TALKOF THE TRAILS

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with

Don't Miss the FRIENDSGIVING Bake-Off & Turkey Fat

LET'S GET SPOOKY

at the Boos & Brews Halloween Bash

Community Newsletter for Valencia Trails Homeowners

CONTACT INFORMATION

VALENCIA TRAILS

1880 Majestic Trails Blvd, Naples FL 34120

Clubhouse Main Line 239-359-6950

GRS Community Management Hours

10 a.m. – 3 p.m. Sat - Sun

www.valenciatrailshoa.org | valenciatrails.thundertix.com

Property Manager Lori Nixon Inixon@grsmgt.com

Lifestyle Director Kaitlyn Aldridge Kaldridge@grsmgt.com Club Facility Manager Stephen DiGuardi sdquardi@grsmqt.com

Resident Services Attendant VTresidentservices@grsmgt.com Bryce Nelson Bnelson@grsmgt.com

Gather Restaurant & Bar

Food & Beverage Director John Everding john@gathertrails.com **Executive** Chef Debra Bicknese debra@qathertrails.com

Total Health Systems Fitness Director Jodi Ziajka Racquet Club & Pro Shop Sports Director Chad Edwards

The Spa at Valencia Trails Owner Christin Bones admin@u-topiaspa.com



New Homeowner ORIENTATIONS

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs to using the amenities, programs, web systems, property questions and more. Residents are required to be closed on homes and to RSVP in advance to vtresidentservices@grsmgt.com.

> 1st Wednesday of Every Month 11 a.m. | Social Hall October 4 | November 1 December 6

A Message from Your



PROPERTY MANAGER

Thank you to all the Valencia Trails residents who have given me such a warm welcome! I am very excited to be part of such a wonderful community.

The upcoming months are filled with

activities. Be sure to review the calendar of events as there really is something for everyone from fitness to fun!

A few reminders:

I will be available each Tuesday from 1 to 4 p.m. for residents who wish to review their ACC applications prior to submittal. The most common items missing from recently submitted applications are the signed Owner's Affidavit, signed Disclaimer/ Release and a certificate of insurance from the contractor that includes general liability insurance, automobile liability insurance limits and workers compensation insurance or an exemption form. Please read the checklist thoroughly and provide all necessary information to avoid delays in processing your application.

I review work orders with Down To Earth on a weekly basis and utilize the system to track the progress of your requests. Please make sure you submit all common area or recreation site concerns including landscaping through our online system rather than sending an email. To create a work order:

Log into www.valenciatrailshoa.org

Once in your account, go to the Property Management tab. Choose Work Order Portal from the drop-down menu. You will be directed to a new screen which will allow you to input the work order. Click submit and your request will be input into the system.

Take Care! Lori Nixon Property Manager (LCAM, CFCAM)

Save the Dates 2024

The Rocketman Show | January 13 Tusk Fleetwood Mac Tribute | January 21 Sunset Social | February 1 Elements - An Earth, Wind & Fire Tribute | February 10 Mardi Gras Party | February 13 Comedy Night with Mary Ellen Hooper & Troy Thirdgill | February 24 The Edward Twins | March 9 Abbacadabra | March 16 St. Patty's Party | March 17

'70s-'80s-'90s Unplugged: The MTV Experience | May 17

*Disclaimer: all events and activities are subject to change and additional activities and events may be added to the calendar.

Mark Your Calendar

2024 HOA Budget Adoption & Developer Update Meeting Tuesday, November 14 at 11 a.m.

Winter Show Sales Schedule

Superstar Series Package (all 6 shows) Friday, October 6 at 1 p.m.

Rockstar Series Package (3 shows) Friday, October 13 at 1 p.m.

Legends Series Package (3 shows) Friday, October 13 at 1 p.m.

Single Show Tickets Friday, October 20 at 1 p.m.

Guest Tickets Friday, October 27 at 1 p.m.



Bingo

Thursday, October 5 7 p.m. | Social Hall | \$12

Bingo Night is the perfect way to unwind, socialize and test your luck in a friendly and lively atmosphere. Bingo night will be led by none other than Randy Ray! Cash and prizes will be awarded to winners.

COMEDY NIGHT with Fran Capo & Peter Fogel



Saturday, October 7 8 p.m. | Social Hall | \$20 + tax



Fran Capo is a comedienne and adventurer who holds 9-world records and sees humor everywhere. From climbing Mount Kilimanjaro to visiting the Titanic on the ocean floor, Capo has done it all. She has appeared on over 500 television and 4,500 radio shows, including

Entertainment Tonight, Larry King Live, Last Call with Carson Daly, Good Morning America, The Martha Stewart Show and Nick at Nite. This comedy veteran tailors her performances to every type of audience from nuns to Hells Angels and from millennials to active adults! She's performed at major comedy clubs like Caroline's and Dangerfield's.



Peter "The Reinvention Guy" Fogel has worked and appeared on HBO's Comedy Central, Married... With Children, Hope and Faith with Kelly Ripa, and Men Behaving Badly! by Rob Schneider. He is an award-winning humorist who has made audiences laugh

for more than 25 years working alongside celebrities Jon Stewart, Lucie Arnaz, Dennis Miller, Ray Romano and Robin Williams. He has starred in Peter Fogel's "'Til Death do us Part... You First!" and "My Mother's Italian, My Father's Jewish & I'm in Therapy!" Get your tickets at valenciatrails.thundertix.com.

Fall Inspired Wine Glass Painting

Tuesday, October 10 2 p.m. | Arts and Crafts | \$25 Class min 8 - Max 15

Come paint four goblets which can be used as candle holders or wine glasses. The cost includes the goblets, all supplies and 2 to 3 hours of instruction.

