

VALENCIA SOUND

Around the Sound

COMMUNITY NEWSLETTER FOR HOMEOWNERS • JANUARY/FEBRUARY 2023

Celebrate LOVE at the Sound

**Game Show & Movie Nights,
Comedy & More**

**Keep Your Heart Healthy
with Fitness Classes**

Asian Themed Dinner Night



SPORTS & RECREATIONAL FACILITY

12690 Salty Springs Avenue
Boynton Beach, FL 33473

LIFESTYLE

Sheryl Saper, Lifestyle Director
Lang Management Company, Inc.
(561) 739-1120 • x203
vsoundlifestyle@langmanagement.com

PROPERTY MANAGEMENT

Laurie Banks, Property Manager
Lang Management Company, Inc.
(561) 739-1120 • x202
vsoundpm@langmanagement.com

RACQUET CLUB

proshop@valenciasoundrec.com
(561) 739-1121
Christine Walter, Sports Director
Placido Ventura, Pickleball Director

LUX GRILL & LEGENDS LOUNGE

Scott & Eynat Kushner,
Restaurant Operators
(561) 739-1129

FITNESS CENTER

Jonathan Means, Fitness Director
(561) 739-1120 • x212

IMPORTANT PHONE NUMBERS

Lang Management Corporate Office
(561) 750-8800

Lang Accounts Receivable
(561) 750-8800 • x141

Lang Customer Service
(561) 750-1477

Alligator Control
(800) 432-2046

Florida Power & Light
(561) 994-8227

Florida Public Utilities Gas Company
(800) 427-7712

Palm Beach Sheriff's Office
(561) 688-3000

Solid Waste Authority Trash
(561) 697-2700 (pick up)

A NOTE FROM **SHERYL SAPER** YOUR LIFESTYLE DIRECTOR



Dear Residents,

Happy 2023 to all of you! What an eventful 2022 we had at the Sound, with so many things to do in our beautiful new Clubhouse! Let's start this New Year off with a bang and create the most amazing memories together. For all of the snowbirds who have returned to sunny Florida, welcome back! And to all of you who are just moving in, I am beyond excited to welcome you to our beautiful community!

Get ready to fill your calendars with events and activities that will provide you the opportunity to meet your neighbors, mix and mingle with your friends and enjoy the vibrant lifestyle that Valencia Sound has to offer.

Our Sanctioned Clubs and organizations continue to serve as the social and educational heartbeat of Valencia Sound, and I hope all of you will get involved. We have over 35 Clubs which all offer the opportunity for you to share your passions and hobbies with friends and neighbors. Welcome Hadassah and Pap Corps who are both starting Valencia Sound chapters as the new year starts!

May 2023 be filled with lots of happiness, good health and new adventures for each and every one of you! If we haven't had the chance to meet, if you need help with anything, or just want to say hello, feel free to stop by!

Sheryl Saper
Lifestyle Director

A NOTE FROM **LAURIE BANKS** YOUR PROPERTY MANAGER



Dear Residents,

Happy New Year! It was wonderful meeting so many of your families and guests that were visiting over the holidays, and I hope you ended the year with lots of great memories.

As we welcome in a brand new and exciting year, we have so much to look forward to! Soon, we will be a fully closed community, so let's all do our part to keep Valencia Sound as beautiful as possible by adhering to the rules and regulations and creating a peaceful, upscale and safe community.

Valencia Sound has so much to offer all of our residents – whether it's dining at Lux Grill, catching up over cocktails at Legends Lounge, indulging in a massage or steam, having fun playing Tennis, Pickleball and Bocce at the Racquet Club or just meeting your friends at the Clubhouse. As we enter a brand New Year, we hope you'll take advantage of it all!

The Lang Management team is always available to assist you or submit a work order or service request on your behalf, so please give us a call or send us an email.

