VALENCIA ATRIVERLAND®

PB Open Play /BB: Fall Bocce League

TN: Open Play/TN: Fundamentals w/ Bill

S.W.T Challenge/Abs 360/Step & Sculpt

Zumba Toning/Aqua Fit (Pilates)

Yin Yogg /Corn Hole Open Play

with Brenda Donovan

Voices of Valencia

Garden Club

Aqua Fit (Core & Cardio)/Bootcamp

Dance Fit/Low Impact Fit/Chair Yoga

Ping Pong Club/Ping Pong Open Table

Pottery: Advanced Flower Garden Stakes

Cocoa Nib Chateaubriand with Chef Robin

TN: Open Play/TN: Fundamentals w/ Bill

S.W.T Challenge/Abs 360/Step & Sculpt

Zumba Toning/Aqua Fit (Pilates)

Tone Up/Intermediate Yoga

Voices of Valencia

Furry Friends Club

Yin Yoga /Corn Hole Open Play

Aqua Fit (Core & Cardio)/Bootcamp

Ping Pong Club/Ping Pong Open Table

Pottery - Garlic Pot - Sharon Churchill

PB Open Play /BB: Fall Bocce League

with Coach Bill - 3.0+/TN: Open Play

Open Court Basketball/S.W.T Challenge

Abs 360/Step & Sculpt /Zumba Toning

Bootcamp/Dance Fit/Low Impact Fit

Aqua Fit (Pilates)/Aqua Fit (Core & Cardio)

Tone Up/Intermediate Yoga /Ping Pong Club

Bingo Riverland Connects - Block Party - Club Fair

TN: Fundamentals w/ Bill/PB: Master the Kitchen

TN Drills, Skills & Strategy

Chair Yoga/Stretch & Tone

Corn Hole Open Play

Voices of Valencia

Ping Pong Open Table/Yin Youa

Photography Club of Riverland Veal Saltimbocca with Chef Robin

Crabcake Crusted Ribeye with Chef Robin

PB: Master the Kitchen/Open Court Basketball

Stretch & Tone/Tone Up/Intermediate Yoga

PB: Master the Kitchen/Open Court Basketball

TN Drills, Skills & Strategy with Coach Bill - 3.0+

TUESDAY

FUNTIMES

THURSDAY

PB Open Play/TN: Open Play

Open Court Basketball/S.W.T Challenge

HIIT (High Intensity Interval Training)

Aqua Fit (Level 2)/Low Impact Fit

Yoga/Barre/Dance Fit/Mat Pilates

Ping Pong Club/Ping Pong Open Table

TN: Fundamentals w Bill/PB 101 Beginner Pickleball

Chair Yoga/ISO 60/Low Impact Fit/Chair Zumba

Open Court Basketball/Ping Pong Open Table

PB: Drill & Play with Rene

Yin Yoga /Aqua Dance

PB Open Play/TN: Open Play

TN: Fundamentals w/ Bill

PB 101 Beginner Pickleball

Open Court Basketball/S.W.T Challenge

HIIT (High Intensity Interval Training)

Aqua Fit (Level 2)/Low Impact Fit

Yoga/Barre/Dance Fit/Mat Pilates

Chair Yoga/ISO 60/Low Impact Fit

Ping Pong Open Table/Open Court Basketball

Ping Pong Open Table/Yin Yoga /Agua Dance

Meatless Meals Around the World with Chef Mel

PB 101 Beginner Pickleball/Open Court Basketball

Chair Zumba/Ping Pong Club

Riverland Quilting Club

PB Open Play/TN: Open Play

TN: Fundamentals w/ Bill

Wine Club

Green Market

PB Open Play TN: Open Play Open Court Basketbal Ping Pong Open Table Ping Pong Open Table

Sunday Funday

PB Open Play

TN: Open Play

Aqua Dance

PB Open Play

TN: Open Play

Aqua Dance

Open Court Basketball

Ping Pong Open Table

Ping Pong Open Table

Open Court Basketbal

Ping Pong Open Table

Ping Pong Open Table

(2.5-2.9)/PB: 3.0 Mini Clinic TN: Open Play/PB: Madi's Mini (2.5+) PB: DUPR Nights/Open Court Basketball S.W.T Challenge/HIIT (High Intensity Interval Training) Barre/Zumba Gold/Aqua Fit (Level 2) Chair Yoga/Full Body Fit/Yoga Stretch Low Impact Fit/Aqua Fit (B3)/Mat Pilates *2 classes Stretch & Tone/Open Court Basketball/Line Dancing Open Court Basketball