Mixed Media Resin Art Workshop



Tuesday, October 17 6 p.m. | Arts and Crafts Studio | \$75 In this creative glass and resin workshop, led by artist Tammy DeCaro, you will create a one-of-a-kind beautiful piece of resin art. All supplies will be provided to complete

an 11" x 14" framed piece. Art can be picked up the next day. Feel free to bring your own shells or embellishments. Seasonal designs will also be available.

Monthly Market Pop Up

Friday, October 20 11 a.m.- 2 p.m. | Clubhouse | Free

Come to the clubhouse to shop with local vendors and artisans! Vendors will be showcasing everything from clothes and shoes to jewelry, soaps, and more.



Saturday, October 21 8 p.m. | Social Hall | \$30 + tax

Get ready to relive the hits of Motown and beyond, as this exciting, high-energy group unleashes superior vocals and slick dance moves powered by pure soul! The bar will be open before and during the show for beverage purchases. Get your tickets at valenciatrails.thundertix.com.



Medicare Mary Seminar Tuesday, October 24 11 a.m. | Social Hall | Free

Medicare Mary will help you evaluate Medicare plans, inform you of additional options, help you understand different

coverages, assist you with enrollment and make unbiased recommendations for you which can save you time and money.



Spooktacular Pumpkin Carving Contest

Wednesday, October 25

3 p.m. | Arts and Crafts | \$5 per person for supplies Unleash your best carving and sculpting abilities in a pumpkin carving contest! Participants must supply their own pumpkin and Lifestyle will provide all the carving supplies. Pumpkins will be displayed at the Boos & Brews Halloween Bash for voting, with the winner being chosen at 8 p.m.!



Halloween Movie Night Featuring Hocus Pocus Thursday, October 26 7 p.m. | Social Hall | Free

Get into the spooky spirit with a Halloween movie Hocus Pocus featuring Bette Midler, Sarah Jessica Parker and Kathy Najimy. Popcorn, candy and beverages will be available for purchase!



Boos & Brews Halloween Bash Saturday, October 28 6 p.m. | Social Hall | \$45 + tax

There are ghosts lurking around the clubhouse – and they have ghoulish goodies! Can you out dress them? Wear your best costume and join us for a costume contest, games and more! Sink your fangs into devilish bites from Gather and don't miss out on the entertainment for the evening as the Peter Andrews Trio will be providing a hauntingly good time! The reservation deadline is October 21.



HowI-O-Ween Pet Party

Tuesday, October 31 3 p.m. | Dog Park Donation to Naples Humane Society

Even your four-legged family members can have some Halloween fun! Dress your furry friend up and let's get together. Pup friendly treats will be provided. Even if you don't have a pet, we encourage you to stop by and place your votes at our freakishly adorable four-legged friends costume contest! Winners will receive fun surprises. The registration deadline is October 24.

November EVENTS

Renewable Energy Seminar

Thursday, November 9 11 a.m. | Social Hall | Free

Join us for our first renewable energy seminar. This seminar will expand your knowledge of clean energy sources including windmills, solar panels and more! Learn how you can incorporate renewable energy into your home.



Comedy Night with **Monique Marvez**

Saturday, November 4 8 p.m. | Social Hall | \$30 + tax

Monique is a one-of-a-kind, versatile radio and TV personality, writer and comedienne. Her television career includes three Showtime specials including The Latin Divas of Comedy, Snoop Dogg Presents the Bad Girls of Comedy and her own one-hour special Not Skinny, Not Blonde (based on her critically acclaimed book of the same name). She has also made numerous appearances on HBO, Comedy Central, ABC and more. Monique's show is centered around relationships and cuts to the heart of the matter with a unique focus on family and friendships. With her sharp wit and improv skills, Monique has the stellar ability to tailor a performance on the spot to appeal to all audiences. Select your seats at valenciatrails.thundertix.com.



Holiday Craft Class Tuesday, November 7

6 p.m. | Arts and Crafts Studio | Price varies

Join our holiday gift class, led by artist Tammy DeCaro, and learn how to create a resin tray or coaster set. All supplies will be provided for your

project. Art can be picked up the following day in time for all your holiday gatherings.



Saturday, November 11 10 a.m. | Social Hall Free for veterans, \$15 + tax Veteran's Day is a time for us to pay our respects to those who have

served. Join us as we celebrate and honor veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good. This patriotic event will feature the Pledge of Allegiance, the National Anthem and a showcase featuring the community's veterans. If you are a veteran, please email your service photo, branch of service, rank and a memory you have from your time in service to Kaitlyn or the Resident Services team.



Friendsgiving Dessert Bake Off & Recipe Swap Thursday, November 16 5 p.m. | Social Hall | Free

Join us for our first annual Friendsgiving dessert bake off! Share your skills and test your family recipes against your neighbors. If you have a recipe to share, email it to Resident Services for inclusion in our first ever holiday recipe swap. Not a baker? No problem. All residents are encouraged to come sample the desserts and to fill out one of our "I am thankful for" cards which will be displayed through the end of the month. The Gather culinary team will be our judges. A minimum of 5 bakers are required to host the event.

Monthly Market Pop Up

Friday, November 17

11 a.m. - 2 p.m. | Clubhouse | Free

Come to the clubhouse to shop with local vendors and artisans! Vendors will be showcasing everything from clothes and shoes to jewelry, soaps, and more.