Laurie Banks
Property Manager

SNAPSHOTS FROM THE SOUND



Cultural Club Outing



Fishing Club



Italian Club



Stretch Class



Canasta Club



Cooking & Baking Club
Charcuterie Night



Bingo



Can't Get Next To You



Cardio Sculpt Class

CLUB NEWS

Clubs are such a wonderful way to meet your neighbors and make friends with people who have similar interests as you do. If you see a Club that interests you, please contact the name listed for that particular Club. And be on the lookout for more Clubs being formed! If you are interested in starting a Club that is not listed below, please reach out to your Lifestyle Director, Sheryl Saper.

ADVENTURE CLUB

Get ready to add some fun and adrenaline-filled adventures to your life! If you like to scuba, boat, climb or just seek some thrills, the Adventure Club is calling your name! E-mail Rob Beegel at robertbeegel@hotmail.com if you are interested in joining this club.

ARTS & CRAFTS CLUB

If you love arts and crafts, or want to hone your skills, this club promotes learning various art forms, DIY projects, and crafting techniques, from beginner through advanced skill levels. E-mail Tammi Davis at tdavismd@outlook.com if you are interested in joining this club.

BALLROOM DANCE CLUB

Come channel your inner Fred Astaire and Ginger Rogers! Ballroom dancing is that perfect combination of physical activity, social interaction, and mental stimulation – and it's FUN! Come and learn the moves of the world's most popular and social dances! We will also be travelling to various local ballrooms for instruction. E-mail Lois Fein at loisfein@gmail.com if you are interested in joining this club.

BILLIARDS CLUB

If you love to hang out and play pool, this is a great Club for you! Whether you are a beginner, an expert player, or just want to brush up on your skills, we hope you will join us for Billiards at the Bar in Legends Lounge. E-mail Richard Chaby at rchaby@chabyco.com if you are interested in joining this club.

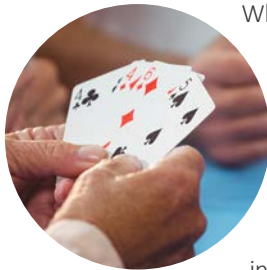
BOOK CLUB

If you are an avid reader, this club is for you! The Book Club meets in-person as well as on Zoom. E-mail Michelle Levy at MichelleinFlorida@yahoo.com if you are interested in joining this club.

BOWLING CLUB

Come strike up some fun with your fellow neighbors who love to bowl! All levels welcome to participate! We will be meeting at Penny Lanes in Delray Marketplace each month. E-mail Marlane Krane at marl2jack@aol.com if you are interested in joining this club.

BRIDGE CLUB



Whether you're an avid Bridge player or want to learn the game, we'd love to have you join us each week to play. E-mail Richard Paul at richard.rptools@gmail.com if you are interested in joining this club.

CANASTA CLUB

The Canasta Club is ready to play and is looking for others to join in! We have Men's and Women's Canasta, and Couples' Canasta. We also offer lessons to those who want to learn how to play! E-mail Laura Schneider at lschn123@gmail.com to join this club.

COOKING & BAKING CLUB

Share your favorite recipes with fellow foodies, learn various cooking and baking techniques, and hone your kitchen skills! This Club meets monthly both at the Clubhouse and at off-site venues. E-mail Karen Kriger at spinningmom@aol.com or Cindy Scherk at cinstress26@aol.com if you are interested in joining this club.

CULTURAL CLUB

Do you love exploring all the culture that South Florida has to offer? The Cultural Club brings together Sounders that love to see plays, visit Museums, Galleries, Shows, Exhibits, and more! E-mail Nina Auster at spunky715@aol.com if you are interested in joining this club.

CURRENT AFFAIRS CLUB

Join us for a lively discussion of current affairs, ranging from local issues to world events. This Club encourages nonpartisan discussions in a collegial manner and is not designed for debate. Members will pick topics, and guest presentations from experts will be explored. E-mail Jeff Brody at jeffrey.brody@gmail.com to join this club.