PB: 101 Academy/PB: Beginner to Beyond

TN: Women's 2.5 RR/PB Open Play

Mentor Monday Brazilian Churrasco Fest with Chef Deedra New Beginnings with Russell Breiter Wheel 101 with Melisha Santiago

TN: Women's 2.5 RR/PB Open Play PB: 101 Academy PB: Beginner to Beyond (2.5-2.9)/PB: 3.0 Mini Clinic TN: Open Play/PB: Madi's Mini (2.5+) PB: DUPR Nights/Open Court Basketbal S.W.T Challenge/HIIT (High Intensity Interval Training) Barre/Zumba Gold/Aqua Fit (Level 2) Chair Yoga/Full Body Fit/Yoga Stretch Low Impact Fit/Aqua Fit (B3) Mat Pilates *2 classes/Stretch & Tone Open Court Basketball/Line Dancing

Mentor Monday Bird Watching Club High End Tapas Night with Chef Deedra Sound Bath Mediation with Denise Carraro Wheel 101 with Melisha Santiago

Open Court Basketball

TN: Women's 2.5 RR/PB Open Play

PB: 101 Academy PB: Beginner to Beyond (2.5-2.9)/PB: 3.0 Mini Clinic TN: Open Play/PB: Madi's Mini (2.5+) PB: DUPR Nights/Open Court Basketbal S.W.T Challenge/HIIT (High Intensity Interval Training) Barre/Zumba Gold/Aqua Fit (Level 2) Chair Yoga/Full Body Fit/Yoga Stretch Low Impact Fit/Aqua Fit (B3)/Mat Pilates *2 classes Stretch & Tone/Open Court Basketball Line Dancing/Open Court Basketball

Mentor Monday Law Enforcement- Fire Rescue - EMS Club Garden Club Pan Asian Fall Fusion with Deedra Get Up & Go Travel Club Wheel 101

TN: Women's 2.5 RR/PB Open Play PB: 101 Academy

TN: Open Play/PB Open Play PB: Drill & Play with Rene Open Court Basketball/S.W.T Challenge Aqua Fit (Level 1)/Boxing Fit POUND - Rockout.Workout/Agua Fit (Strength & Conditioning)/Full Body Fit Stretch/Zumba Gold/Medium Impact Fit Power Hour/Barre Fusion Mat Pilates/Open Court Basketball Aqua Fit/Zumba /Indoor Stick Ball

WEDNESDAY

Creating Collages with Rose Diem Craft and Chat **Garden Club Meeting**

TN: Open Play/PB Open Play PB: Drill & Play with Rene Open Court Basketball/S.W.T Challenge Aqua Fit (Level 1)/Boxing Fit POUND- Rockout.Workout/Aqua Fit (Strength & Conditioning)/Full Body Fit /Stretch Zumba Gold/Medium Impact Fit Power Hour/Barre Fusion Mat Pilates/Open Court Basketball Aqua Fit/Zumba /Indoor Stick Ball

Pour Painting with Rose Diem Craft and Chat French Seafood Extravaganza with Deedra Breast Cancer Support Club

Club Leaders meeting / Club Open House

PB Open Play /BB: Fall Bocce League
TN Drills, Skills & Strategy with Coach Bill-3.0+ PB: Drill & Play with Rene/PB: Dink for Pink TN: Open Play/Open Court Basketball S.W.T Challenge/Aqua Fit (Level 1) Boxing Fit/POUND- Rockout.Workout Aqua Fit (Strength & Conditioning) Full Body Fit /Stretch/Zumba Gold Dance Fit/Low Impact Fit/Chair Yoga/Stretch & Tone Medium Impact Fit/Power Hour Barre Fusion/Mat Pilates/Open Court Basketball Aqua Fit/Zumba /Indoor Stick Ball

> **Nutrition Seminar** Palette Knife Acrylic Paintng with Rose Diem Craft and Chat Farm to Table Harvest Dinner with Chef Deedra **Guitar Circle** How to Make a Mug Intro to Pottery