Shooting Range Outing Sunday, November 19

11 a.m. | Offsite | Pricing varies *Maximum 20 people*

Join us at LouLand's Gun Club for a fun morning out! You may shoot pistol, rifle, shotgun or long distance in a safe outdoor environment. Practice with your firearm, train safely, build your

skills, and gain knowledge from other shooters. Whether you are just starting out or are an experienced shooter, this event is for you. The pricing varies based on the activities you choose. For \$35, you can rent a gun and get ammunition. Cash only, payable at the venue. Reservations are required to reserve the space for our group.



Turkey Trot Tuesday, November 21 9 a.m. | Clubhouse | \$5 donation to St. Matthews House

Work off some extra calories with your neighbors and friends before we indulge in all that is yummy on Thanksgiving. We will meet at the Clubhouse to start and proceed for a group walk through our community trails! Dress to impress on this walk as the best dressed Turkey trotter will win a prize! After the walk we will have light refreshments and continental grab & go spread for all who participate. Registration is required for proper planning.



Thanksgiving Day Feast Thursday, November 23 1 p.m. | Social Hall | \$49 + Reservations Required

Enjoy a thanksgiving feast with turkey, honey ham, Idaho trout, apple & chestnut stuffing, strawberry fields and escarole salad, whipped potatoes and turkey gravy, green bean casserole, Brussel sprouts, maple-roasted sweet potatoes, cranberry sauce, apple pie and pumpkin cheesecake. There will be live entertainment to complement the feast. Family and guests are welcome.



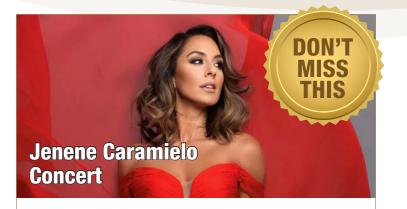
Annual Toy Drive

All of November Drop Off at Resident Services

Let's share our good fortunes by giving back to those who are in need. We are collecting toys for Eva's Closet. Gift tags with wishes will be available at Resident Services beginning November 1. Deliver the unwrapped gift back to us by December 10.



December EVENTS



Saturday, December 2 8 p.m. | Social Hall | \$35 + tax

A true crossover entertainer, Jenene is as adept at belting out a Celine Dion or Whitney Houston song as she is performing an aria or captivating audiences with Broadway show tunes. She has shared a stage with Chicago, opened for the Beach Boys and performed at the White House backed by the United States Marine Band. Select your seats at valenciatrails.thundertix.com.

Holiday Sip & Shop

Wednesday, December 6 4 p.m. - 7 p.m. | Social Hall | Free

Come shop with us for all your last-minute holiday gifts. Local artisan vendors will be showcasing a variety of jewelry, clothing, arts and crafts, holiday gifts and more. Enjoy a complimentary glass of champagne while you shop.

Mafia Murder Mystery Challenge

Thursday, December 14 7 p.m. | Social Hall | \$20 per person

Do you have what it takes to solve a mafia murder mystery before the night is over? Let's find out! Over 90-minutes, 14 teams with 6-8 players per team will try to solve the mystery. Join us for this fully interactive game night experience. RSVP your team or we will add you to a team to enjoy this fun evening. This is a great way to meet new friends! The bar will be available during the game for beverage purchase.

HOLIDAY POPS Christmas in Paradise Concert

Tuesday, December 12 8 p.m. | Social Hall | \$50 + tax



The Southwest Florida Symphony is bringing a 30-piece orchestra and special guest artist Andrew Lipke to our stage! Under Mr. Lipke's direction, the orchestra will explore what makes beloved holiday hits so timeless through new twists on old classics. The performance will feature a mash-up of the Nutcracker themes blended with traditional favorites and new lyrics. Come sing along to the "12 Days of FLORIDA Christmas." Select your seats at valenciatrails.thundertix.com.



Saturday, December 16 6 p.m. | Clubhouse | Free

Let's get festive at our holiday parade. You are encouraged to decorate your golf cart, car, bicycle, motorcycle or sleigh for this fun event. Those not in the parade are encouraged to come outside to cheer on the participants. The parade will visit every street in the community. Special guests will be joining us for this festive evening! Sign up today!

HOLIDAY MOVIE NIGHT:



National Lampoon's Christmas Vacation Thursday, December 21

7 p.m. | Social Hall | Free Get into the holiday spirit with this classic movie favorite. The Griswold family's plans for a big family Christmas predictably turn into a big disaster. Popcorn, candy and beverages will be available for purchase!

Polar Express Holiday Lights Trolley Thursday, December 20



6 p.m. Departure | Offsite | \$25

Set the tone for your cheerful holiday season by hopping aboard our version of the Polar Express trolley. Take in the holiday lights of Victoria Park, wear your best ugly sweaters/shirts or even just festive attire, and sing holiday songs together. Residents can BYOB and holiday goody bags will be provided. We sold

out multiple trolleys last year, so make sure to reserve your spot early.



Family Week December 26 – 30

Many residents will have family in town for the holidays. As such, we are adding fun filled activities for children young and old! Watch your weekly emails for special activities including cookie decorating, sporting events and more!



NEW YEAR'S EVE CELEBRATION

Sunday, December 31 7 p.m. | Social Hall | \$150 + tax

Mark your calendars to ring in the New Year with us at the Clubhouse! The evening will begin with hors d'oeuvres followed by a scrumptious buffet dinner, desserts and a champagne toast at midnight! Dance into the new year with the 6-piece Society

Hill band. Dr. commem photobo anothe at Trails Watch addition

Hill band. Dress to impress and commemorate the night in our photobooth. Let's toast to another wonderful year here at Trails!

Watch your email for additional details including the menu.