FISHING CLUB

Whether you are an avid angler or want to learn the sport, join this club and explore the best saltwater and freshwater fishing communities in our area. Come back and share your "fish tales" with your fellow Sounders! E-mail Bruce Glashow at bruceglashow@aol.com if you want to join this club.

GOLF CLUB

Whether you are a beginner or an avid golfer, this club is for you! We play at a variety of courses in the area. E-mail John Schwartz at johnschwartz45@gmail.com if you are interested in joining this club.

GUITAR CLUB

If you love to play the guitar, come strum with the Guitar Club. All levels are welcome! E-mail Elliot Jacoby at elliotjacoby@gmail.com if you want to join this club.

HAND AND FOOT CLUB

Want to learn a fun card game to play with your friends? Join this Club to find out how to play! E-mail Lynette Polo at fitz923@aol.com if you're interested in joining this club.

ITALIAN CLUB

Ciao! Join this Club and learn about all things Italian, including food, culture, travel hotspots, the language, and more. E-mail Gerry Franciosa at franciosa4delray@aol.com if you're interested in joining this club.

JEWISH EXPERIENCE CLUB

This Club's mission is to educate all participants about Jewish history, culture, and current events. E-mail Elana Tenenzapf at tzapf57@gmail.com if you are interested in joining this club.

MAH JONG CLUB

Joining the Mah Jong Club is a great way to meet new friends who love to play the game as much as you do! We meet a couple of times weekly in the Clubhouse. Contact Lois Fein at loisfein@gmail.com if you are interested in joining this club.

MEN'S CLUB

The purpose of our Men's Club is to cultivate an environment of sociability and communal spirit, while promoting common interests, activities and experiences. E-mail Rick Lustig at rlustig@comcast.net if you want to join this Club.

MEN'S LITERATURE AND LIBATIONS CLUB

Do you love to read great books and bond with others who do too, then discuss them over some good tequila and bourbon? If the answer is yes, this club is for you! E-mail Roy Margid at roymargid@gmail.com if you are interested in joining this club.

PHOTOGRAPHY CLUB

Do you love to capture the beauty that South Florida has to offer, and share it with others that have the same passion? This Club is for all levels, whether you are a skilled photographer, snap as a hobby, or just want to improve your skills. E-mail Bruce Gaynor at brucegaynor17@gmail.com if you want to join this club.

POKER CLUB

Bring your best poker face to the Clubhouse every Thursday night! E-mail Barry Shapiro at shap48@aol.com if you are interested in joining this club.

RESTAURANT EXPLORATION CLUB

Calling all foodies! Do you love to eat out and try all the amazing restaurants in the area? Join us and visit the local spots with others that share your passion. E-mail Larry Wieder at lwforever@aol.com if you are interested in joining this club.

SERENITY MEDITATION CLUB

If you are looking to relax, calm your mind, or find your "happy place," then join us for our weekly meditation. Learn techniques that will help to bring out your inner

peace. E-mail NanC Hensley at empoweredfl@aol.com if you are interested in joining this club.

SINGLES CLUB

Are you single and ready to mingle? Join us for get-togethers – whether it is dining out at a local restaurant or participating in a variety of activities throughout the year. E-mail Andrea Seidler at aseidler50@gmail.com if you are interested in joining this club.

SOFTBALL CLUB

If you'd like to be part of this winning team, come on board! E-mail Larry Wieder at lwforever@aol.com or Robert Abzug at rabzug@aol.com if you want to join this club.

SOUNDERS CARE

If you are looking to make a difference in our community, and want to help those in need, then look no further! Giving back is so rewarding, and we would love your help! E-mail Debbie Hecht at hechtdj19@outlook.com if you want to join this club.

SPORTING EVENTS CLUB

Are you a fan or college and pro Football, Basketball, Baseball, Soccer or any other sport? Join other sports enthusiasts for tailgating, sports talks, game watching and so much more! E-mail Barry Waters at waters.bk@gmail.com if you are interested in joining this club.