PB Open Play/PB: Drill & Play with Rene PB Open Play/TN: Open Play PB: Drill & Play with Rene TN: Open Play/Open Court Basketball S.W.T Challenge/Aqua Fit (Level 1) Boxing Fit/POUND- Rockout.Workout Aqua Fit (Strength & Conditioning)/Full Body Fit Stretch/Zumba Gold/Medium Impact Fit Power Hour/Barre Fusion/Mat Pilates Open Court Basketball/Aqua Fit Zumba /Indoor Stick Ball

How to make a Tealight Rose Creating Collages with Rose Diem Craft and Chat Autumn Italian Night with Chef Deedra Healthspan Club with Tony Deangelo

ISO 60/Low Impact Fit Chair Zumba/Ping Pong Club/Ping Pong Open Table Open Court Basketball/Ping Pong Open Table Yin Yoga /Aqua Dance Pottery: Advanced Charcuterie Octopus Board **Riverland Quilting Club** Soudough Bread Learn to make with Anna

Aqua Fit (Level 2)/Low Impact Fit/Yoga

Barre/Dance Fit/Mat Pilates/Chair Yoga

PB 101 Beginner Pickleball/Open Court Basketball

S.W.T Challenge/HIIT (High Intensity Interval Training)

Singo Sunset Spritzers

Riverland Fishing Club

TN Drills, Skills & Strategy with Coach Bill - 3.0+ PB Open Play/TN: Open Play PB: Madi's Mini Clinic (3.0+) Open Court Basketball/S.W.T Challenge Lower Body Blast/Low Impact Fit Stretch/Zumba Gold Stretch/Agua Aerobics (Level 2) Upper Body Attack/Bootcamp Tone Up/Aqua Dance / Open Court Basketball

FRIDAY

Crafting with Kelly: Pineapple Oyster Shell Pecan Crusted Halibut with Chef Robin Soundbath Meditation with Denise Carraro Supreme Court Recent Decision Making Lecture with Joe Berger

TN Drills, Skills & Strategy with Coach Bill - 3.0+/PB Open Play TN: Open Play/PB: Madi's Mini Clinic (3.0+) Open Court Basketball/S.W.T Challenge Lower Body Blast/Low Impact Fit/Stretch/Zumba Gold Stretch/Aqua Aerobics (Level 2)/Upper Body Attack Bootcamp/Tone Up/Aqua Dance Open Court Basketball

Lobster Pad Thai with Chef Robin **Breast Cancer Support Club**

Mermaid GOG with Asia Westbrook

Comedian "DS" Sanders

PB Open Play/TN: Open Play BB: Welcome to Riverland PB: Welcome to Riverland Open Court Basketball Agua Dance/Low Impact Fit Full Body Fit /Mat Pilates Vinyasa Flow Yoga Mat Pilates Ping Pong Open Table

> Mosaice Art: Sunflower Suncatcher with Asia Westbrook Meals on the Fly with Chef Mel

SATURDAY

British Invasion

TN: Open Play PB Open Play Open Court Basketball Aqua Dance Low Impact Fit **Full Body Fit** Mat Pilates Vinyasa Flow Yoga Mat Pilates Ping Pong Open Table

> **Veterans Meeting Breast Cancer Walk**

TN Drills, Skills & Strategy with Coach Bill - 3.0+/PB Open Play

S.W.T Challenge/HIIT (High Intensity Interval Training) Aqua Fit (Level 2)/Low Impact Fit Yoga/Barre/Dance Fit/Mat Pilates Chair Yoga/ISO 60/Low Impact Fit Chair Zumba/Ping Pong Club/Ping Pong Open Table
Open Court Basketball/Ping Pong Open Table Yin Yoga /Aqua Dance

Healthier Happy Hour Theatre Club

Thirsty Thursday

TN: Open Play/PB: Madi's Mini Clinic (3.0+) Open Court Basketball/S.W.T Challenge Lower Body Blast/Low Impact Fit Stretch/Zumba Gold/Stretch Agua Aerobics (Level 2)/Upper Body Attack Bootcamp/Tone Up/Agua Dance Open Court Basketball

Orientation for Parc Seared Scallops with Chef Robin Sip and Paint with Rita the Artista

TN Drills, Skills & Strategy with

Coach Bill - 3.0+/PB Open Play

Lower Body Blast/Low Impact Fit

TN: Open Play/PB: Madi's Mini Clinic (3.0+)