Calendar of EVENTS

October 2023

			WED		EDI	CAT				\sim
SUN	MON	TUE		THU	FRI	SAT	SUN	MON	TUE	V V.
1	2 8 am Tannis Point Play 9 am Pop Tennis Mix 8 Match 9:15 am Zumba 5:30 pm Fit Camp	3 8 am Intro to P8 8 am Full Body Strength 9 am Boyda Beginner P8 10:30 am Aqua Fit 10:30 am Yoga 6:30 pm Zumba	4 8 am Tennis Dills & Thrills 9 am Bocce Social 10:30 am Aqua Fit 11 am New Homeowner Orientation 5:30 pm Fit Camp	5 8 am Beyond Beginner PB 9 am Intermediate PB Clinic 9:15 am Zumba 10:30 am Aqua Fit 10:330 am Yoga 6:30 pm Zumba 7 pm Binga	6 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aquo Fit 1 pm Superstar Show Package Sale	8 pm Comedy Night	CALENDAR KEY: Lifestyle Events HOA Events/Meetings Gather Events Fitness/Wellness Court Sports Spo Arts Activities Holidays			Eva's Closet To 8 am Tennis D 9 am Bocce Sc 10:30 am Aqu 11 am New Hc Orientation 5:30 pm Fit Co
8 3 pm Souffle Cooking Class	9 8 am Tennis Point Play 9:15 am Zumba 5:30 pm Fit Camp	10 8 am Intro to P8 8 am Full Body Strength 9 am Beyond Beginner P8 10:30 am Aqua Fir 10:30 am Yoga 2 pm Wine Glass Pointing 6:30 pm Zumbo	11 8 am Tennis Drills & Thrills 9 am Bacce Social 10:30 am Aqua Fit 5:30 pm Fit Comp	12 8 am Beyond Beginner PB 9 am Intermediate PB Clinic 9:15 am Zumba 10:30 am Vaga 6:30 pm Zumba	13 8 am Full Body Strength 8 am Carlio Tennis 10:30 am Aqua Fit 11 am Boce, Burgars 8 Beers 1 pm Rockstar & Legends Show Sale 3 pm Spa Spooktacular	14 9 am Fitness Equipment Clinic 3 pm Live Entertainment at Bar	Deylight Sovings Ends 5	6 8 am Tennis Point Play 9 am Pop Tennis Mix 8 Match 9:15 am Zumba 5:30 pm Fit Camp	8 am Intro to P8 8 am Full Body Strength 9 am Beyond Beginner P8 10:30 am Aque Fit 10:30 am Yoga 2 pm Coola Spa Pool Party 6 pm Holiday Caft Class 6:30 pm Zumba	8 am Tennis D 9 am Bocce Sa 10:30 am Aqu 5:30 pm Fit Ca
15	16 8 am Tennis Point Play 9 am Tennis Mix & Match 9:15 am Zumba 5:30 pm Fit Camp	17 8 am Intro to P8 8 am Full Body Strength 9 am Beyond Beginner P8 10:30 am Aqua Fir 10:30 am Yaga 12 pm Jana Iredale Spa Event 6 pm Resin Art Workshop 6:30 pm Zumba	18 8 am Tennis Drills & Thrills 9 am Bocce Social 10:30 am Aqua Fit 5:30 pm Fit Camp	19 8 am Beyond Beginner PB 9 am Intermediate PB (Imic 9:15 am Zumba 10:30 am Aqua Fit 10:30 am Yaga 1 pm Kitchen Kutz Knife Sharpening 6:30 pm Zumba	20 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit 11 am Pop-up Market 1 pm Single Ticket Show Sale	21 8 pm Sounds of Soul Show	12 3 pm Pumpkin Cooking Class	13 8 am Tennis Point Play 9 am Up & Down the Trails 9:15 am Zumba 5:30 pm Fit Camp	14 8 am Intro to P8 8 am Full Body Strength 9 am Beyond Beginner P8 10:30 am Aquo Fir 10:30 am Yoga 11 am HOA Budget/Update Meeting 6:30 pm Zumba	8 am Tennis D 9 am Bocce Sc 10:30 am Aqu 4:30 pm Fitne: Clinic 5:30 pm Fit Cc
22	23 8 am Tannis Point Play 9:15 am Zumba 5:30 pm Fit Camp	24 8 am latro to P8 8 am Full Body Strength 9 am Beyond Beginner P8 10 am Sasha Callus Spa Event 10:30 am Aqua Fit 10:30 am Yaga 11 am Medicare Mary Seminar 6:30 pm Zumba	25 8 am Tennis Drills & Thrills 9 am Bocce Social 10:30 am Aqua Fit 3 pm Pumpkin Carving Contest 5:30 pm Fit Camp	26 8 am Beyond Beginner PB 9 am Intermediate PB Clinic 9:15 am Zumba 10:30 am Aqua Fit 10:30 am Yaga 6:30 pm Zumba 7 pm Movie Night	27 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit 1 pm Guest Ticket Show Sale	28 6 pm Helloween Bash	19 11 am Shooting Range Outing	20 8 am Tennis Point Play 9 am Tennis Mix & Match 9:15 am Zumba 5:30 pm Fit Camp	21 8 am Intro to P8 8 am Full Body Strength 9 am Turkey Trot 9 am Beyond Beginner P8 10:30 am Ayao Fit 10:30 am Yaga 6:30 pm Zumba	8 am Tennis D 9 am Bocce Sc 10:30 am Aqu 5:30 pm Fit Cc
29 11 am Sunday Brunch with Music	30 8 am Tennis Point Play 9:15 am Zumba 5:30 pm Fit Camp	31 Happy Halloween 8 am latro to P8 8 am Full Body Strength 9 am Up & Down Trick or Teat 10:30 am Aqua Fit 10:30 am Yaga 3 pm Howl-O-Ween Per Party 6:30 pm Zumba				CALENDAR KEY: Lifestyle Events HOA Events/Meetings Gather Events Fitness/Wellness Court Sports Spa Arts Activities Holidays	26 11 am Sunday Brunch	27 8 am Tennis Point Play 9:15 am Zumba 5:30 pm Fit Camp	28 8 am Intro to P8 8 am Full Body Strength 9 am Beyond Beginner P8 10:30 am Aqua Fit 10:30 am Yoga 6:30 pm Zumba	8 am Tennis D 9 am Bocce Sc 10:30 am Aqu 5:30 pm Fit Cc