STITCH CLUB

If you love to knit, stitch, sew, needlepoint, or just want to learn, then please join us each week! Come create projects on your own or as a group! E-mail Roberta Ast at roba744@gmail.com if you are interested in joining this club.

TABLE TENNIS CLUB

Playing ping pong is such great cardio to help you stay in shape. Join us weekly to play table tennis socially or competitively! E-mail Ron Cohen at rcohen@nephcure.org if you are interested in joining this club.

THEATRE CLUB

We are looking for all Sounders who are interested in performing, whether it is singing, dancing, or acting! E-mail Debi Levy at teachdcl@yahoo.com if you are interested in joining this club

TRAVEL CLUB

If you love to travel by land, air, and mostly by sea, come aboard and meet fellow Sounders with similar interests. Let's meet and plan some incredible trips together! E-mail Marc Tennenbaum at housecallmet@gmail.com if you are interested in joining this club.

WINE CLUB

Red? White? Rosé? If you love wine, join us for our monthly social and educational gathering with other wine enthusiasts, to taste, judge, and discuss different wines. E-mail Steve Isaacson at realestateresults@outlook.com if you are interested in joining this club.



HADASSAH is starting a Valencia Sound Chapter! If you are interested in being part of this wonderful organization, a meeting will be held on Monday, January 30th at 4:00 p.m. in the Social Hall.

HOA EVENTS



BROADWAY AT THE MOVIES

Friday, January 13th
8:00 p.m. • Social Hall

Join husband and wife Broadway stars, Emily Padgett and Josh Young on a musical journey through the 80-year union of cinema and musical theater. Featuring the most beloved and universally celebrated songs from classics such as "The Wizard of Oz", "West Side Story", "Carousel", "The Sound Of Music" and more recent adaptations like "Les Miserables", "Into The Woods" and "The Little Mermaid."



MOVIE NIGHT: MAMMA MIA!

Tuesday, January 17th
7:00 p.m. • Social Hall

Join the music, laughter and fun of the irresistibly charming *Mamma Mia! The Movie*. Academy Award-winner Meryl Streep leads an all-star cast, including Pierce Brosnan and Colin Firth in this musical celebration of mothers, daughters and fathers, true loves lost and new ones found. *Mamma Mia!* is based on the Broadway smash-hit and filled with the ABBA songs you know and love, it's the feel-good experience that will have you singing and dancing over and over again!



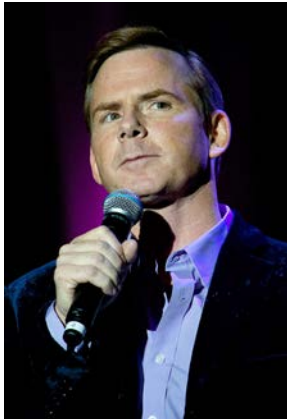
FAMILY FEUD

Wednesday, January 25th
7:00 p.m. • Social Hall

Top 5 answers are on the board! Come join your friends and neighbors for a fun night of Family Feud with game show entertainer Jason Bank from Jammin' Express!

RSVP'ING TO HOA EVENTS

Each HOA event will have a payment link so you can easily pay online with your credit card (unless it is a free event). No refunds will be given once your purchase is made. Cash and checks are not accepted for any HOA events unless specifically indicated.



COMEDIAN TOM COTTER

**Saturday, February 11th •
8:30 p.m. • Social Hall**

After taking America's Got Talent by storm, Comedian Tom Cotter will be taking center stage at the Sound! Tom has been seen headlining all of America's most famous comedy clubs including: The Comedy Cellar, The Improv, Caroline's On Broadway and at the HBO Comedy Arts Festival. Get ready for a night of nonstop laughter!



THE NOT-SO NEWLYWED GAME

**Monday, February 13th
7:00 p.m. • Social Hall**

How well do you know your spouse or partner? Game Show Entertainer Jason Bank returns to Valencia Sound to lead the Not-So Newlywed Game to see how well you really know each other!



