5 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play All Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Pickleball Bootcamp Comp 6:00 pm Bocce Meetup 6:30 pm Day Trippers 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup 	6 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Tennis Service Practice 9:00 am Zumba 9:30 am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 	7 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 10:00 am Stitch Away Club 7:00 pm Villa People Club 	8 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 9:00 am Photography 101 11:00 am Pickleball Private Lessons 1:00 pm Pottery
	10 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int, & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:00 pm Texas Hold'em Club 6:30 pm Card Club 7:00 pm Bocce Meetup 	11 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 am Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 2:00 pm Women's Book Club 6:00 pm Yoga 6:00 pm Pickleball King of Court 6:00 pm Men's Poker Club 7:00 pm Robin Hoods Club 	12 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play for Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 5:30 pm Ladies Club 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp Comp 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup 	13 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Tennis Service Practice 9:30 am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 6:30 pm Performing Arts Club 	14 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play — Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 6:00 pm Dinner/Movie Night 7:00 pm Villa People Club 	15 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons 1:00 pm Pottery 7:00 pm Chello Band
	17 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int, & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:00 pm Texas Hold'em Club 6:30 pm Card Club 6:30 pm Christian Fellowship Club 7:00 pm Bocce Meetup 	18 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 am Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 6:00 pm Yoga 6:00 pm Bunco Club 6:00 pm Pickleball King of the Court 6:00 pm Men's Poker Club 	19 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play for Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp Comp 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup 	20 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Tennis Service Practice 9:30 am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 	21 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play — Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club 	22 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons 1:00 pm Pottery 6:30 pm Harrison Jazz Trio
	24 <ul style="list-style-type: none"> 10:00 am Vendor Market 	25 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int, & Comp 9:00 am Tennis Clinic 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Euchre Club 3:00 pm Photo Club 6:00 pm Pickleball Bootcamp Int 6:00 pm Bocce Meetup 6:00 pm Texas Hold'em Club 6:30 pm Card Club 6:30 pm Christian Fellowship Club 7:00 pm Bocce Meetup 	26 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Pickleball Boot Camp Rec & Int 9:30 am Ball Machine Practice on Strokes 10:00 am Pottery Club 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 1:00 pm Painting Club 1:00 pm Men's Poker Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm Men's Poker Club 	27 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play 9:00 am Tennis Open Play for Residents 9:00 am Fit Camp 10:15 am Aquafit 11:00 am Tennis Private Lessons 1:00 pm Bridge Club 2:00 pm Texas Hold'em 6:00 pm Learn Spanish Club 6:00 pm Line Dancing Club 6:00 pm Bocce Meetup 6:00 pm Pickleball Bootcamp Comp 6:30 pm Dealer's Choice Club 7:00 pm Bocce Meetup 	28 <ul style="list-style-type: none"> 8:00 am Pickleball Bootcamp Rec & Int 8:00 am Body Sculpting 9:00 am Zumba 9:00 am Tennis Service Practice 9:30 am Pickleball Bootcamp Rec & Int 10:00 am Stitch Away Club 11:00 am Tennis Private Lessons 1:00 pm Pottery Club 2:00 pm Pinchle Club 2:00 pm Chess Club 6:00 pm Yoga 6:00 pm Pickleball King of the Court 6:00 pm TNP Club 	29 <ul style="list-style-type: none"> 9:00 am Pickleball Private Lessons 9:00 am Round Robin Play — Doubles 11:00 am Tennis Private Lessons 1:00 pm Mah Jongg Club
		30 <ul style="list-style-type: none"> 8:00 am Pickleball Open Play Rec, Int & Comp 11:00 am Pickleball Private Lessons 				

*Note: Calendar events are subject to cancellations and revisions. To view the latest calendar visit valenciadelsoh.com



CLUB BEAT



Below is a listing of current clubs and the number is quickly growing! Clubs are open to all! If you are interested in any of the following clubs or would like to start a new club, please contact Lori at lpickel@grsmgt.com.

A Crown Affair Club

Barry Klein
Bk85@comcast.net

VDS Bridge Club

Mark Molitch
Molitch@northwestern.edu

Bunco Club

Lynne Hock
Lynne.hock@yahoo.com

Card Club

Nancy Kindness
Nankindness@gmail.com

NEW: Chess Club

Matt Pellenberg
matthewsethp@gmail.com

Christian Fellowship and Bible Study

Judy Riley
Sriley0424@outlook.com

Cigar Club

James (Smokey) Knudsen
vdscigarclub@gmail.com

Club Royal

Charlene McLain
clmchope7@gmail.com

Day Trippers Club

Kathy Johns
Kat52554@aol.com

Dealer's Choice Club

Jeffrey Saltzer
Saltman200@gmail.com

Emergency Operations Club

Tonya Mull
tonyamull2@gmail.com
Ileana Turner
ileana.turner@gmail.com

Euchre Club

Greg Ewing
Ewing2714@gmail.com

Golf Cart Club

Tonya & Larry Mull
Tonyamull2@gmail.com

Jewish Culture Club

vsjcc@gmail.com

JULIET Club

(Just Us Ladies Into Eating Together)
Cheryl Lesko
JulietatVDS@gmail.com

Ladies' Club

Kathy Johns
Kat52554@aol.com

Learn Spanish Club

Dave Paluch
Dave3096@yahoo.com

Line Dancing Club

Linda Porter
Linda.j.porter7@gmail.com

Mah Jongg Club

Gwyn Gordon
Perftrip@aol.com

Painting Club

Inger Ames
Ingerames@yahoo.com

NEW: Performing Arts Club

Ira Teich
Mktgdoc@yahoo.com

NEW: Men's Poker Club

(Mixed Poker Games for Men)
Sam Napolitano
comizano418@aol.com

Photography 101 Club

Tony Lesko
Tlesko1960@gmail.com

Intermediate/Advanced Photography Club

Dave Paluch
Dave3096@yahoo.com

Pinochle Club

Nancy Kindness
Nankindness@gmail.com

Pottery Club

Ralph Belcher
Merkinrwb@tampabay.rr.com

Robin Hoods Club

Anthony Lesko
Tlesko1950@gmail.com

ROMEO Club

(Retired Old Men Eating Out)
Kevin Troio
Ktroio@gmail.com

Stitch Away Club

Judy Walker
Needlewoman2668@comcast.net

Texas Hold'em Club

Greg Ewing
Ewing2714@gmail.com
Jeffrey Saltzer
Saltman200@gmail.com

NEW: TNP Club • Texas Hold'em

(Thursday Night Poker for Men)
John Almonte
hotshooter33@yahoo.com
Steve Bargender
jabargender@gmail.com

NEW: Tuesday Afternoon Men's Poker Club

Marv Silverman
Franandmarv@yahoo.com

Veterans Group

Tom Lauterback
Tkl60123@me.com

Villa People Club

Anthony Lesko
Tlesko1950@gmail.com

Vintage People Club

Lynn Turchiarelli
moylynn1@hotmail.com

WeCare Network

Judy Riley
Sriley0424@outlook.com

Women's Book Club

Lee Lathbury
Leelathbury@gmail.com