November 2023



Annual Toy Drive All of November Drop Off at Resident Services

Let's share our good fortunes by giving back to those who are in need. We are collecting toys for Eva's Closet. Gift tags with wishes will be available at Resident Services beginning November 1. Deliver the unwrapped gift back to us by December 10.

	December 2023									
ED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
1 Drive Begins Ils & Thrills ial Fit meowner	2 8 am Beyond Beginner PB 9 am Intermediate PB Clinic 9:15 am Zumba 10:30 am Aqua Fit 10:30 am Yaga 6:30 pm Zumba	3 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit	4 8 pm Monique Marvez Comedy Night	CALENDAR KEY: Lifestyle Events HOA Events/Meetings Gather Events Fitness/Wellness Court Sports Spo Arts Activities Holidays					1 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit	2 8 pm Jenene Caramielo Show
8 Ils & Thrills ial Fit np	9 8 am Beyond Beginner PB 9 am Intermediate PB Clinic 9:15 am Zumba 10:30 am Ayao Fit 10:30 am Yoga 11 am Renewable Energy Seminar 4:30 pm Evening Bacce Social 6:30 pm Zumba	10 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aquo Fit 4:30 pm Dinks & Drinks	11 Happy Veteran's Day 10 am Veteran's Day Tribute 3 pm Live Music at Bar	3	4 8 am Tennis Point Play 9 am Pop Tennis Mix 8 Match 9:15 am Zumba 5:30 pm Fit Camp	5 8 am Intro to P8 8 am Full Body Strength 9 am Beyond Beginner P8 10:30 am Aqua Git 10:30 am Yaga 6:30 pm Zumba	6 8 am Tennis Drills & Thrills 9 am Bacce Social 10:30 am Aqua fit 11 am New Homeowner Orientation 4 pm Holiday Sip & Shop 5:30 pm Fit Camp	7 Happy Hanukkah 8 am Beyond Beginner P8 9 am Intermediate P8 Clinic 9:15 am Zumba 10:30 am Aqua Fit 10:30 am Yoga 4:30 pm Tennis & Tequila 6:30 pm Zumba	8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit 11 am Bocce, Burgers & Beers	9 3 pm Live Music at Bar
15 Is & Thills ial Fit Equipment	16 8 am Beyond Beginner PB 9 am Intermediate PB Clinic 9:15 am Zumba 10:30 am Yaga 4:30 pm Tennis & Tequila 5 pm Friendsgiving Bake-Off 6:30 pm Zumba	17 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit 11 am Pop-Up Market 11 am Borce, Burgers 8 Beers 3 pm Spa-Giving Party	18	10 3 pm Cookie Baking Class	11 8 am Tennis Point Play 9 am Up & Down the Trails 9:15 am Zumba 5:30 pm Fit Camp	12 8 am Intro to P8 8 am Finess Equipment Clinic 8 am Full Body Strength 9 am Beyond Beginner P8 10:30 am Aqua Fit 10:30 am Yamba 6:30 pm Zumba 8 pm Holiday Pops Concert	13 8 am Tennis Dills & Inils 9 am Bocce Social 10:30 am Aqua Fit 5:30 pm Fit Camp	1 4 8 am Beyond Beginner PB 9 am Intermediate PB Clinic 9:15 am Zumba 10:30 am Yaga 4:30 pm Evening Bocce Social 6:30 pm Zumba 7 pm Mafia Murder Game Night	15 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fri 3 pm Spa Christmas Party 4:30 pm Dinks & Drinks	16 6 pm Holiday Parade
22 Ils & Thrills ial Fit np	23 Happy Thanksgiving 1 pm Thanksgiving Day Feast OFFICE CLOSED	24 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit 4:30 pm Pop & Pour OFFICE CLOSED	25 3 pm Live Music of Bor	17	18 8 am Tennis Point Play 9 am Tennis Mix & Match 9:15 am Zoumba 5:30 pm Fit Camp	19 8 am Intro to P8 8 am Full Body Strength 9 am Beyond Beginner P8 10:30 am Aque Fit 10:30 am Yoga 6:30 pm Zumba	20 8 am Tennis Drills & Thrills 9 am Bocce Social 10:30 am Aqua Fit 5:30 pm Fit Camp 6 pm Holiday Lights Trolley Tour	21 8 am Beyond Beginner PB 9 am Intermediate PB Clinic 9:15 am Zumba 10:30 am Agua Fit 10:30 am Yoga 4:30 pm Pop & Pour 6:30 pm Zumba 7 pm Movie Night	22 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit	23 3 pm Live Music at Bar 3 pm Cookie Decorating
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29 Is & Thrills al Fit pp	30 8 am Beyond Beginner PB 9 am Intermediate PB Climic 9:15 am Zumba 10:30 am Aqua fit 10:30 am Yaga 6:30 pm Zumba			24 11 am Holiday Brunch with Santa 31 Happy New Year's Eve 7 pm New Year's Eve Party OFFICE CLOSED	25 Merry Christmes OFFICE CLOSED	26 Kwanzae Begins Formiy Week 8 am Into to PB 8 am Into to PB 8 am Full Body Strength 9 am Beyond Beginner PB 10:30 am Agus Fit 10:30 am Yoga 6:30 pm Zumba	27 8 am Tennis Drills & Thrills 9 am Bacce Social 10:30 am Aqua Frt 5:30 pm Frt Camp	28 8 am Beyond Beginner P8 9 am Intermediate P8 Clinic 9:15 am Zumba 10:30 am Aqua fit 10:30 am Yoga 6:30 pm Zumba	29 8 am Full Body Strength 8 am Cardio Tennis 10:30 am Aqua Fit	30



LUNCH Thursday - Sunday | 11 a.m. - 3 p.m.