PRE-GAME TAILGATE PARTY

**Sunday, February 12th
4:30 p.m. • Legends Lounge**

Are you ready for the Big Game? Join us for an afternoon of tailgating Valencia-style while rooting for your favorite team!



GREASE SING-A-LONG MOVIE NIGHT

**Tuesday, February 21st
7:00 p.m. • Social Hall**

Watching this movie is fun – but singing the songs with it are even better! Come join John Travolta and Olivia Newton John on the big screen and belt out Grease's classic tunes along with them.



BREAKFAST

Wednesday – Monday
8:30 – 10:30 a.m.

LUNCH

Monday, Wednesday, Thursday, Friday
11:00 a.m. – 2:00 p.m.
Saturday & Sunday
11:00 a.m. – 3:00 p.m.

DINNER

Thursday, Friday, Saturday
5:00 – 8:30 p.m.

Closed on Tuesdays

(561) 739-1129

*Reservations are recommended,
especially during season.*



Hover your phone's camera over the
QR code to make reservations for
Lux Grill on OpenTable.



LUX GRILL EVENTS



Asian Themed Dinner Night

Friday, January 27th



Celebrate Love

Tuesday, February 14th

Lux Grill will be open for Lunch
and will present a special
Prix Fixe Dinner Menu.



Ladies Night

**3rd Thursday of every month
7:00 – 9:00 p.m.**

All ladies receive
drink specials!



LEGENDS LOUNGE

LEGENDS LOUNGE HAPPY HOUR

**The Happiest Hours
at the Sound!**

HAPPY HOURS:
Thursday, Friday, Saturday
4:00 – 6:00 p.m.



**BAR BITE
SPECIALS
EVERY WEEK**

Football Sunday

Draft Beer Special \$4

Goose Island IPA • Bud Light • Stella
Yuengling • Michelob Ultra

Beer Buckets

Domestic Beers 5/\$20 • Imported Beers 5/\$24

VALENCIA SOUND FITNESS

NEW YEAR... NEW YOU!

Sign up for classes online, or by stop by the Fitness Center.



FITNESS CLASS SCHEDULE • JANUARY - FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stretch, Core & Balance 7:30 a.m. Aqua Fit 9:30 a.m. Stretch, Balance & Abs 5:00 p.m.	Core Weight Training 8:15 a.m. Pilates Flow • 9:15 a.m. Aqua Fit • 9:15 a.m. Zumba • 10:30 a.m.	Aqua Fit 9:30 a.m. Stretch, Balance & Abs 6:30 p.m.	Core Weight Training 8:15 a.m. Pilates Flow 9:15 a.m.	Aqua Fit 9:15 a.m. Zumba 10:30 a.m.	Aqua Fit 9:00 a.m.