Stretch/Zumba Gold/Stretch/Aqua Aerobics (Level 2)

Open Court Basketball/S.W.T Challenge

Upper Body Attack/Bootcamp/Tone Up

Sound Bath Mediation with Denise Carraro

Completely Unchained - Van Halen Tribute

Pottery: Advanced Charcuterie Octopus Board with

Aqua Dance /Open Court Basketball

Seared Swordfish with Chef Robin

Sharon Churchill

TN: Open Play Open Court Basketball Aqua Dance Low Impact Fit **Full Body Fit** Mat Pilates Vinyasa Flow Yoga Mat Pilates Ping Pong Open Table

Pumpkin Payer with Asia Westbrook Mexico Mania with Chef Mel

Turnstiles- Billy Joel Tribute

Agua Dance Low Impact Fit **Full Body Fit** Mat Pilates Vinyasa Flow Yoga Mat Pilates Ping Pong Open Table

Open Court Basketball

24 TN: Open Play

Law Enforcement-EMS and Fire Club Simple French Classics with Chef Mel

All Stars Band

PB Open Play TN: Open Play Open Court Basketbal Ping Pong Open Table Aqua Dance Yoga Ping Pong Open Table

PB: Beginner to Beyond (2.5-2.9)/PB: 3.0 Mini Clinic TN: Open Play/PB: Madi's Mini (2.5+) PB: DUPR Nights/Open Court Basketba S.W.T Challenge/HIIT (High Intensity Interval Training) Barre/Zumba Gold/Aqua Fit (Level 2)/Chair Yoga Full Body Fit/Yoga Stretch/Low Impact Fit Aqua Fit (B3)/Mat Pilates *2 classes Stretch & Tone/Open Court Basketball Line Dancing/Open Court Basketball

Mentor Monday Seafood Paella Night with Chef Deedra Wheel 101 with Melisha Santiago

PB Open Play /BB: Fall Bocce League TN Drills, Skills & Strategy with Coach Bill - 3.0+/TN: Open Play TN: Fundamentals w Bill/PB: Master the Kitchen Open Court Basketball/S.W.T Challenge Abs 360/Step & Sculpt /Zumba Toning Aqua Fit (Pilates)/Aqua Fit (Core & Cardio) Bootcamp/Dance Fit/Low Impact Fit Chair Yoga/Stretch & Tone Tone Up/Intermediate Yoga /Ping Pong Club Ping Pong Open Table/Yin Yoga Corn Hole Open Play

Herb Roasted Lamb with Chef Robin Voices of Valencia

PB Open Play BB/PB/TN Inside the Season Presentation TN: Open Play/Open Court Basketball S.W.T Challenge/Aqua Fit (Level 1)
Boxing Fit/POUND- Rockout.Workout Aqua Fit (Strength & Conditioning)/Full Body Fit Stretch/Zumba Gold/Medium Impact Fit Power Hour/Barre Fusion/Mat Pilates Open Court Basketball/Aqua Fit Zumba /Indoor Stick Ball

Pour Painting with Rose Diem Craft and Chat Halloween Harvest Feast with Deedra Garden Club

PB Open Play/TN: Open Play PB/TN/BB: Halloween Social PB: Drill & Play with Rene PB 101 Beginner Pickleball/Open Court Basketball S.W.T Challenge/HIIT (High Intensity Interval Training) Aqua Fit (Level 2)/Low Impact Fit Yoga/Barre/Dance Fit/Mat Pilates/Chair Yoga ISO 60/Low Impact Fit/Chair Zumba Ping Pong Club/Ping Pong Open Table Open Court Basketball/Ping Pong Open Table Yin Yoga /Aqua Dance

Ricotta Gnocchi with Chef Robin Theatre Club Halloween Night

TN Drills, Skills & Strategy with Coach Bill - 3.0+/PB Open Play TN: Open Play/PB: Madi's Mini Clinic (3.0+) Open Court Basketball/S.W.T Challenge Lower Body Blast/Low Impact Fit Stretch/Zumba Gold/Stretch/Aqua Aerobics (Level 2) Upper Body Attack/Bootcamp Tone Up/Aqua Dance Open Court Basketball

Butternut Squash Bisque with Chef Robin

Halloween Party