HAPPY HOUR Thursday - Saturday | 4 p.m. - 6 p.m. Sunday Drinks only | 11 a.m. - 4 p.m.

DINNER Thursday - Saturday | 5 p.m. - 9 p.m.

OUTDOOR POOL BAR Thursday - Saturday | 11 a.m. to 9 p.m. Sunday | 11 a.m. - 5 p.m.

GATHER BRUNCH

Brunch is held the last Sunday of the month from 11 a.m. to 2 p.m. Be sure to make your reservations in advance!

October 29 | Mummies & Mimosas Halloween Brunch with Live Music from 12 – 3 p.m.

November 26 | Fall Favorites December 24 | Holiday Brunch with Santa

LIVE ENTERTAINMENT AT GATHER!

SAVE THE DATES!

October 14 & 29 | November 11 & 23 December 9 & 23

COOKING CLASSES

Savory & Sweet Souffles

Sunday, October 8 3 p.m. - 5 p.m. | Cooking Studio \$32 + tax per person

Minimum of 12 – Maximum of 18 participants

Valencia's own Pastry Chef, Mia Sanders, teams up with Executive Chef, Debra Bicknese, to bring you a class on how to prepare sweet and savory souffles. The savory souffle will be cheese & spinach and the sweet will be a chocolate delight! Enjoy generous samples of both with water, tea and coffee.

Pumpkin Soup & Pumpkin Pie

Sunday, November 12 3 p.m. - 5 p.m. | Cooking Studio \$36 + tax per person

Minimum of 12 – Maximum of 18 participants

Pastry Chef Mia Sanders, and Executive Chef Debra Bicknese, bring fall flavors to the cooking studio with a pumpkin themed menu. Learn how to make a pumpkin bisque and a pumpkin pie. Class includes instruction of the two courses and generous tastings. Water, tea, and coffee provided.

Cookie Baking Class

Sunday, December 10 3 p.m. - 5 p.m. | Cooking Studio \$30 + tax per person

Minimum of 12 – Maximum of 18 participants

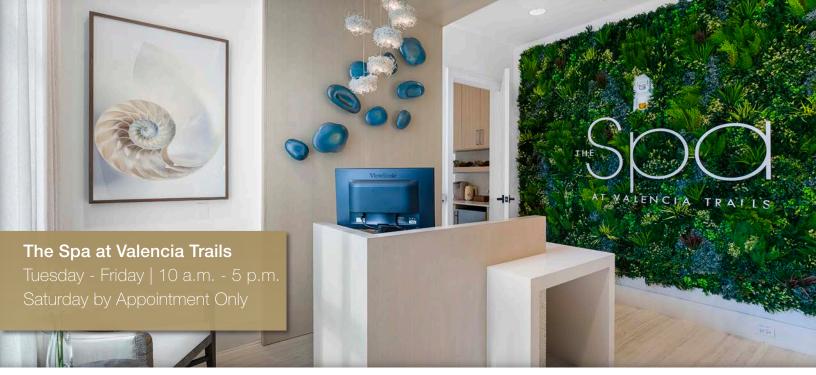
Pastry Chef Mia Sanders brings the holiday spirit to the cooking studio with a selection of holiday cookies including candy cane kiss cookies and snickerdoodles. Take home cookies and recipes for a variety of holiday cookies. Water, tea, coffee and hot chocolate will be provided.

Cookie Decorating for Grandparents & Grandchildren Sunday, December 23

3 p.m. - 4 p.m. | Cooking Studio \$15 + tax per person

Minimum of 12 – Maximum of 18 participants

Pastry Chef Mia Sanders will host a holiday cookie decorating party for grandparents and grandkids. Help your grandchild decorate five cookies with a fun variety of icing colors, sprinkles and more. Coffee and hot chocolate will be provided.



Enjoy a complimentary tea, infused water, mimosa or champagne with any service!

Spa Spooktacular

Friday, October 13

3 p.m. | The Spa | \$30 per person

Come join us for a spooky day of mini makeovers, mini facials and hand treatments with our super secret potion lotion! There will also be a spooky prize wheel with some hauntingly good prizes. Reservations are required.

Jane Iredale Professional Make-Up Artist

Tuesday, October 17

12 p.m. - 3 p.m. | The Spa| \$30 per person

Come enjoy a 30-minute make-up application with an experienced Jane Iredale Professional Makeup Artist. Your \$30 event fee will be applied to any makeup purchase over \$50.

Sasha Callus

Tuesday, October 24

10 a.m. - 11 a.m. | The Spa | \$25 (\$75 value)

Join Sasha Owner and Master Pedicurist CJ for treatments with our callus softening product. The product was initially intended to be used as a callus remedy service, but quickly discovered it has multi-purposes. It effectively removes mild to dry calluses within 10 seconds and thicker calluses in 4 minutes. It can safely reduce and clean thickened nails. Come get a treatment and a complimentary foot mouse.