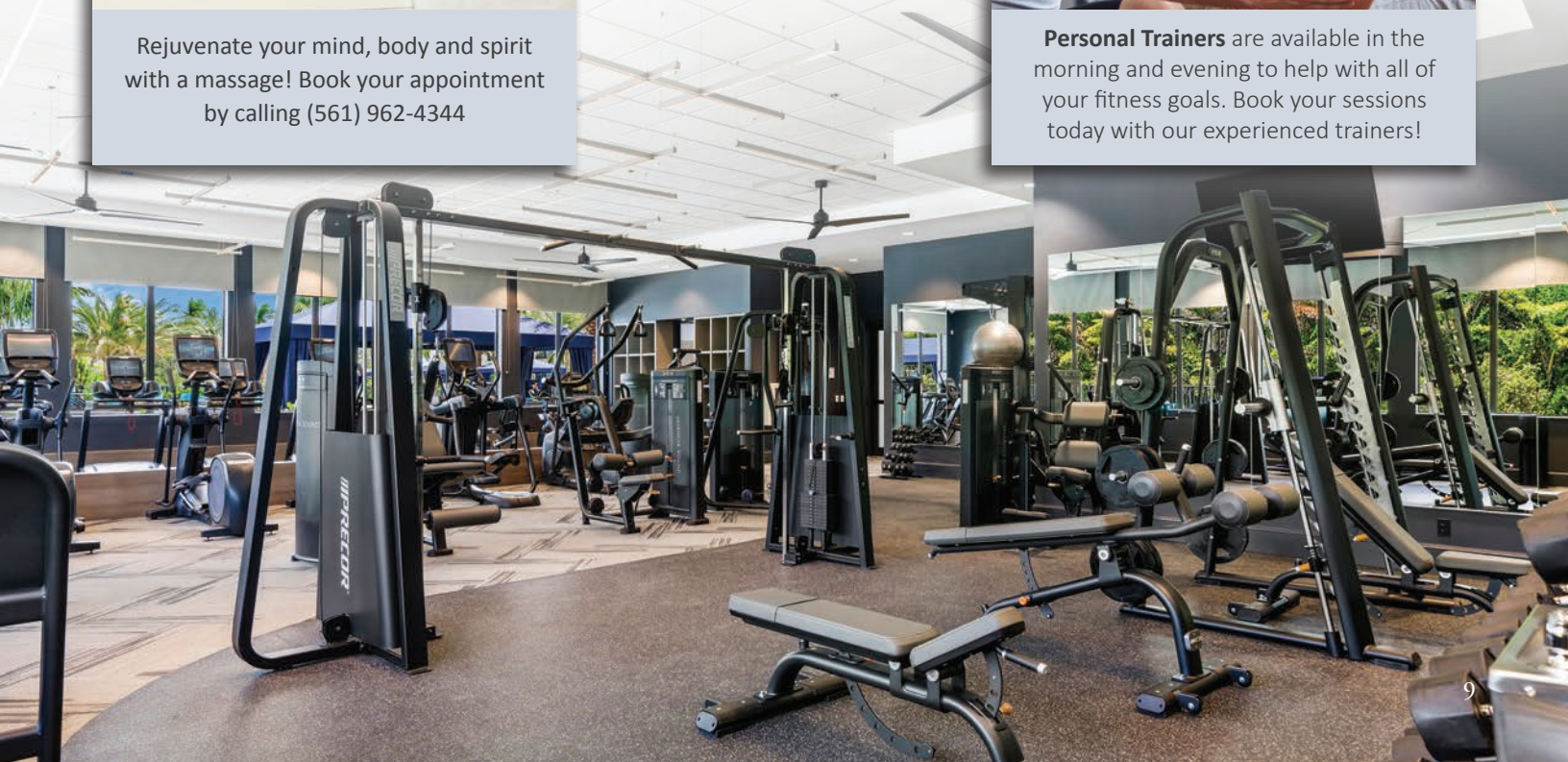


Rejuvenate your mind, body and spirit with a massage! Book your appointment by calling (561) 962-4344

**BOOK YOUR
FREE FITNESS
EVALUATION
TODAY!**



Personal Trainers are available in the morning and evening to help with all of your fitness goals. Book your sessions today with our experienced trainers!



WHAT'S ALL THE RACQUET?



FROM YOUR **SPORTS DIRECTOR**

Dear Residents,

Happy New Year to each and every one of you! We ended 2022 on such a high note, and as we enter this brand new year, I cannot wait to see what's in store at the Tennis, Pickleball and

Bocce courts.

As the newest Valencia, you have all worked so hard to establish our community as one filled with talented play, growth, camaraderie amongst our teams, and sportsmanship. No matter your level of play, you are all champions and have set the bar incredibly high! Congratulations on all you have done to put Valencia Sound on the map.

It's been a thrill watching so many residents head to the Bocce courts. As a game that started back in 5200 BC, this sport is now

enjoyed all over the world by everyone, young or old, man or woman, thanks to its ease and versatility. Just a couple of weeks ago, we held our first grandparent/grandchild Legacy Bocce Tournament, and it was amazing to see all generations loving the game. We look forward to holding several Bocce events in the coming months and hope even more of you will join in!

For those who have not yet signed up at Valencia Sound Racquet Club, we hope you will make it your resolution to sign up and enjoy all that Tennis, Pickleball and Bocce have to offer.

Best wishes,

Christine Walter, Sports Director



FROM YOUR **PICKLEBALL PRO**

Dear Pickleballers,

It's so hard to believe that 2023 is here and so many of you have started the year off right by heading on the Pickleball courts!

Over the past few weeks I have been reflecting on our Pickleball program here at Valencia Sound, and how far our players and leagues have come. Ending 2022 with 3 trophies was quite a feat, and I can't even begin to imagine what this year will bring. Each player has made incredible strides – we certainly are a community of champions both on and off the court.

I look forward to seeing even more of you on the Pickleball courts, whether you are just starting out and learning the basics of the game, participating in clinics to hone your skills, taking lessons or engaging in social or competitive play.

If you need assistance setting up your membership, or just want to chat, I'm always here to help. Best wishes to you and your families for an incredible 2023!

See you on the courts,

Placido Ventura, Pickleball Pro



Congratulations

Congratulations to our First Place Winners, Andrea and Rick Silverman, for the First Annual Couples Harvest Pickleball Tournament.





LUNCH WITH THE PRO'S

JOIN CHRISTINE AND PLACIDO AT LUX GRILL FOR LUNCH AND CONVERSATION OFF THE COURTS!

MONDAY, JANUARY 30TH AT 12:00 PM

LIMITED TO 10 PARTICIPANTS - EACH PERSON WILL PAY FOR THEIR OWN LUNCH OFF THE MENU.
RSVP AT THE PRO SHOP OR CALL
(561) 739-1121



GLOW BALL PICKLEBALL

COMING SOON
Watch out for details in your weekly flyers!

VALENCIA SOUND RACQUET CLUB REGISTRATION

Register on www.valenciasoundracquetclub.com to sign up for all Tennis, Pickleball and Bocce events, weekly programs and clinics, events, and to book your court time. If you need assistance setting up an account, please e-mail Christine or Placido at proshop@valenciasoundrec.com

PRO SHOP HOURS

Monday – Saturday • 8:00 a.m. – 1:00 p.m.

PROGRAM DESCRIPTIONS

ADVANCED TENNIS CLINIC

Experience fun advanced games that will challenge your tennis skills and mental toughness.

PICKLEBALL 101

Learn the fastest growing sport in the world. Instruction focuses on the basics of the game, positioning, and scoring.

INTERMEDIATE PICKLEBALL

Come learn new skills to improve your game!

PICKLEBALL 301

Develop strategy and gameplay to take your game to the next level.

PICKLEBALL SHOOT UP

Shoot-up is designed for teams to have fun playing a round robin among same level players while the coach will be giving you pointers on adjustments of shots, paddle position, court positioning, and making better decisions on the court.

PICKLEBALL SUNDAY MORNING SHOOTOUT

Hone your pickleball skills and meet new players! There will be two courts for beginners and two courts for intermediate-plus players. Sundays at 9:00 am.

OPEN PLAY PICKLEBALL TO PADDLE ROTATION PICKLEBALL

Join your neighbors and fellow players every morning for social play on the Pickleball Courts. The courts use a Paddle Rotation System that is separated by levels. The Pro will determine the court you will use based on your Pickleball skill level.

OPEN PLAY PICKLEBALL

Come join other members of all skill sets to play in a friendly open play format every day from 8:00 a.m. – 12:00 p.m. Ladies Open Play is on Tuesday and Thursday mornings on select courts.

PRIVATE AND SEMI-PRIVATE LESSONS

Sign up for tailored Pickleball or Tennis instruction designed to teach you the game or improve your current skill set. The Pros will help you learn various techniques to have a balanced, well-rounded game.

VALENCIA SOUND

SNAPSHOTS FROM THE SOUND



JukeBox Bingo



Mediterranean Cooking Class



Halloween



Sporting Events Club



Theatre Club