Coola Pool Party

Tuesday, November 7 2 p.m. - 5 p.m. | Pool Deck Cabana | \$45

Welcome back snowbirds! Come to our welcome back spa party with finger foods, drinks & mimosas. We'll be educating members on skin care products to keep your skin looking and feeling its best. Come learn about Coola, test products, win free gifts and spin the wheel for prizes!

Spa-Giving

Friday, November 17 3 p.m. | The Spa | \$30 per person

Celebrate Thanksgiving with a wonderful thanksgiving lunch and mimosas! Spin the wheel to win prizes which include a mini pumpkin facial.

Christmas Party

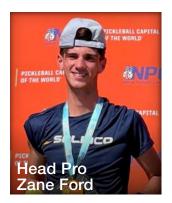
Friday, December 15

3 p.m. | The Spa | \$30 per person

"DASHING THROUGH THE SPA, IN A STATE OF SHEER DELIGHT". Come on in wearing your cozy Christmas pajamas and celebrate the season with the U-Topia Spa staff! Our jolly filled party will include a festive marshmallow whip facial, hot cocoa and a chance to spin the prize wheel.

Reservations are required for all events. To RSVP, call the Spa at 239-359-6950.





Sporting Tips

TENNIS | The Poach

When playing doubles, the poach can be a great tool to keep your opponent off balance and shorten points. A poach is when the net player cuts across the center of the court to cut off the opponent's baseline strike. The most important rule when poaching is to understand its purpose......WIN THE POINT, if you do not finish the point your team will more than likely end up well out of position and lose it. Two other important tips, make sure you are moving at a 45-degree angle, continuing to close on your opponent, and remember to attack the ball with your feet, not your racquet! This will keep the ball out of the net.

PICKLEBALL | Contact in Front

Whether it's a bouncing ball or a ball out of the air, one of the biggest areas for mistakes is making contact too late, either behind the body or too close to the body. Think about the positioning of your elbows. If your elbow moves behind your body, you are very likely to let that ball get too deep and jam yourself or lose sight of the ball. To correct this, players tend to try and use our wrist to flick the ball back forward, causing the ball to pop up or fly out. Try keeping your elbows in front of your body and having your paddle hand be your first movement to increase control over your shot.

BOCCE | Find your Opponent's Weakness

Watch your opponent as they throw the pallino. What is their "go to" length? Do they like short ends or long ends? If they prefer a short end, throw longer when you have the opportunity to start the end and use a blocker (ball a little shorter in front of the pallino) to force them to go around and out of their comfort zone.

Point Play \$10

Mondays

8 - 9 a.m.

Min. 4, Max. 6 participants

Simulated match play and fast paced point play drills with Pro Zane Ford. This is a great opportunity for both beginners and advanced players to hone their skills during point play.

Drills and Thrills \$10

Wednesdays

8 - 9 a.m.

Min. 4, Max. 6 participants

Come learn tips for improving your game with Pro Zane Ford. Zane will review the fundamentals to help you improve your game. This is a great opportunity for both beginners and advanced players.

Cardio Tennis \$10

Fridays

8 - 9 a.m.

High energy workout while improving your game with Pro Zane Ford. This is a great opportunity for both beginners and advanced players to burn some calories, have fun and develop your strokes and movement on the court.

Tennis Mix and Match FREE

9 - 10:30 a.m.

October 16 | November 20 | December 18

Enjoy a round robin game of tennis while playing with Pro Zane Ford.



TENNIS Schedule



Tennis & Tequila FREE 4:30 – 6 p.m. (*19 players*) November 16 | December 7

Enjoy a round robin game of tennis while playing with Pro Zane Ford. Following the games courtside, the group will meet at the bar for cocktails. Free to play. Drinks may be purchased at Gather. Register through the pro shop.

Pop Tennis Mix and Match FREE

9 – 10:30 a.m. October 2 | November 6 | December 4

Enjoy a round robin game of POP tennis while playing with Pro Zane Ford.

Pop & Pour FREE

4:30 – 6 p.m. *(19 players)* November 24 | December 21

Enjoy a round robin game of POP tennis while playing with Pro Zane Ford. Following the games courtside, the group will meet at the bar for cocktails. Drinks may be purchased at Gather. Register through the pro shop.

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.



Intro to Pickleball \$10

Tuesdays | 8 - 9 a.m.

Min. 4, Max. 6 participants

New to Pickleball and want a better understanding of the basics? This clinic will focus on learning the pickleball rules and skills to start playing.

Beyond Beginner \$10

Tuesdays | 9 - 10 a.m. Thursdays | 8 - 9 a.m. *Min. 4, Max. 8 participants*

For beginners that are ready to advance their skills to the next level and work on improving the basics of the game.

Intermediate Clinic \$10

Thursdays | 9 - 10 a.m. Min. 4, Max. 8 participants

Looking to advance your pickleball skills? The focus of this clinic will be developing essential shots, control and strategy for improved play for levels 2.5 and higher.

All Pickleball clinics require a minimum of four players and a maximum of eight players per session.





Up & Down the Trick or Treat Trails \$15 8:30 – 10 a.m. Tuesday, October 31

Test your skills with and against pro Zane Ford in an up and down the river format with a hauntingly fun twist. Players will compete in teams whether it's witches vs. warlocks or ghouls vs. goblins. We want you to have a terrifying good time. Cider, spritzers and donuts will be available after the game for you to enjoy.

Up & Down the Trails

8:30 – 10 a.m. November 13 | December 11

Test your skills with and against pro Zane Ford in an up and down the river format.

Dinks and Drinks

4:30 – 6 p.m. (19 players) November 9 | December 14

Enjoy a round robin game of pickleball playing with Sports Director Chad Edwards. Following the games courtside, the group will meet at the bar for cocktails. Free to play. Register through the pro shop.

Reservations are required for all events. To RSVP, go to the Pro Shop.

BOCCE Schedule



Bocce Social FREE

Wednesdays | 9 a.m.

Round Robin play with Sports Director Chad Edwards. All levels welcome.

Evening Bocce Social FREE

4:30 p.m. – 6 p.m. *(20 players)* November 9 | December 14

Round Robin play with Sports Director Chad Edwards. Following the games courtside, the group will meet at the bar for cocktails. Free to play. Drinks may be purchased at Gather. Register through the Pro Shop.

Private, Semi-Private, & Group Lessons Available!

Contact the Pro Shop to schedule private, semi-private or group lessons. Zane | \$80/hour (Tennis & Pickleball) With Head Pro Zane Ford



Bocce, Burgers & Beers FREE

11:00 a.m. | Bocce Play (20 players) 12:30 p.m. | Poolside Lunch October 13 | November 17 | December 8

Enjoy round robin games of Bocce organized by Sports Director Chad Edwards. Following the games courtside, the group will meet poolside for a burger or chicken sandwich and a drink of your choice. Free to play. Lunch is \$18 at Gather. Register through the pro shop.

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

Programs



A Message from Your

FITNESS OPERATIONS DIRECTOR

Dear Residents,

Want to stay fit but can't seem to find the motivation? Join in on one of our fun fitness classes or get a free fitness evaluation with a certified personal trainer. Live your best life in Valencia Trails by keeping fit. Look every month at the calendar as we continue to add new fitness classes. I look forward to continuing to serve all your fitness needs. Health is the new wealth.

Marni Rudnick

Total Health Systems

FREE Equipment Clinics

October 14 | 9 a.m. November 15 | 4:30 p.m. December 12 | 8 a.m.

Space is limited to 20 participants per session. Register on Total Health Systems website.

Fitness Attendant Hours



In the New Year, **Do YOU!**

Look for our upcoming fitness challenge. It is going to be FUN!

October - December Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Zumba: 9:15 a.m.	Full Body Strength Training 8 a.m.	Aqua Fit: 10:30 a.m.	Zumba: 9:15 a.m.	Full Body Strength Training 8 a.m
Fit Camp: 5:30 p.m.	Aqua Fit: 10:30 a.m. NEW TIME!	Fit Camp: 5:30 p.m.	Aqua Fit: 10:30 a.m. NEW TIME!	Aqua Fit: 10:30 a.m.
	Yoga: 10:30 a.m.		Yoga: 10:30 a.m.	
	Zumba: 6:30 p.m. NEW CLASS & NEW INSTRUCTOR		Zumba: 6:30 p.m. NEW CLASS & NEW INSTRUCTOR	

Class Descriptions

Zumba: Take the work out of work out by mixing low intensity and high intensity moves for an interval-style calorie burning dance party!

Total Body Fitness: This class focuses on balance, mobility, cardiovascular health and stretch training. It is a total body workout.

Stretch & Core: A class that focuses on maximizing core strength and the toning of your whole body through concise and targeted exercises.

Aqua Fit: Interval, strength and cardio training in the pool. Utilizing noodles and aqua dumbbells to get a full body workout all to upbeat music! Whether you are a beginner or expert, you will be sure to get a great workout!

Core Strength Training: This class is for everyone, even those who are a little nervous about weights! Start from the beginning, and work all the muscle groups. Functional training from the core out!



Fitness Registration Reminder:

Note: Times and classes are subject to change. Registration for classes opens the 2nd Thursday of every month for the following month. Don't forget to take advantage of our 2nd class discount when you register for more than one class be sure to use the discount code: 2nd Class for \$5 off!

CLUBS at Valencia Trails

Get Involved. Join or Create Your Own Club!

Euchre • Bridge • Photography • Holistic Wellness • Culinary Groups • Arts & More!











Advanced Mah Jong Lisa Crawford and Augusta Lombardi lisacr4d@hotmail.com

Art Club Nancy Nowak nancy@nancynowak.com

Ball Room for Fun Lena Rome and Nijole Valaitis VTBallroomForFun@gmail.com

Bowling Club Carole Pokonski and Laurie Weisberg SeizeTheMomentInc@gmail.com

Canasta Elaine Weisberg elw90@comcast.ne

Chess Arnold Zeiger poorwillyzee@gmail.com

Coin Club Paul Chiarello pichiarel55@gmail.con

The Culinary Crew Susie Orr Susieorr14@amail.com

Fiction Book Club Bette Williams bettebw@gmail.com

Full Throttle Car Club Bob Eisenhart beisenhart52@gmail.com Gardening Club Michele Kenney md.kenney@me.com

Valencia Trails Give Back Lisa Crawford and Lorraine Schmaler vtgivesback@gmail.com

Intermediate Mah Jong Marianne Davis marianne@drugstoremanagement.con

Mexican Train Sue and Mike Clerkin sclerkin18@icloud.com

Needlepoint, Knitting, and Crocheting Phyllis Koss phyllismsw@aol.com

Pinochle Ralph Tufano Tufbut45@gmail.com

Daytime Ladies Poker Club Carolyn Kimmel and Augusta Lombardi carkimmel@gmail.com

(Dealer's Choice) Poker Club Alan Parsowith alanparsowith@hotmail.com

Table TennisRichard Schlarbtheschlarb@gmail.com

Texas Hold'em Don Nowack donnowakjr@gmail.com

Community Newsletter for Valencia Trails Homeowners